

2023

Spring Activity Guide

Your Quarterly Guide to Greenbelt Recreation Centers, Facilities, and Programs

10 AM
REGISTRATION

RESIDENTS
MARCH 20
NON-RESIDENTS
MARCH 27



GREENBELT
RECREATION



fun • fitness • friendship

GREENBELT MD

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Announcements

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JOB OPENINGS FOR SUMMER CAMP STAFF

Seeking Camp Managers, Camp Counselors, Camp Specialists, Inclusion Counselors and Camp Interns

These seasonal summer positions offer employment from mid-June through late August.

Visit www.greenbeltmd.gov/jobs for more information on job openings and application details.

REGISTRATION FOR SUMMER CAMPS IS GOING ON NOW!

Kinder Camp, Camp Pine Tree, Creative Kids Camp, Camp Encore and Youth on the Go (YOGO) are the day camp choices Greenbelt Recreation Department offers this coming summer, providing a wide range of aquatic, athletic and artistic choices for children ages 3½ to 17. Camps will begin on June 20 and continue with two-week sessions through August 11. There will also be a one-week session for Camp Pine Tree August 14 through August 18.

Look for the Camp Brochure at www.greenbeltmd.gov/recreation. **DON'T MISS OUT!**

SEND A KID TO CAMP FUND

Contributions to the Send a Kid to Camp campaign directly benefit families that would not otherwise be able to afford to provide their children with the opportunity to attend camp. Our Kids to Camp program is an amazing opportunity for donors like you to have an impact on a child's life. Please consider contributing to the Kids to Camp fund and help a family with financial challenges send their child to camp this summer.

For more information, please call (301) 397-2200.

VISIT US ONLINE AT:

greenbeltmd.gov/recreation

facebook.com/greenbeltmdrecreation



Special Events

PRE-K STORY TIME (BILINGUAL)

2nd Friday of Month 10:30 - 11:30 am
(March 10, April 14, May 12, June 19)

Springhill Lake Recreation Center, 6101 Cherrywood Lane

Come enjoy the wonderful world of storytelling! Contact joseph.vincent@pgcmls.info for more information.

Co-Sponsors: RUAK (Random Unselfish Acts of Kindness); Greenbelt Recreation; Prince George's County Memorial Library System.

2023 DANCE PERFORMANCE CLUB PRESENTS *THE MAGIC TOY SHOP*

Saturday, May 6 and Sunday, May 7*

Greenbelt Community Center Gymnasium

Directed by: Lisa Pellittiere and Gabriela D'Andrea

Greenbelt Dance Studio, a program of Greenbelt Recreation directed by Angella Foster, presents this original production featuring elementary through adult dancers. The show features a range of styles including ballet, jazz, tap, and contemporary in an enchanting story of magic mischief. Performance times (TBA) will be announced at www.greenbeltmd.gov/arts.

For ticketing information, call the Community Center business office in April (301-397-2208), Monday-Friday, 9 am - 4:30 pm.

**Also on this date at the Greenbelt Community Center: a free, all-ages Artful Afternoon workshop (1-2 pm and 2-3 pm); an Art Studio Open House and Sale (1-4 pm).*

For information, visit www.greenbeltmd.gov/arts.

ART SHARES

Greenbelt Community Center, Room 113 **FREE**

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome.

Sign up online at www.greenbeltmd.gov/arts

Friday, March 17, 7 - 8 pm

Sunday, April 16, 2 - 3 pm

Friday, May 12, 7 - 8 pm

Sunday, June 11, 2 - 3 pm

ART STUDIO OPEN HOUSE AND SALE

Sunday, May 7*

1 - 4 pm

Greenbelt Community Center

The Greenbelt Community Center is home to the studios of seven wonderful artists, including: Laurence Anderson (violin maker); Karen Arrington (functional pottery); Chris Corson (ceramic sculpture); Rachel Cross (painting and assemblage); Gina Denn (functional pottery and sculpture); Mary Gawlik (ceramic art tile); and Kathy Karlson (painting). Enjoy a friendly visit, and see their latest creations! Additional Greenbelt-affiliated artists will be featured as well.

Looking for studio space? Greenbelt Recreation will be accepting applications starting in March for studio space at the Community Center. New residencies will begin in July. Visit www.greenbeltmd.gov/arts for more information.

**Also on this date at the Greenbelt Community Center: a free, all-ages Artful Afternoon workshop (1-2 pm and 2-3 pm); a performance of the Magic Toy Shop by students in Greenbelt Recreation's Dance Performance Club.*

For information, visit www.greenbeltmd.gov/arts.

ARTFUL AFTERNOONS

Sundays: April 2, May 7*, June 4

Enjoy **FREE** all-ages art workshops at the Greenbelt Community Center! Advance reservations recommended. Go to our [Sign-Up Genius Event Page](#) and use the tabs at the top to sign up for all available dates! Walk-in participants are also welcome as space allows. Masks are recommended.

For more intergenerational arts fun, see our Friends and Family Art Workshops on [page 10](#).

**Also on this date at the Greenbelt Community Center: an Art Studio Open House and Sale (1 - 4 pm); a performance of the Magic Toy Shop by students in Greenbelt Recreation's Dance Performance Club. For additional information, visit www.greenbeltmd.gov/arts.*

ARTWARD BOUND: WORKSHOPS FOR SCOUTS AND OTHER YOUTH

Book an art workshop for your child's scout troop, youth group, or circle of friends! Workshops available in drawing, painting, pottery, collage, music, dance and more.



Programs satisfy the requirements for the Girl Scout arts badges. BSA scouts, Campfire and other groups are also welcome.

Visit www.greenbeltmd.gov/arts to view the Artward Bound brochure.

Email agardner@greenbeltmd.gov for more information or to schedule a workshop for your group. Most workshops are offered either in person or on ZOOM.

YARN & DARN

Wednesdays through June 28 **7 - 9 pm**

Knitters, crocheters, embroiderers, rughookers, seamsters et al, bring your portable fiber arts to the Community Center to chat and socialize while you work on your individual projects. This is a free social meet-up. Participants must bring their own projects and materials. No registration required.

Contact: alarsen@greenbeltmd.gov.

ART AT THE CAFE

Sunday, April 16

12 - 1 pm

New Deal Cafe, Ages 16+

257199-1: Join Mary Ann Lipovsky for a social painting event at the New Deal Café. All materials are included. Participants will be guided through the creation of their very own finished painting(s). This month will be creating a faux-batique floral painting. Snacks and drinks will be available to purchase at the café. This program is a collaboration of Greenbelt Recreation Arts and the New Deal Café.

R: \$25, NR: \$30

Instructor: Mary Ann Lipovsky



GREENBELT MUSEUM SPRING OPEN HOUSES

Sundays: April 2 and June 4

1 - 4 pm

10B Crescent Road

April 2: Come by for a quick house tour and see how an average family would have lived in the 1930s-1950s. See vintage Easter and Passover items, furnishings designed to fit Greenbelt homes, Depression glass, hands on items for kids, and more!

June 4: Celebrate Greenbelt Day with the Museum! Come by for a free open house, take a quick tour, then head next door to 10A Crescent for a family friendly activity. Learn about Greenbelt history through oral



histories, see vintage photographs, and make your own small Greenbelt flag.

All ages welcome. Tickets are not required, but if you'd like to receive a reminder, please sign up via Eventbrite.

For more information visit www.greenbeltmuseum.org.

ANNUAL EGG HUNT

Saturday, April 8 10 am (promptly)
18 months - 4th grade FREE
Buddy Attick Park (Greenbelt Lake)

Come out and celebrate Spring at an egg-citing event! Bring your baskets to collect the eggs; each age group will have one golden egg hidden among the other eggs. We will also have a special visit from the Spring Bunny. Don't forget to bring your cameras!

Please call the weather hotline, (301) 474-0646, the morning of the hunt for updated event status.

UNDERWATER EGG HUNT

Greenbelt Aquatic & Fitness Center
Friday, April 7

A fun new twist on the traditional Egg Hunt! This is always a very popular event; registration is limited to 35 children per section. Registration opens March 20 for residents and passholders.

Open registration begins March 22. If not full, registration ends April 3, close of business.

231101-1: 10 am - Ages 6 months-5years

231101-2: 11 am - Ages 4-11 years

231101-3: 12 pm - Ages 8-15 years

PH: \$1; RNPH: \$2; NRNPH: \$3

For more information call (301) 397-2204

FAMILY FUN AT SPRINGHILL LAKE RECREATION CENTER

Sundays, March 26 - May 14 1:30 - 3:30 pm
Springhill Lake Recreation Center

Families are invited to enjoy group games and drop-in gym time every Sunday afternoon this Spring. Complimentary recreation equipment is available on site. Facility ID is required for participation.

Contact Brian Butler at (240) 542-2213 for information.

BIKE TO WORK DAY 2023

Friday, May 19 6:30 - 8:30 am
Greenbelt Aquatic & Fitness Center parking lot

Commuter Connections and the Washington Area Bicyclist Association invites you to join over 15,000 area commuters for a celebration of bicycling as a fun, eco-friendly, low-cost commuting option and it provides both physical and mental health benefits. The Greenbelt Pit Stop will be one of 100+ Pit stops in the regional area.

Register at biketoworkmetrodc.org

Pit Stop Manager: Di Quynn Reno, (240) 542-2053.

