



# Resistance and Resilience in the African Diaspora



The programs presented this year in recognition of Black History Month 2023 highlight the talents, genius and survival skills of people with African heritage as they strive to live and thrive in various challenging environments. It is awe inspiring to watch, listen and learn how people from the African Diaspora in the Americas, the Caribbean and Africa, demonstrate their interminable strength and determination, and overcome the many negative labels and obstacles placed on them by state systems that promote institutional racism. This year, we celebrate and honor the resistance and resilience of people in the African Diaspora.

Join us and embrace the past in order to move forward into the future – **SANKOFA!!**

## Black History Month 2023

### FREE Community Programs

**Art Exhibition:** February 1 through March 6, at the New Deal Café and the Greenbelt Art Center.

Come visit an art exhibit created by people of color and local high school students. Some pieces may be available for sale. Viewing available during regular operational hours of the New Deal Café and the Greenbelt Art Center. Opening Art Reception will be held on **Sunday, February 5** at the New Deal Café from 2 – 4 pm.

**Artful Afternoon:** Sunday, February 5

Make your childhood memories into a thoughtful art piece after the style of African American folk artist Blanch Ackers.

No experience needed. All ages welcome.

Materials provided. Workshop led by Greenbelt teaching artist Barbara Joann Combs.

Seatings at 1 pm and 2 pm. Please [sign up online at http://ow.ly/7tXF5oMjoiB](http://ow.ly/7tXF5oMjoiB). Walk-ins also welcome as space allows.

Sponsored by Greenbelt Recreation ARTS with support from the Maryland State Arts Council.

**Community Art Fun:** Leave Your Legacy: A Black History Month Collaborative Mural Project with Lindsey Vance, ATR-BC, LPC.

Participants will join art therapist Lindsey Vance in creating a personal, family or community symbol of legacy that they will add to the mural to share their aspirations for the future as we celebrate this Black History Month. 12 - 3 pm on **Saturday, February 11**. Activity located in the Center Court of Beltway Plaza.



### Kaiser Health Screening Unit:

**Saturday, February 11** from 10 am - 3 pm at Beltway Plaza Mall, 6000 Greenbelt Road, MD. Look for the Kaiser Mobile Health Vehicle parked in the front parking lot of the mall to the right of the TJ Maxx entrance. This service is **FREE**.

Walk in! No appointment necessary for Blood Pressure screening, body mass index (BMI), A1C, Cholesterol check, health education, flu vaccine, Covid-19 Pfizer bivalent booster.

*Carter G. Woodson, founder of Black History Month*

[www.greenbeltmd.gov/BHM](http://www.greenbeltmd.gov/BHM)





## In Person Cultural Program

Sunday, February 19, 2:30 - 4:30 pm at the Greenbelt Community Center, 15 Crescent Rd featuring:

Spoken word artists: **Chris Haley**, reading from his newly published book of poems, which will be available for sale; **Sainey Cessay**, 2021 Youth Poet Laureate, PG County; **Francis Stedman**, Poet, St. Lucia, W.I.

**Mestre Santemu**: will demonstrate a display of Capoeira Angola, *an African established martial art form*, used to secure maroon societies in Brazil during enslavement. Mestre is one of the only African American (Afro-USA) to be recognized as a mestre of Capoeira Angola.



**Free family film at the Old Greenbelt Theatre**: Sunday, February 26th, movie TBD. **Free.**

**Free transportation** will be provided from Springhill Lake Recreation Center. Families are welcome to join the bus. Reservations are required in advance to secure a seat on the bus.

Register and fill out the permission slip at Springhill Lake Recreation Center.

For more information on the film as it becomes available, please visit [www.greenbeltmd.gov/recreation](http://www.greenbeltmd.gov/recreation)

Call (301) 397-2212 for more information.



*Kweku Owusu performance on drums*

**Kweku Owusu**: from Ghana, master drum builder, teacher and performer with his group Hands on Drums. The CHEARS Earth Squad and youth of the Springhill Lake Recreation Center will dance, accompanied by Hands on Drums.

**Snow Date: Sunday, March 19 from 2:30 - 4:30 pm.**



Presented by the  
**Greenbelt Black History  
and Culture Committee**  
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(301) 397-2200  
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City of Greenbelt

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