

Introduced: Ms. Mach
1st Reading: October 28, 2013
Passed: November 25, 2013
Posted: November 26, 2013
Effective: December 5, 2013

RESOLUTION NUMBER 2007

A RESOLUTION TO DESIGNATE THE CITY OF GREENBELT AS A HEALTHY EATING ACTIVE LIVING CITY

WHEREAS, the Maryland Municipal League (MML) has partnered with the Institute for Public Health Innovation to promote the Healthy Eating Active Living Cities and Towns (HEAL C&T) campaign; and

WHEREAS, MML resolved to partner with and support the HEAL C&T Campaign, and encourages Maryland cities and towns to adopt preventive measures to fight obesity; and

WHEREAS, more than half of Maryland's adults are overweight or obese and therefore at risk for chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, 28% of youth between the ages of 10 and 17 in Maryland are overweight; and more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Marylanders; and

WHEREAS, the annual cost to Maryland—in medical bills, workers compensation and lost productivity— for overweight, obesity, and physical inactivity exceeds \$1.5 billion; and

WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity. NOW THEREFORE,

BE IT RESOLVED that Council hereby adopts this Healthy Eating Active Living resolution.

BE IT FURTHER RESOLVED that to promote wellness within the City and to set an example, the City of Greenbelt pledges to adopt and implement an Employee Wellness Policy, a Pedestrian and Bicyclist Master Plan, continue its participation in the Safe Routes to School Program, promote its Get Active Greenbelt Program, expand City gardens, and direct City personnel responsible for the design of parks, neighborhoods, streets, and business areas to make every effort to increase opportunities for access to healthy foods and increase opportunities for physical activity for the entire community.

BE IT FURTHER RESOLVED that the Recreation Department will provide an annual report regarding the steps taken to implement this Resolution and additional steps planned.

PASSED by the Council of the City of Greenbelt, Maryland, at its Regular Meeting of November 25, 2013.

Emmett V. Jordan, Mayor

ATTEST:

Cindy Murray, City Clerk