CELEBRATION OF SPRING

Saturday, May 20 2 - 6 pm
Springhill Lake Recreation Center

Come enjoy arts & crafts, activities, performances, food, and music with Greenbelt Recreation and your neighbors and friends. Children and parents alike will be delighted on this fun-filled day. This will be the perfect family event to help shake off the cold days of winter as we spring into action during our Celebration of Spring.

Please call the weather hotline, (301) 474-0646, for updated event status.



PUBLIC WORKS SPRING SPECIAL EVENTS

Spring provides a great opportunity to gather outdoors. Mark your calendars for these upcoming events:

Arbor Day: April 15, Schrom Hills Park
Contact Brian Townsend at btownsend@greenbeltmd.gov

Earth Day: Saturday, April 22

Public Works Open House: TBD

Visit www.greenbeltmd.gov/government/departments-con-t/public-works/green-volunteer-opportunities or call (240) 542-2168 for more information.

Preschool Programs

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltnmd.gov

PRESCHOOL ART EXPLORATION AGES 1-5

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary.

This is a parent-child activity; please, caregivers must enroll, attend, and actively participate. When registering: sections 1 and 2 are for children; section 3 is for caregivers.

223201-1: W 9:30 - 10:30 am / CC-113

7 mtgs: 3/22 - 5/10 (No class 4/5)

R: \$40 NR: \$50*

223201-2: Th 9:30 - 10:30 am / CC-113

7 mtgs: 3/23 - 5/11 (No class 4/6)

R: \$40 NR: \$50*

223201-3: Caregivers 16+

R: \$0 NR: \$0

Instructor: Lauren Rankel

** This class is subsidized by the Mary Purcell Geiger Scholarship. To give back, donate to the scholarship fund by emailing rcampbell@greenbeltnmd.gov or in the Community Center main office. To access scholarship funding for other art programs, [apply here](#).*

PARENTS NIGHT OUT

AGES 4-12

An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities, and a pizza dinner. Drop off and pick-up anytime you wish during the three-hour session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

233222-1: F 5 - 8:30 pm / CC-GFE

1 mtg: 4/14

R: \$20 NR: \$25

233222-2: F 5 - 8:30 pm / CC-GFE

1 mtg: 5/19

R: \$20 NR: \$25

233222-3: F 5 - 8:30 pm / CC-GFE

1 mtg: 6/9

R: \$20 NR: \$25

AFTERNOON ART ADVENTURES: CRAFT & CREATE

AGES 4-6

Participants will discover the joy of creating and crafting art as they are introduced to a variety of drawing, painting and 3-d art media. This class will focus on exploration and process and will lay a foundation for artistic creativity.

223207-1: W 4:15 - 5:30 pm / CC-113

7 mtgs: 3/29 - 5/10

R: \$75 NR: \$85

Instructor: Adam Campanile

Dance

Contact: Lisa Pellittiere
lpellittiere@greenbeltmd.gov

Minimum age requirement must be met by first class.

DANCE TOGETHER

AGES 1-3

Dance Together is a movement class for young children accompanied by a participating adult. This fun, upbeat exploration of movement, music and storytelling is intended to help families and their young children incorporate dance, movement games and rhythm play into their daily life. The registered student(s) must be able to walk independently. Younger, non-walking siblings may accompany the participating adult. Participating adults and children should come dressed comfortably and ready to move in bare feet; no costumes or jeans please.

224203-SA: Sa 9:15 - 10 am / CC-10

6 mtgs: 4/15 - 5/20

R: \$48 NR: \$56

Instructor: Lisa Pellittiere



STORYBOOK DANCE THEATER

AGES 3-5

Through music and movement, students will develop their coordination, confidence and rhythmic skills while creating original dances inspired by our session theme. We will also make simple crafts to serve as props and set for our storybook dances. This session we will read a selection of Native American stories. Students should wear clothes that are easy to move in and bare feet; no jeans or costumes, please. Hair should be secured off of face and neck. In-studio parent observation day on the last day of class!

224206-SA: Sa 10:15 - 11 am / CC-10

6 mtgs: 4/15 - 5/20

R: \$48 NR: \$56

Instructor: Lisa Pellittiere

Active Play & Athletics

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

SHORTY SPORTS

AGES 3-4

If you are looking to get your young child oriented with team sports and the concept of sportsmanship, then this is the program for you. This class will cover a variety of sports with an emphasis on sportsmanship and learning the game through basic skill instruction.

222500-1: Sa 9 - 9:45 am / YC-GYM

6 mtgs: 4/15 - 5/20

R: \$30 NR: \$35

FOLLOW US ON FACEBOOK!

Be sure to follow us on Facebook to stay up to date on Greenbelt Recreation activities and events!

Visit www.facebook.com/GreenbeltMDRecreation

Elementary & Middle School

Visual & Ceramic Arts

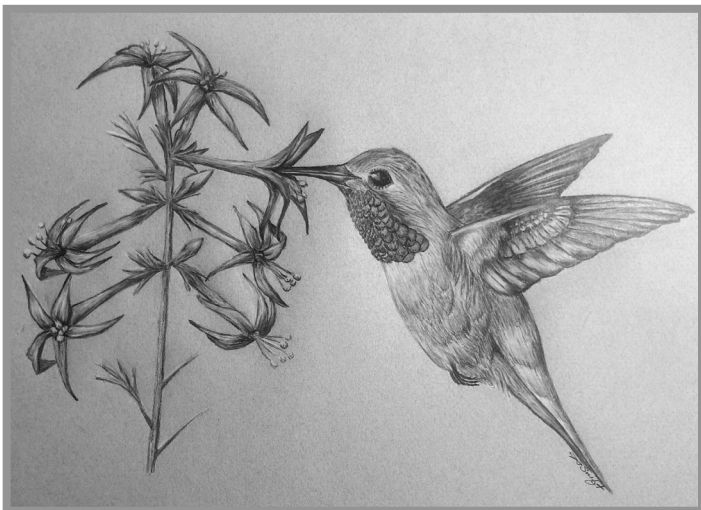
Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbelimd.gov

AFTERNOON ART ADVENTURES: COMMUNITY ART AGES 6-12

Students will learn about contemporary artists who use their art to build community and will complete a series of projects based on their techniques and styles. Monday and Tuesday classes will complete different projects, allowing students to register and participate in both classes if they choose.

233207-1: Tu 4:15 - 5:30 pm / CC-113
4 weeks: 3/21 - 4/11
R: \$75 NR: \$85

Instructor: Ana Fernandez-Napp



Artist: Amanda Swift

MORE CHILDRENS ART OPPORTUNITIES

See **Parent's Night Out** and **Afternoon Art Adventures: Craft & Create** on [page 6](#) for more childrens art opportunities.

CERAMIC HAND-BUILDING AGES 6-12

The earth is blossoming, and the Hand Building Ceramic Studio is the perfect place to show your love for the earth, with clay of course! Make both pottery you can use and fun sculptures in this class. Learn and improve your hand building and glazing skills. All materials provided.

233208-1: W 4:15 - 5:45 pm / CC-304
8 mtgs: 3/22 - 5/17 (No class 4/5)
R: \$120 NR: \$130

233208-2: Th 1 - 2:30 pm / CC-304
8 mtgs: 3/23 - 5/18 (No class 4/6)
R: \$120 NR: \$130

233208-3: Th 4:15 - 5:45 pm / CC-304
8 mtgs: 3/23 - 5/18 (No class 4/6)
R: \$120 NR: \$130

Instructor: Judy Goldberg-Strassler



ARTISTIC NATURE DETECTIVES AGES 8-11

This class will rotate between outdoor nature walks and studio work. Students will learn how to keenly observe their surroundings and translate their observations into detailed illustrations using various techniques.

233214-1: Sa 10 - 11:30 am / CC-113
5 mtgs: 4/15 - 5/13
R: \$90 NR: \$100

Instructor: Amanda Swift

INTRO TO MAKING COMICS**AGES 8-15**

Learn to tell stories in drawings with this class that will build your creative ideas into comics. We will practice brainstorming, drawing characters in action, framing scenes, and combining words and images. Most class time will be spent drawing.

Through the weeks we will develop our work from single frame drawings, to short strips, to full pages. Participants will be encouraged to keep an idea notebook. All drawing levels are welcome.

233200-1:

M 4:30 - 6 pm / CC-113

4 mtgs: 4/17 - 5/8

R: \$75 NR: \$85**Instructors:** Katy Cummings,
Rebecca Squire

YOUTH WHEEL**AGES 10-15**

Discover the creative possibilities of the potter's wheel! Learn and improve your technical skills while creating functional and decorative pottery. Also learn a variety of fun surface decoration techniques to give your pots personality.

243251-1: Tu 4:15 - 6 pm / CC-305

10 mtgs: 3/21 - 5/23

R: \$150 NR: \$160**Instructors:** Gina Mai Denn**243251-2:** W 4:15 - 6 pm / CC-305

10 mtgs: 3/22 - 5/24

R: \$150 NR: \$160**Instructors:** Gina Mai Denn**243251-3:** Th 10 am - 12 pm / CC-305

10 mtgs: 3/23 - 5/25 (No class 4/6)

R: \$140 NR: \$150**Instructors:** Judy Goldberg-Strassler

BEGINNING SEWING**AGES 10-15**

Learn basic sewing skills including sewing terminology, tools and how to use a sewing machine. Students start building skills by sewing emoji cloth napkins, the class will also learn to use a pattern and create a game. All materials provided.

