

Senior Citizen Advisory Committee (SCAC) Minutes
Tuesday, November 29, 2022

Note: Due to the ongoing Covid-19 pandemic, again this month the SCAC meeting was held virtually on the internet via Zoom.

Present: Carol Shaw (Chair), Mary Wade (Chair-elect), Marti Galvin, Henry Haslinger (Secretary), Elisabeth Kevorkian, Betty Timer, Iona King, and Anne Oudemans (Acting City liaison).

Absent: Temitope Adeyeye and Idris Gbadmosi.

Call to Order: The meeting was called to order at 3:30 PM by Chair, Carol Shaw.

Introduction of Guests: None present today.

Moment of silence: Was held in memory of SCAC member Frank Pearlman, who recently passed away.

Approval of Agenda: A motion was made by Betty Timer to approve the agenda for today's SCAC meeting. Henry Haslinger seconded the motion.

Adoption of Minutes: A motion was made by Elisabeth Kevorkian to adopt the minutes of the SCAC meeting held on October 25, 2022. Henry Haslinger seconded the motion.

OLD BUSINESS:

- a. Open Forum Report for City Council – Anne Oudemans reported that no action has been taken yet for the City Council's acceptance of the report.

NEW BUSINESS:

- a. SCAC Charter and Bylaws – The SCAC members thanked their colleague Betty Timer for her past efforts to help with writing the Charter. Also, a review of the documents was conducted at today's meeting. It was confirmed that the SCAC's approved roster size is 11 members. At the present time the committee only has eight

members. A discussion of the need for current members to recruit three new members took place. Carol recommended a change to Article Six, Section Three of the Bylaws, to change the word “mail” to “email” as that is the way minutes are distributed from the city office. This can be the first reading of the new language and the second, as required in the bylaws, can be read at the January meeting.

b. “Not For Seniors Only”

(NFSO), addresses a different topic every year. Betty Timer provided a list of all past educational programs and noted these as the most successful:

1) Past Successful NFSO Topics:

- decluttering and downsizing - 2021;
- “Get Active” pedestrians (“Get Active” walking program, local police issues, etc.) - 2010;
- home modifications: easy fix its - 2004;
- revitalize your life (meditation and chair yoga) - 2016.

2) Potential NFSO Topics for 2023: A quick poll among suggested topics brought these two to the top of the list with Fraud Protection being the highest.

- Protect yourself from fraud and most specifically avoiding internet (e-mail) and robocall scams;
- “Use Your Voice” (nurse advocate, elder law attorney, home care agency)
- Who and where to get a speaker(s) for these topics can be discussed at January’s meeting.

c. GAIL Updates – There was a brief discussion of potential, new space needs in the Community Center to accommodate an increase in the number of City Government office staff. This could affect the services provided to residents by the GAIL program. Nonetheless, beginning on January 9, 2023, on-site lunches will again be offered. For now, this service will be available two days a week. There will be no charge for the lunches but a suggested donation of \$3.00 per lunch will be welcome.

OTHER: - Betty Timer mentioned that “Call a Friend Day” is taking place on December 28, 2022. Betty said the intent of this activity is to call someone

who might otherwise be alone in order to alleviate the loneliness felt by many people at this time of year.

ANNOUNCEMENTS:

- a. Anne Oudemans announced that interviews for a permanent SCAC City Liaison are in progress, and a hiring decision is expected soon.
- b. The next SCAC meeting is scheduled for 3:30 PM on Tuesday, January 31, 2023. It will be a virtual meeting, via Zoom.
- c. Happy Holidays!!

Adjournment: A motion to adjourn today's meeting was made by Elisabeth Kevorkian and seconded by Iona King.

Respectfully submitted,

Henry Haslinger

November's Secretary