

Senior Citizen Advisory Committee (SCAC) Minutes

Tuesday, April 30, 2019

Present: April Ashpes, Cathy Brannan, Marti Galvin, Jeannette Grotke (chair elect), Henry Haslinger, Frank Pearlman, Ronnie Scotkin (chair), Betty Timer (secretary), David West, Warren Wilcox, Becky Sutfin (City liaison), Silke Pope (Council liaison)

Absent: Elisabeth Kevorkian (excused)

The meeting was called to order at 3:30 by chair, Ronnie Scotkin. The agenda was approved (moved by Warren Wilcox and seconded by Frank Pearlman.) The minutes of the previous meeting were approved (moved by Jeannette Grotke and seconded by Warren Wilcox).

OLD BUSINESS:

GAIL update- The produce distribution is at Springhill Lake Elementary on May 2. The summer distributions will be at Green Ridge House on June 27, July 25, and August 29.

Widowed Persons update- This session is complete. The next session date is to be determined.

Staircase Edging update- While the final report is not quite done a synopsis of it was given. When completed, all members will receive an email copy.

Not For Seniors Only update- The speakers to date are: Gina Wilson-Dog/Cat Whisperer, Sharon Johnson- Aroma Therapy, Dana Chrisman-Reiki, and Elisabeth Kevorkian- Beneficial Effects of Knitting and Crocheting. The detailed Event Planning document is included as an addendum to these minutes.

NEW BUSINESS:

None

ANNOUNCEMENTS:

Silke Pope shared a poster she received about a seminar for *World Elder Abuse Day* on June 14 from 9:30-2:00 at the Kentland Community Center . She also spoke about the *Accessible Homes for Seniors* grants being

offered by the State of Maryland Department of Housing and Community Development. Contact GAIL for more information.

Henry Haslinger shared information, dates, and locations of upcoming GHI election details. He also emailed each committee member information about an upcoming county program entitled "Conversations with Law Enforcement -- Fraud Awareness."

Becky Sutfin told the Committee about the proclamation she and some of our members received from the City Council recognizing Older Americans Month. Continuing on this topic, she told the Committee about free blood pressure screening and balance screening occurring in the month of May for seniors. Mark your calendars for a community event occurring on May 18 from 2-6 at the Springhill Lake Community Center. Our volunteer effort would be appreciated.

A motion to adjourn (moved by Marti Galvin and seconded by Henry Haslinger.)

Respectfully submitted,

Betty Timer

Secretary

The next meeting is at 3:30pm on May 28, 2019