243202-1: Th 4:30 - 6 pm / CC-116

5 mtgs: 3/30 - 4/27

R: \$110 NR: \$120**Instructors:** Vanessa Zanin

YOUTH ACRYLIC**AGES 11+**

This class will introduce the basics of painting on canvas, including planning, drawing and blocking out color. Students will paint landscapes, portraits and abstract paintings and will learn about art history and contemporary painting in the process.

243212-1: M 1 - 2:15 pm / CC-113

8 mtgs: 3/27 - 5/15

R: \$135 NR: \$145**Instructors:** Sharon Sefton

DIGITAL ANIMATION**AGES 11+**

Learn basic skills to create an original character and background on the Mac or your own device. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

247601-1: Tu 5 - 7 pm / CC-204 (GATe Studio)

9 mtgs: 3/28 - 5/23

R: \$100 NR: \$110**Instructors:** George Kochell/Mister Geo

Special Interest

Friends & Family Art Workshops

FRIENDS & FAMILY ART WORKSHOP: MINI PAINTED BASKET

Paint and decorate a pre-made basket and then create spring inspired miniature art to fill it!

All ages welcome. No experience necessary. Family members who wish to attend, but do not need additional materials may register for section 2 at no cost. At least one member of each group must register as a paying student in section 1.

233204-1: F 6 - 7:30 pm / CC-GFE

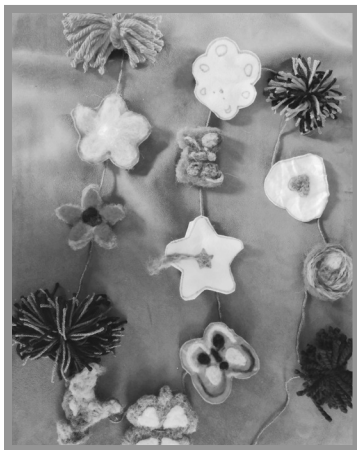
1 mtg: 3/24

R: \$5 NR: \$10

233204-2: For accompanying family members

Instructor: Rachel Cross

FRIENDS & FAMILY ART WORKSHOP: SPRING GARLAND



Have creative fun making a spring garland out of wool and felt and yarn. Adults and teens 12+ will learn how to needle felt 2-dimensional shapes. Children under 12 will cut and glue felt shapes and learn to make pom poms. Each group will combine their creations together to create one large garland.

All ages welcome. No experience necessary. Family members who wish to attend, but do not need additional materials may register for section 2 at no cost. At least one member of each group must register as a paying student in section 1.

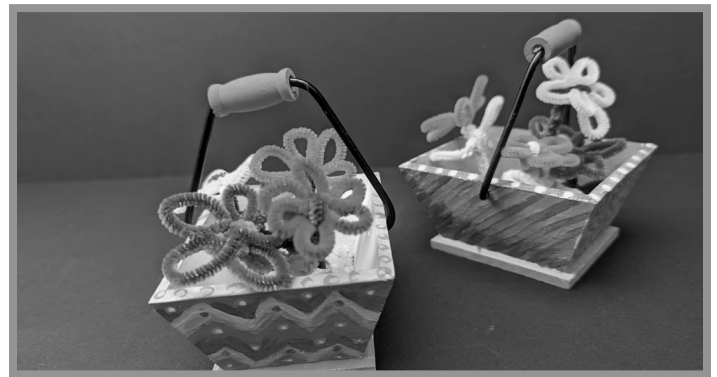
233206-1: F 5:30 - 7 pm / CC-GFE

1 mtg: 4/7

R: \$5 NR: \$10

233206-2: For accompanying family members

Instructor: Vanessa Zanin



FRIENDS & FAMILY ART WORKSHOP: OUTDOOR WEAVING

Enjoy the Three Sisters Garden at the Community Center while weaving in the fresh air! Participants will warp and weave pieces to take home and are invited to contribute to community weaving projects for the garden.

All ages welcome. No experience necessary. Family members who wish to attend, but do not need additional materials may register for section 2 at no cost. Children under 5 should register for section 2. At least one member of each group must register as a paying student in section 1.

233209-1:

Sa 10:30 am - 12:30 pm / CC-Three Sisters Garden

1 mtg: 5/20

R: \$5 NR: \$10

233209-2: For accompanying family members

Instructor: Leah Cohen

ARTWARD BOUND: WORKSHOPS FOR SCOUTS AND OTHER YOUTH

Workshops in drawing, painting, pottery, collage, music, dance and more, satisfy the requirements for the girl scout arts badges. Boy scouts, campfire kids and other groups are also welcome.

Email agardner@greenbeltmd.gov for more information or to schedule a workshop for your group. Most workshops are offered either in person or on ZOOM.

Health & Fitness

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

TKA KARATE - YOUTH

AGES 5-12

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

232500-1: M 6:30 - 7:30 pm / YC-GYM
7 mtgs: 3/20 - 5/22 (No class 4/10, 4/17, 4/24)
R: \$42 NR: \$46

YOUTH ARCHERY

AGES 6-13

Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position from a certified USA Archery coach/instructor. All equipment will be provided. Taught on Braden Field 2, directly behind the Youth Center.

Ages 6-7 - 232603-1: Sa 11:30 am - 12:15 pm / BF-2
6 mtgs: 4/22 - 5/27
R: \$42 NR: \$48

Ages 8-10 - 232603-2: Sa 12:30 - 1:15 pm / BF-2
6 mtgs: 4/22 - 5/27
R: \$42 NR: \$48

Ages 11-13 - 232603-3: Sa 1:30 - 2:15 pm / BF-2
6 mtgs: 4/22 - 5/27
R: \$42 NR: \$48



Dance

Contact: Lisa Pellittiere
lpellittiere@greenbeltmd.gov

Our full schedule of classes began in February. Space may be available to join select classes.

Contact us for more information by emailing Lisa Pellittiere at lpellittiere@greenbeltmd.gov



Teen & Adult Programs

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

ART AT THE CAFE

AGES 16+

Join Mary Ann Lipovsky for a social painting event at the New Deal Café. All materials are included. Participants will be guided through the creation of their very own finished painting(s). This month will be creating a faux-batiqué floral painting. Snacks and drinks will be available to purchase at the café.

This program is a collaboration of Greenbelt Recreation Arts and the New Deal Café.

257199-1: Su 12 - 1 pm / New Deal Cafe

1 mtg: 4/16

R: \$25 NR: \$30

Instructor: Mary Ann Lipovsky

OIL PAINTING

AGES 16+

Learn how to set up your workstation and use oil painting materials and cleaners. The class will introduce basic oil painting techniques, which students will use to paint a series of small studies. All materials will be provided for work in class. In addition, the instructor will assist students who want to purchase their own materials for continued work on their own. *This class includes Visual Arts Open Studio.*

253211-1: Tu 6:30 - 8:30 pm / CC-113

4 mtgs: 3/21 - 4/18 (No class 4/4)

R: \$80 NR: \$90

Instructor: Amanda Demos Larsen

LEVEL 2 PAINTING ON CANVAS

AGES 16+

Suitable for students who have completed an acrylic or oil painting class or have outside experience in one of these media. Students will plan and complete a large painting of their choice. Each class will also include a demo and exercise about a different painting technique. This class will primarily focus on oil paint, but students who wish to work in acrylic are welcome.

Please do not bring paint or solvents that require masks or extra ventilation. Students will supply their own materials. If you have questions about appropriate painting materials, email Amanda Larsen at alarsen@greenbeltmd.gov. *This class includes Visual Arts Open Studio.*

253212-1: M 6:30 - 8:30 pm / CC-113

9 mtgs: 3/27 - 5/22

R: \$130 NR: \$140

Instructor: Amanda Demos Larsen

EXPLORING WATERCOLOR PAINTING

THROUGH ART HISTORY

AGES 16+

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes. *This class includes Visual Arts Open Studio for students who have previously taken an in-person class.*

253210-1: W 10 am - 12 pm / ZOOM

5 mtgs: 3/22 - 4/19

R: \$95 NR: \$105

Instructor: Racquel Keller

**WATERCOLOR PAINTING WITH
FOUNDATIONAL DRAWING** AGES 16+

This class will cover foundational drawing skills. Students will learn basic pencil and pen skills, building shape and line into representational compositions and then use their drawings to build watercolor paintings. Students can bring images they wish to paint or paint an image provided by the instructor.

Students will supply their own materials, which should include: pencils or pens, watercolor paints, watercolor paper, and watercolor brushes. Additional materials will be available for students to try in class. *This class includes Visual Arts Open Studio.*

253209-1: Th 6:30 - 8:30 pm / CC-113
7 mtgs: 3/23 - 5/4
R: \$120 NR: \$130

Instructor: Amanda Spaid



Artist: Judy Jones-Wisniewski

ART FANS NEWSLETTER

Our Arts department has an array of classes and events; including Artful Afternoons on Sundays where artists gather to share ideas and create beautiful works of art to to events where local artists show off and sell their work.

Sign-up at www.greenbeltmd.gov/arts for our newsletter and updates on all things Greenbelt Arts.

MASTERFUL COMPOSITIONS IN 2-D ART
AGES 16+

Composition is key element of any artwork. This workshop offers tools to enrich individual work as well as to analyze and appreciate visual art in general. The sessions include a visual presentation, discussion, and hands-on exercises, helping participants gain a finer appreciation of compositional aspects such as structure and balance, positive and negative space, contrast and color. Students will practice using the principles learned and explore connections between formal elements of visual art and the emotional impact of works of art as a whole.

253213-1: Sa 10 am - 2 pm / CC-113
2 mtgs: 4/22 - 4/29
R: \$95 NR: \$105

Instructor: Shahin Talishkhan

BEGINNING SEWING AGES 14+

Learn basic sewing skills including sewing terminology and how to use a sewing machine. Students will sew a placemat, and learn to use a pattern to make an apron. All materials provided. *This class includes Visual Arts Open Studio.*

253202-1: W 6:30 - 8:30 pm / CC-116
5 mtgs: 5/3 - 5/31
R: \$120 NR: \$130

Instructor: Vanessa Zanin



ZOOM! STITCHING WORKSHOP: QUILTING BEE

AGES 12+

Register for individual projects or for the whole series! Materials provided. Students who wish to meet in person, may watch the ZOOM class on the art studio TV and will have access to some studio tools including a sewing machine.

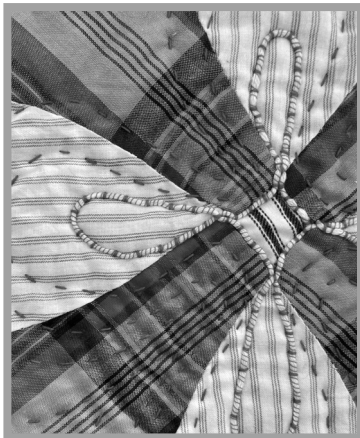
Registration closes two weeks prior to each individual workshop to allow enough time for kit production. *This class includes Visual Arts Open Studio.*

Full Series 243205-1:
Su, Times vary / ZOOM

5 mtgs: 3/19, 3/26,
4/30, 5/21, 5/28

R: \$115 NR: \$125

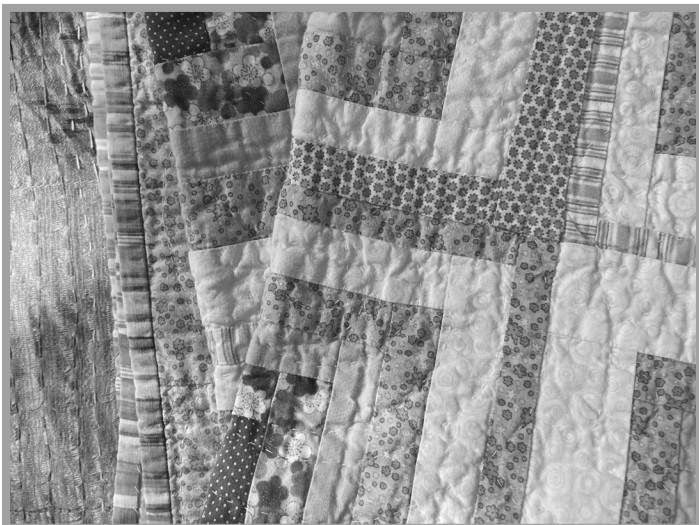
Quilted Potholder
243205-2: Sa, 10 - 11 am
/ ZOOM
2 mtgs: 3/19, 3/26
R: \$50 NR: \$55



Rooftop Patchwork Blocks 243205-3:
Su 10 - 11:30 am / ZOOM
1 mtg: 4/30
R: \$35 NR: \$40

Needle-turned Applique 243205-4:
Su 10 - 11 am / ZOOM
2 mtgs: 5/21, 5/28
R: \$50 NR: \$55

Instructor: Leah Cohen



BEGINNING FILMMAKING

AGES 16+

Learn the basics of putting together a film with the first classes focused on camera usage, filming different types of shots to put together a basic story, and the next classes focused on editing, adding music, and exporting a final project. By the end, each student will have their own unique short film.

All necessary equipment will be provided by Greenbelt Access Television (GATe). *This class includes membership to GATe for spring session.*

Go to www.greenbeltaccessstv.org to learn about all that being a member of GATe entails.

Class 257601-01: M 5 - 7 pm / CC-204 (GATe Studio)
8 mtgs: 4/3 - 5/22

Open Lab: Th 4 - 6 pm / CC-204 (GATe Studio)
8 mtgs: 4/6 - 5/25

R: \$115 NR: \$125

Instructor: Sheila Tiler



LEVEL 1 WOODCARVING: KNIFE SKILLS AGES 16+

This class is an introduction to greenwood spoon-carving designed to provide you with a strong foundation to create all sorts of carved objects, with no previous woodworking experience necessary. You'll learn basic carving techniques using straight (sloyd) and hook knives that will allow you to carve safely. You'll take home at least one serving or cooking spoon of your own and the confidence so you can create more. *Materials and tools for use during the workshop will be provided.*

253243-1: Sa 9:30 am - 12 pm / CC-GFE
4 mtgs: 3/25 - 4/15
R: \$120 NR: \$130

Instructor: Don Nalezty



LEVEL 2 WOODCARVING: AXE SKILLS AGES 16+

This class is a continuation of spoon carving for those that completed the Level 1 course. Students will learn to rough-out spoon blanks from a log with a carving axe. They will review techniques and grips with sloyd and hook knives to carve usable eating spoons.

Materials and tools for use during the workshop will be provided. Students are encouraged to bring and use tools of their own including a sloyd knife, hook knife, and small carving axe.

Prerequisite: Level 1 Woodcarving, or get permission from the instructor if you have other greenwood carving experience.

253251-1: Sa 12:30 - 3 pm / CC-GFE
4 mtgs: 4/22 - 5/20 (No class 5/6)
R: \$120 NR: \$130

Instructor: Don Nalezty

OPEN WOODCARVING WITH INSTRUCTOR GUIDANCE AGES 16+

Bring your greenwood carving projects and carve along with others in a friendly setting. The instructor will demonstrate and provide individualized direction as needed, focused on improving challenging skills or problematic areas of spoon design and execution.

Materials for use during the workshop will be provided. Students should bring and use tools of their own including a sloyd knife, hook knife, and small carving axe. If students have questions about tools they should coordinate with the instructor prior to the first class.

Prerequisite: Level 1 or Level 2 Woodcarving, or get permission from the instructor if you have other greenwood carving experience.

253205-1: Sa 9:30 am - 12 pm / CC-GFE
4 mtgs: 4/22 - 5/20 (No class 5/6)
R: \$95 NR: \$105

Instructor: Don Nalezty

STAINED GLASS WORKSHOP AGES 16+

Participants will make a small stained-glass window hanging using the copper foil technique. The goal is to learn to cut, foil, and solder stained glass pieces into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill.

Beginners will focus on straight line cuts and work from patterns such as snowflakes, stars and Mondrian squares. If this is your second workshop there will be patterns with curved lines, such as flowers, birds and seasonal designs to construct.

253207-1: Sa 11 am - 3 pm / CC-GFE
1 mtg: 4/1
R: \$80 NR: \$90

253207-2: Su 11 am - 3 pm / CC-GFE
1 mtg: 4/2
R: \$80 NR: \$90

Instructor: Maureen Stone

STAINED GLASS CRAFT AND DESIGN

AGES 16+

Suitable for students who have taken Stained Glass Workshop or have other stained glass experience. Participants will make a stained glass panel from beginning to end. They will refine their skills in scoring, breaking, foiling, and soldering glass into a complete framed panel. Patterns will include organic and abstract designs and will have 20-30 pieces in each pattern. They will be of varying difficulty, and intermediate students are encouraged to bring patterns they want to tackle, e.g., from the internet.

Intermediate students who so desire, can learn to convert a photograph into a pattern. Please bring photos you like; others will be available. There will be an extra fee of \$25 for glass, or you can bring your own.

All other materials and tools will be provided for use during class.

253215-1: Th 6 - 8 pm / CC-GFE
4 mtgs: 4/13 - 5/25 (No class 5/11)
R: \$125 NR: \$135

Instructor: Maureen Stone

FUSED GLASS SPRING SUNCATCHER

AGES 16+

Fused glass is the art of melting colored glass into art pieces. Participants will make two fused glass suncatchers, suitable to hang in your window or anywhere that catches light. Completed pieces will be available for pick up on Sunday, March 26.

Children younger than 12 may register with a participating adult. Family members who wish to attend but will not be making individual ornaments may register for section 3.

253227-1: Sa 11 am - 12:30 pm / CC-GFE
1 mtg: 3/25
R: \$60 NR: \$70

253227-2: Sa 12:30 - 2 pm / CC-GFE
1 mtg: 3/25
R: \$60 NR: \$70

253227-3: For accompanying family members

Instructor: Christina Van Pelt



FUSED GLASS JEWELRY**AGES 16+**

Fused glass is the art of melting colored glass into art pieces. Register for both sections to make four pieces of fused glass art, or just one section to make two pieces of fused glass art. Completed pieces will be available for pick up on Monday, April 24. If your teens or older children are interested in taking the class with you, check with us for permission!

253219-1: Su 11 am - 12:30 pm / CC-GFE

1 mtg: 4/23

R: \$60 NR: \$70**253219-2:** Su 12:35 - 2:15 / CC-GFE

1 mtg: 4/23

R: \$60 NR: \$70**Instructor:** Christina Van Pelt

MOSAIC**AGES 16+**

Create your own mosaic art from start to finish using ceramic tiles or glass. Finished pieces will be approximately 10x10 inches. *All materials provided.*

253220-1: F 6 - 8 pm / CC-GFE

3 mtgs: 3/24 - 4/7

R: \$100 NR: \$110**Instructor:** Shahin Talishkhan

MOSAIC: STEPPING STONE**AGES 16+**

Create a mosaic stepping stone while learning how to make mosaics weather-safe for outdoor use. Finished pieces will be approximately 12x12 inches. Suitable for students who have participated in Mosaic Workshop or have other experience working with mosaics. *All materials provided.*

253221-1: M 6 - 8 pm / CC-GFE

3 mtgs: 4/17 - 5/1

R: \$105 NR: \$115**Instructor:** Shahin Talishkhan

BOOKMAKING**AGES 16+**

Learn how to cut book board and paper, fold signatures, glue book cloth onto a book board, sew the text block, and join all the elements into an archival book. New participants will learn to make a flat back book. Students who have previously taken Bookmaking may choose a different binding. Fees will cover book board, paper, linen thread and book cloth for one book. Bring in decorative paper and other elements to personalize your book. *This class includes Visual Arts Open Studio.*

253224-1: F 6 - 8 pm / CC-113

3 mtgs: 4/21 - 5/5

R: \$75 NR: \$85**Instructor:** Amanda Demos Larsen**VISUAL ARTS OPEN STUDIO**

Visual Arts Open Studio is included in select teen/adult visual arts classes as noted. It includes independent access to art studio 113 for current students of the Greenbelt Community Center visual art programs when the building is open and the room is not reserved. A room reservation calendar will be provided. Includes limited studio storage and access to studio equipment. Art supplies not included beyond what is provided through the classes. Participants should be capable of working without instructor assistance and must be aware of and adhere to all studio rules and guidelines. Studio guidelines will be distributed to all participants by email and will be available in print in the studios.

M-F, 9 am - 9:30 pm*

Sa, 9 am - 6 pm*

Su, 9 am - 7 pm*

*** When the rooms are not reserved**

11 weeks: 3/20-6/4

Register for a class that includes Visual Arts Open Studio!

Special Interest

ART SHARE

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. No registration required. [Sign up here](#) to receive updates and reminder emails.

Friday, 3/17, 7 pm

Sunday, 4/16, 2 pm

Friday, 5/12, 7 pm

Sunday, 6/11, 2 pm

YARN & DARN

Knitters, crocheters, embroiderers, rughookers, seamsters et al, bring your portable fiber arts to the Community Center to chat and socialize while you work on your individual projects. This is a free social meet-up. Participants must bring their own projects and materials. No registration required.

W 7 - 9 pm / CC-113

Weekly: 3/15 - 6/28

Contact: alarsen@greenbeltmd.gov

ART SOCIALS: IN-PERSON AND ONLINE

Creative get-togethers for adults! Workshops in drawing, painting, pottery, collage, music, dance and more are facilitated by a Greenbelt Recreation instructor and materials are provided. Email agardner@greenbeltmd.gov for more information or to schedule a workshop for your group. Most workshops are offered either in person or on ZOOM.

Ceramics

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

MAKING CERAMIC ART TILES AGES 16+

Learn various techniques to form, decorate, and glaze tiles. Create stand-alone pieces or several tiles that form a larger design. Learn the secrets to keeping tiles flat and crack free and ways to hang/mount them. Suitable for all levels, especially those with some ceramics experience. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

253253-1: W 7 - 9:15 pm / CC-304

10 mtgs: 3/22 - 5/24

R: \$180 NR: \$190

253253-2: M 1 - 3:30 pm / CC-304

10 mtgs: 3/20 - 5/22

R: \$180 NR: \$190

Instructor: Mary Gawlik

CERAMIC SCULPTURE AGES 16+

Explore the creation of expressive forms in clay, whether representational or abstract. Emphasis on hand-building techniques. Includes an introduction to methods for building larger and more complex forms. Suitable for participants with prior hand-building experience. Students may purchase clay from the studio, Soldate 60 recommended. *Includes Ceramics Open Studio and use of a shelf or cubby.*

253206-1: M 7 - 9:15 / CC-304

10 mtgs: 3/20 - 5/22

R: \$180 NR: \$190

Instructor: Chris Corson

CERAMIC HAND-BUILDING**AGES 16+**

Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. *Beginners and all levels welcome. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

253271-1: Tu 12:30 - 3 pm / CC-304**253271-2:** Tu 3:45 - 6:15 pm / CC-304**253271-3:** Tu 6:30 - 9 pm pm / CC-304

10 mtgs: 3/21 - 5/23

R: \$180 NR: \$190**Instructor:** Nadette Boughton**Photo Credit:** Judy Goldberg-Strassler

LEVEL 1 POTTERY ON THE WHEEL AGES 14+

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. All levels welcome. *Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.*

Ages 16+ 253281-1: Tu 7 - 9:15 pm / CC-305

10 mtgs: 3/21 - 5/23

R: \$180 NR: \$190**Instructor:** Gina Mai Denn**Ages 16+ 253281-2:** M 12:30 - 3 pm / CC-305

10 mtgs: 3/20 - 5/22

R: \$180 NR: \$190**Instructor:** Gina Mai Denn**Ages 14+ 253281-3:** W 12:30 - 3 pm / CC-305

9 mtgs: 3/22 - 5/24 (No class 4/5)

R: \$165 NR: \$175**Instructor:** Judy Goldberg-Strassler

LEVEL 2 POTTERY ON THE WHEEL AGES 16+

Recommended for students who can center small pieces consistently, make basic pots, and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

253282-1: M 7 - 9:15 pm / CC-305

10 mtgs: 3/20 - 5/22

R: \$180 NR: \$190**Instructor:** Peter Holden**253282-2:** F 6 - 8:30 pm / CC-305

10 mtgs: 3/24 - 5/26

R: \$180 NR: \$190**Instructor:** Karen Arrington

LEVEL 3 WHEEL**AGES 16+**

Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

253283-1: W 7 - 9:15 pm / CC-305

10 mtgs: 3/22 - 5/24

R: \$180 NR: \$190**Instructor:** Gina Mai Denn

LEVEL 4 WHEEL**AGES 16+**

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

253284-1: Th 7 - 9:15 pm / CC-305

10 mtgs: 3/23 - 5/25

R: \$180 NR: \$190**Instructor:** Karen Arrington

CERAMICS OPEN STUDIO**AGES 16+**

Ceramics Open Studio is included in select teen/adult classes as noted (no separate registration required). Ceramics patrons who have completed at least two ceramics classes with Greenbelt Recreation (8 weeks or longer) are eligible to register for Open Studio as a stand-alone option. Participants who are new to this studio should please enroll in a class.

253261-1:

M-F, 9 am - 9:30 pm *

Sa, 9 am - 6 pm *

Su, 9 am - 7 pm *

***When the rooms are not reserved**

11 weeks: 3/20 - 6/4

R: \$90 NR: \$100

RAKU**AGES 16+**

With roots in centuries-old Japan, Raku is a method of fast-firing ceramic art outdoors with beautiful and surprising results. Firing will take place outside of the Greenbelt Aquatic and Fitness Center. Enroll for multiple slots in the class in order to fire more work. Clay purchased separately. Students must be enrolled in Open Studio, Firing Only or another ceramics class in order to participate.

Students with studio access will glaze their Raku pieces during one of their open studio timeslots. Students may attend the introductory meeting prior to registration. Registration will close on Monday, March 27.

253267-1:

Introductory meeting:

Saturday 3/18, 1 pm - 2 pm; CC-304

Glazing instruction:

Saturday 4/29, 1 pm - 3 pm; CC-304

Firing:

Saturday 5/13, 10 am - 4 pm; GAFC grounds

Rain Date:

Saturday 5/20, 10 am - 4 pm; GAFC grounds

R: \$60 NR: \$70**Instructor:** Karen Arrington

WOODFIRE WORKSHOP

AGES 16+

Intermediate and advanced potters: experience the ancient roots and the scientific heights of pottery by firing a wood-fueled kiln. This is an intense, hands-on process requiring physical labor and cooperation among participants. The end results are lively, fully-functional pots with an organic element. Instruction on how to prepare and glaze pots and sculptures for a wood kiln will be provided through a series of videos.

Students must attend the three scheduled meetings prior to the firing, an introductory meeting, check-in and glazing instruction. Students will be expected to attend all three days at Monocacy River Pottery.

Open Studio is not included. Includes 35 lbs Phoenix clay and woodfire glazes. Students may attend the introductory meeting prior to registration. Registration will close on Monday, March 27.

253267-1:

Introductory meeting:

Saturday 3/18, 1 pm - 2 pm, CC-305

Check-in:

Saturday 4/29, 12 pm - 1 pm, CC-305

Glazing:

Saturday 5/20, 1 pm - 3 pm, Glaze room and CC-305

Loading:

Saturday 5/27,

Monocacy River Pottery

Firing:

Saturday 6/3, Sunday

6/4, Monocacy River

Pottery

Unloading:

Saturday 6/10,

Monocacy River Pottery

R: \$255 NR: \$270

Instructor: Karen

Arrington

Dance

Contact: Lisa Pellittiere
lpellittiere@greenbeltmd.gov

Our full schedule of classes began in February. Space may be available to join select classes.

Contact us for more information by emailing Lisa Pellittiere at lpellittiere@greenbeltmd.gov

JOB OPENINGS FOR SUMMER CAMP STAFF

Seeking Camp Managers, Camp Counselors, Camp Specialists, Inclusion Counselors and Camp Interns

These seasonal summer positions offer employment from mid-June through late August.

Visit www.greenbeltmd.gov/jobs for more information on job openings and application details.



Health & Fitness

Contact (unless otherwise noted): Vernique Robinson
(240) 542-2054 vrobinson@greenbeltmd.gov

YOGA & CORE CONDITIONING AGES 16+

Develop strength, flexibility, balance, and well-being by combining yoga postures and breathing, mindful awareness and deep relaxation with toning and core strengthening movements. You will need a mat, and you may wish to have a blanket, yoga blocks and any props that you enjoy using.

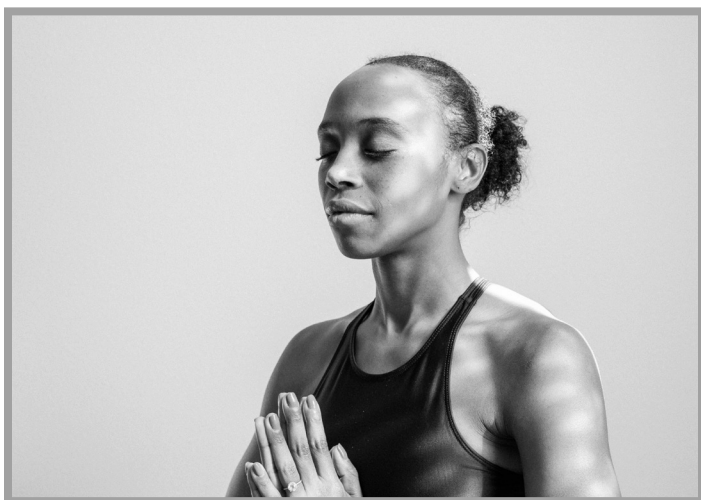
Please refrain from eating for 2 hours before this class. For more information, email laura.bonkosky@gmail.com. Drop-ins are not permitted for this class.

252202-1: Th 6:30 - 7:45 pm / CC-201

9 mtgs: 4/13 - 6/15 (No class 5/25)

R: \$108 NR: \$118

Instructor: Laura Bonkosky



TAI CHI ALL LEVELS AGES 16+

Group practice can form the foundation for a successful personal transformation. Join us to explore the benefits of Yang and Chen Taiji along with Xingyi and Bagua basics. All levels are welcome to laugh and learn!

252206-1: Sa 9 - 10 am / ZOOM

10 mtgs: 4/8 - 6/10

R: \$100 NR: \$110

Instructor: Taj Johnson

BAGUA & XINGYI FOUNDATIONAL STUDIES AGES 16+

This 60-minute class is ideal for a more experienced and seasoned student of Taiji that would like to expand their horizons. While learning Bagua and Xingyi the "sibling arts" of Tai Chi experience different expressions of "Shen Fa, Bu Fa, Rou and Gong" movements to deepen your Neiija skills. (Torso Method, Stepping Method, Flexible and Firm movements)

Nurture the higher levels of your practice by learning the underlying principles as expressed by Wudang Kungfu. Bagua and Hebei Xingyi foundational skills will be taught with choreography, corrections and adjustments. Create your own book of "Master's Notes" from the teachings and group discussions while journaling your personal practice adventures. Learn the small details that seasoned martial artists bring forward in their Neiija Cultivation! Register and prepare to elevate your practice!

252206-2: Sa 10:15 - 11:15 am / ZOOM

10 mtgs: 4/8 - 6/10

R: \$100 NR: \$110

Instructor: Taj Johnson

MIXED PILATES AGES 16+

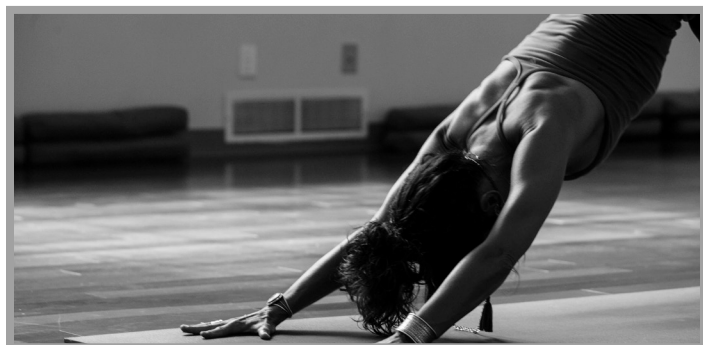
A classic mixed level Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat (3/8 inch or more) or heavy blanket, and a 10-pound sandbag or bag of rice as a foot weight. *Drop-ins are not permitted for this class.*

252210-1: W 7 - 8 pm / CC-202

12 mtgs: 5/3 - 07/19

R: \$120 NR: \$130

Instructor: Catherine Turner



LUNCHTIME YOGA**AGES 18+**

This mixed level class includes a balanced practice of breathing practices, dynamic warmups, standing and floor yoga postures, meditative awareness and relaxation. *Drop-ins are not permitted for this class.*

For more information, please contact laura.bonkosky@gmail.com, or visit www.laurabonkosky.com.

252221-1: Tu 12:30 - 1:30 pm / CC-10

10 mtgs: 4/11 - 6/13

R: \$110 NR: \$120

Instructor: Laura Bonkosky

ZUMBA GOLD**AGES 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms in a way that is safe and effective for all ages. Easy-to-follow choreography focuses on cardio, balance, range of motion and coordination. Join the FUN!! Wear comfortable clothing and shoes. Have access to water and a towel.

252402-1: Sa 9 - 10 am / ZOOM

7 mtgs: 4/8 - 6/3 (No class 5/13 & 5/25)

R: \$70 NR: \$80

Instructor: Wanda Crawley-Pearson



GENTLE YOGA**AGES 16+**

This class is a gentle yoga experience that includes yogic breathing, gentle dynamic movements and static postures designed to increase strength and flexibility, release tension, and enhance well-being. Please have a mat, a blanket, a yoga strap or old necktie, and any other props you enjoy using for each class. *Drop-ins are not permitted for this class.*

252201-1: W 6:30 - 7:45 pm / CC-201

10 mtgs: 4/12 - 6/14

R: \$110 NR: \$120

Instructor: Laura Bonkosky

TKA KARATE**AGES 13+**

Contact: AJ Sesay, asesay@greenbeltmd.gov, or (240) 542-2198

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

**252500-1: M 7:45 - 9:15 pm / YC-GYM
7 mtgs: 3/20 - 5/22 (No class 4/10, 4/17, 4/24)
R: \$49 NR: \$54**

ARCHERY**AGES 14+**

Contact: AJ Sesay, asesay@greenbeltmd.gov, or (240) 542-2198

Beginners learn proper safety, shooting techniques, scoring, eye dominance, alignment, and hand position. Intermediates refine alignment, release, and follow through using re-curve and compound bows. Advanced Level participants must have completed the Beginner and Intermediate Level, respectively, and must possess knowledge of range safety procedures, shooting technique, hand position, and stance. All equipment will be provided.

**Beginner 252602-1: Th 4:30 - 5:15 pm / BF-2
6 mtgs: 4/13 - 5/18
R: \$70 NR: \$80**

**Intermediate 252602-2: Th 5:30 - 6:15 pm / BF-2
6 mtgs: 4/13 - 5/18
R: \$70 NR: \$80**

**Advanced 252602-3: Th 6:30 - 7:15 pm / BF-2
6 mtgs: 4/13 - 5/18
R: \$70 NR: \$80**



Active Aging Programs

Health & Fitness

Contact for all active aging programs: Amber Hall
(240) 542-2056 ahall@greenbeltnmd.gov

SENIOR SWIM

AGES 60+

Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer.

FREE to passholders; resident, non-passholders pay \$1.50 each visit; non-resident, non-passholders pay \$2.00 each visit. Registration is REQUIRED.

271101-1: M 11:15 am - 12 pm
7 mtgs: 3/20 - 5/15 (No class 4/3, 4/10)
Instructor: Marsha Gielen

271101-2: Th 11:15 - 12 pm
9 mtgs: 3/23 - 5/18 (No class 4/6)
Instructor: Marsha Voight

271101-3: F 11:15 am - 12 pm
8 mtgs: 3/24 - 5/19 (No class 4/7)
Instructor: Marsha Voight

Passholders: FREE;
RNPH: \$1.50/visit;
NRNPH: \$2.00/visit



WALK ON ROUTE 66

AGES 60+

Walk the comfortable gym, and "Get your kicks on Route 66!" The group will record how many laps have been walked. How far will you go? We walk Route 66 by way of St. Louis to LA. Come walk with us!

272206-1: Tu/Th 1 - 2:30 pm / CC-106
22 mtgs: 4/4 - 6/15
FREE

AGELESS GRACE

AGES 16+

This Spring, participants can choose to attend either via ZOOM or in person. Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and core.

Students always leave class with a huge smile on their faces! At home participants need a sturdy chair they can sit in with both feet on the ground. You will receive an email at least a week before the class begins with an access code for your class.

272225-2: F 11 am - 12 pm / YC-MPR or ZOOM
11 mtgs: 4/7 - 6/16
R: \$20 NR: \$25

Instructor: Karen Haseley



PURELY FUN PICKLEBALL**AGES 60+**

Looking for a fun way to get active? Then come learn and play Pickleball, a cross between tennis and badminton. Pickleball is loads of fun and gaining popularity throughout the US.

**PURELY FUN PICKLEBALL
NOVICE/BEGINNERS****AGES 60+**

The Community Center program has been identified as the location for novice/beginners to gather and learn to play. Basic rules and information will be posted to help newcomers learn the game. Beginners are welcome, keeping the "Purely Fun" focus in mind.

272210-1: M/W 1 - 3 pm / CC-106

21 mtgs: 4/3 - 6/14 (No class 5/29)

FREE

PURELY FUN PICKLEBALL CLUB**AGES 60+**

This new club is designed for players familiar with the game and looking to play drop-in pickleball on weekday afternoons at the Youth Center. The club will not meet on Prince Georges County Public school holidays. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind. **Youth Center Gym will be closed in April for Spring Camps and floor refinishing.**

272210-2:

36 mtgs: 4/3 - 6/15 (No class 4/3, 4/5, 4/10, 4/12, 4/17, 4/19, 4/24, 4/26)

Tu/Th 2:45 - 4:15 pm / CC-106

4/4 - 4/27 (1 Court Only)

M - Th 1 - 3 pm / YC-GYM

5/1 - 6/15 (2 Courts Available)

FREE

Special Interest

SCRABBLE

AGES 16+

Challenge your mind while enjoying a relaxing afternoon of conversation and play. All skill levels welcome.

273209-1: Tu 12 - 2 pm / CC-109

11 mtgs: 4/4 - 6/13

FREE

BRIDGE

AGES 60+

Call Robin Schlauch, (301) 474-2605, if you are interested in joining these groups. **THESE ARE NOT INSTRUCTIONAL PROGRAMS.**

THURSDAY BRIDGE

279203-1: Th 12:30 - 4 pm / CC-109

10 mtgs: 4/6 - 6/8

FREE

FRIDAY BRIDGE

279203-3: F 12:30 - 4 pm / CC-109

10 mtgs: 4/7 - 6/9

FREE

LEARN TO PLAY BRIDGE

Call Harris Maclay, (301) 873-5753, if you are interested in learning to play Bridge. **THIS CLASS IS AN INSTRUCTIONAL PROGRAM.**

279203-2: Th 11 am - 12 pm / CC-109

10 mtgs: 4/6 - 6/8

FREE



MAH-JONGG

AGES 50+

Mah-Jongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mahjong." American Mah-Jongg utilizes racks, jokers, "Hands and Rules". Mah-Jongg is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mah-Jongg" ends the game. **THIS IS NOT AN INSTRUCTIONAL PROGRAM.**

273210-1: M 1 - 4 pm / CC-109

10 mtgs: 4/3 - 6/12 (No class 5/29)

FREE



LEARN TO PLAY MAH-JONGG

AGES 50+

Join Mah-Jongg enthusiast Abby Crowley to have fun learning the basics of this fascinating game played with beautiful tiles. You will learn to recognize and name the tiles and suits, learn the rules of play, and practice playing the game trying to match the tiles you pick to a specific hand on the annually distributed card published by the National Mah-Jongg Association. **THIS IS AN INSTRUCTIONAL PROGRAM.**

273210-2: M 12 - 1 pm / CC-109

4 mtgs: 4/3 - 4/24

FREE

GIFTS FROM THE HEART

AGES 60+

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

273208-1: F 10 am - 12 pm / CC-109

11 mtgs: 4/7 - 6/16

R: \$5 NR: \$10

SEW FOR CHARITY

AGES 16+

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies, and power strips/cords.

253242-1: Sa 10 am - 2 pm / CC-109

10 mtgs: 4/8 - 6/10

R: \$5 NR: \$10

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11 am - 12 pm in the Community Center Multipurpose Room (room 201). Activities include speakers, special programs and field trips.

For more information contact us by emailing greenbeltgoldenageclub@gmail.com

SENIOR LOUNGE

Need a place to sit between classes or while waiting for a ride? The Senior Lounge is open to senior citizens, ages 60 and over, during regular operating hours.

Call (301) 397-2208 for more information.

Special Interest

CINCO DE MAYO CELEBRATION

Come celebrate Cinco de Mayo with a fantastic presentation by the Mexican Cultural Institute, followed by a build your own taco bar!

Thursday, May 4, 11 am - 1 pm

CELEBRATION OF CENTENARIANS

Contact: Amber Hall, ahall@greenbeltmd.gov, (240) 542-2056

The City of Greenbelt would like to celebrate Greenbelt residents who have reached the milestone age of 100 years. If you would like to recognize your loved one or a friend, please contact Amber Hall.

The Centenarian will choose from a variety of options to celebrate their birthday! The City of Greenbelt will continue to promote senior services and appreciation throughout the year. Recognizing the diverse population, we will celebrate their experience and wisdom, provide activities that meet their needs, and we will continue to encourage seniors to age in place here in the City.

HUNGRY? FOOD & FRIENDSHIP PROGRAM IS BACK!

After a long pause, the Senior Nutrition Program returned to the Community Center.

The Senior Nutrition Program serves hot lunches in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least one week in advance to ensure that enough meals are delivered. Requested meal donation is \$3.

Please contact Amber Hall, (240) 542-2056 or ahall@greenbeltmd.gov, for more information.

SENIOR GLOBETROTTING

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed.

All the bus trips are partially subsidized by the City of Greenbelt, through the Golden Age Club.

Contact: Amber Hall at ahall@greenbeltmd.gov or call (240) 542-2056

BOWIE BAYSOX BINGO & BUFFET AGES 21+

Come see some great Bowie Baysox baseball while enjoying a delicious two-hour lunch buffet and Bingo in the Diamond Club!

278207-1: Th 9:30 am - 4 pm

1 mtg: 4/25

R: \$40 NR: \$50

AMISH COUNTRY EXPERIENCE AGES 60+

Immerse yourself in the Amish way of life with an exclusive guided tour through an Amish Country Farmstead. Afterwards, enjoy a complimentary farm to table lunch from Bird-In-Hand Family Restaurant.

278204-1: Th 7:30 am - 4 pm

1 mtg: 5/18

R: \$40 NR: \$50



SHOPPING MALL TRIPS AGES 60+

Transportation to and from the malls. Lunch is on your own. Green Ridge House residents may be picked up at Green Ridge House.

ARUNDEL MILLS MALL/CASINO AGES 60+

Come with us to take a trip to Arundel Mills Mall! Join us for a fun day of shopping, dining, and fellowship! Adults are also welcome to stop by the casino, conveniently located right beside Arundel Mills Mall.

278202-1: Th 9:30 am - 3 pm

1 mtg: 6/8

R: \$3 NR: \$4



Aquatics & Fitness

101 CENTERWAY, GREENBELT, MD 20770 ~ (301) 397-2204

ENJOY THE POOL THIS WINTER

Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire (*children 12 years of age and over are allowed to enter by themselves*).

Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

Hours

Indoor Pool & Fitness Wing

Monday - Friday 6 am - 8:30 pm

Saturday 8 am - 7:30 pm

Sunday 9 am - 7:30 pm

IMPORTANT REMINDERS

- Hours for the Aquatic & Fitness Center are subject to change.
- All members are required to scan their pass to gain entry into the Aquatic & Fitness Center. Please see guidelines on becoming a member.
- Swimming must cease and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during indoor swim team practices when (1) open lap lanes is available.
- The hot tub closes at 1 pm every other Wednesday for regular cleaning.
- All passes are non-refundable and non-transferable.

DAILY ADMISSION RATES

	Greenbelt Resident	Non-Resident
Youth	\$3.00	\$4.25
Young Adult	\$4.00	\$5.25
Adult	\$5.00	\$6.25
Senior	\$3.75	\$4.50

FEE CODES

PH: Passholder

RNPH: Resident,
Non-Passholder

NRNP: Non-Resident,
Non-Passholder

Memberships

GAFC REGISTRATION DATES

Youth Swim Lessons

Pre-Evaluation: Saturday, March 24
 Saturday Session: March 18 - May 13 (No Class 4/8)
 Passholders & Residents register: March 6
 Open Registration: March 8

Adult Swim Lessons

Session 1: March 21 - April 13
 Passholders & Residents register: March 6
 Open Registration: March 8

Session 2: April 25 - May 18
 Passholders & Residents register: April 17
 Open Registration: April 19

Water Exercise Classes

Session 1: March 20 - April 13
 Passholders & Residents register: March 6
 Open Registration: March 8

Session 2: April 24 - May 18
 Passholders & Residents register: April 17
 Open Registration: April 19

9 MONTH MEMBERSHIPS:		
Valid 9 months from date of purchase; excludes summer months.		
	Resident	Non-Resident
Youth	\$90	\$202
Young Adult	\$144	\$253
Adult	\$202	\$306
Senior	\$97	\$216
Single Parent Family	\$289	\$506
Family	\$408	\$586

12 MONTH MEMBERSHIPS		
	Resident	Non-Resident
Youth	\$119	\$256
Young Adult	\$187	\$321
Adult	\$256	\$386
Senior	\$132	\$270
Single Parent Family	\$376	\$642
Family	\$529	\$691
Corporate	\$1063	\$1063

Becoming a member is easy, just follow these steps:

- Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
- Staff will enter you into our computer system.
- Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

EXPLANATION OF MEMBERSHIP CATEGORIES

- Youth Membership:** 1 - 13 years of age
- Young Adult Membership:** 14 - 17 years of age
- Adult Membership:** 18 - 59 years of age
- Senior Membership:** 60 years of age and older
- Single Parent Family Membership:** One adult & single dependent, under the age of 21, residing permanently in same household.
- Family Membership:** Two adults & single dependents, under the age of 21, residing permanently in same household.
- Residents:** Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. (Greenbelt Road and 6999-7699 Hanover Parkway are not considered resident addresses.)
- Non-Residents:** Those residing outside the corporate limits of Greenbelt.

Youth Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

AQUA TOTS I

AGES 6-24 MONTHS

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

221116-A: Sa 8:15 - 8:45 am
8 mtgs: 3/18 - 5/13 (No Class 4/8)
PH: \$55, RNPH: \$61, NRNPH: \$68

AQUA TOTS II

AGES 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skill. Water safety topics are also included in this level. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

221117-A: Sa 8:15 - 8:45 am
8 mtgs: 3/18 - 5/13 (No Class 4/8)
PH: \$55, RNPH: \$61, NRNPH: \$68

BEGINNER I, PRESCHOOL

AGES 3-5

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

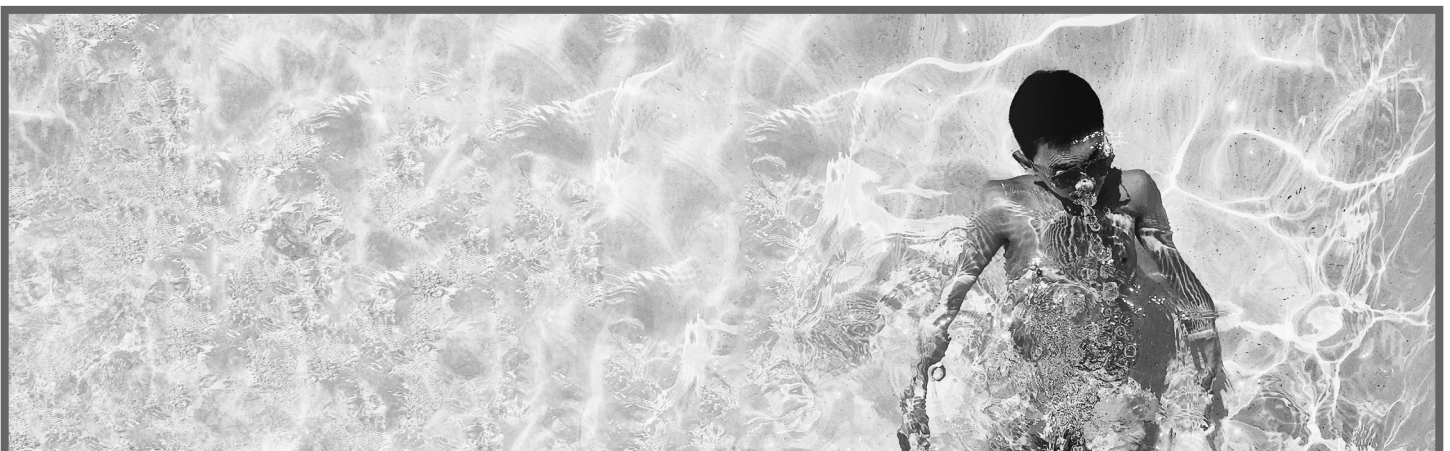
221118-A: Sa 9 - 9:30 am
221118-C: Sa 10:30 - 11 am
8 mtgs: 3/18 - 5/13 (No Class 4/8)
PH: \$55, RNPH: \$61, NRNPH: \$68

BEGINNER II, PRESCHOOL

AGES 3.5-5

Learn basic swimming skills. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

221119-B: Sa 9:45 - 10:15 am
221119-D: Sa 11:15 - 11:45 am
8 mtgs: 3/18 - 5/13 (No Class 4/8)
PH: \$55, RNPH: \$61, NRNPH: \$68



BEGINNER I**AGES 5-10**

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

231120-A: Sa 9 - 9:30 am**231120-B:** Sa 9:45 - 10:15 am**231120-C:** Sa 10:30 - 11 am**231120-D:** Sa 11:15 - 11:45 am

8 mtgs: 3/18 - 5/13 (No Class 4/8)

PH: \$55, RNPH: \$61, NRNPH: \$68

BEGINNER II**AGES 5-12**

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

231121-A: Sa 9 - 9:30 am**231121-B:** Sa 9:45 - 10:15 am**231121-C:** Sa 10:30 - 11 am**231121-D:** Sa 11:15 - 11:45 am

8 mtgs: 3/18 - 5/13 (No Class 4/8)

PH: \$55, RNPH: \$61, NRNPH: \$68

BEGINNER III**AGES 5-15**

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

231122-A: Sa 9 - 9:30 am**231122-B:** Sa 9:45 - 10:15 am**231122-C:** Sa 10:30 - 11 am**231122-D:** Sa 11:15 - 11:45 am

8 mtgs: 3/18 - 5/13 (No Class 4/8)

PH: \$55, RNPH: \$61, NRNPH: \$68

ADVANCED BEGINNER**AGES 5-15**

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

231123-A: Sa 9 - 9:30 am**231123-C:** Sa 10:30 - 11 am

8 mtgs: 3/18 - 5/13 (No Class 4/8)

PH: \$55, RNPH: \$61, NRNPH: \$68

INTERMEDIATE**AGES 5-15**

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1 minute treading water.

231124-B: Sa 9 - 9:30 am**231124-D:** Sa 10:30 - 11 am

8 mtgs: 3/18 - 5/13 (No Class 4/8)

PH: \$55, RNPH: \$61, NRNPH: \$68

Adult Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

BEGINNER SWIM

AGES 16+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

251192-1A: Tu/Th 6:30 - 7:15 pm

8 mtgs: 3/21 - 4/13

PH: \$60, RNPH: \$68, NRNPH: \$75

251192-2A: Tu/Th 6:30 - 7:15 pm

8 mtgs: 4/25 - 5/18

PH: \$60, RNPH: \$68, NRNPH: \$75

ADVANCED BEGINNER SWIM

AGES 16+

Designed for adults wishing to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques. Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

251193-1A: Tu/Th 7:30 - 8:15 pm

8 mtgs: 3/21 - 4/13

PH: \$60, RNPH: \$68, NRNPH: \$75

251193-2A: Tu/Th 7:30 - 8:15pm

8 mtgs: 4/25 - 5/18

PH: \$60, RNPH: \$68, NRNPH: \$75



Water Exercise

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

DEEP WATER AEROBICS

AGES 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

251170-A1: Tu/Th 6 - 6:45 pm

8 mtgs: 3/21 - 4/13

PH: \$48, RNPH: \$53, NRNPH: \$58

251170-A2: Tu/Th 7 - 7:45pm

8 mtgs: 4/25 - 5/18

PH: \$48, RNPH: \$53, NRNPH: \$58

AQUA FITNESS

AGES 16+

A non-impact exercise class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants will be use of spa/water bells which are provided for the class.

251174-A1: M/W 6 - 6:45 pm

7 mtgs: 3/20 - 4/12 (No Class 4/10)

PH: \$48, RNPH: \$53, NRNPH: \$58

AQUA MANIA

AGES 16+

If you're looking to get crazy and let all your worries go, then this is the class for you. You will keep moving and never stop. A moderate to vigorous aqua workout that includes cardiovascular, toning and stretching exercises for any ability level.

251175-A1: Tu/Th 6:15 - 7:15 am

8 mtgs: 3/21 - 4/13

PH: \$55, RNPH: \$60, NRNPH: \$65

251175-A2: Tu/Th 6:15 - 7:15 am

6 mtgs: 4/25 - 5/18 (No class 5/2, 5/4)

PH: \$43, RNPH: \$48, NRNPH: \$53

First Aid / CPR / AED & Lifeguarding

FIRST AID / CPR / AED

AGES 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the \$32 certification fee charge for the American Red Cross online portion of the class.

Register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. **Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.**

257177-1: F 3/10

257177-2: F 4/14

257177-3: F 5/12

Fridays, 6 - 8 pm / GAFC

PH: \$60, RNPH: \$68, NRNPH: \$75

LIFEGUARDING PRE-TEST

AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

In order to qualify for the Lifeguarding class participants must complete all of the following:

- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds (*Starting in the water, swim 20 yards, Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, Surface and swim 20 yards on back with both hands holding object, Exit the water without using a ladder or steps*).

Participants may drop in at any time during the scheduled times to complete the 10 to 20 minute test. Swimsuits are required.

257180-1: F 3/10, 11 am - 5 pm

257180-2: Sa 3/11, 12 - 5 pm

257180-3: F 3/31, 11 am - 5 pm

257180-4: Sa 4/1, 12 - 5 pm

257180-5: F 4/28, 11 am - 5 pm

257180-6: Sa 4/29, 12 - 5 pm

PH: \$5, RNPH: \$5, NRNPH: \$7



LIFEGUARDING

AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency.

Due to the online portion of this class, registration closes **FIVE DAYS** prior to start date. Class prices below include the \$40 certification fee charge for the American Red Cross online portion of the class. You may register at <http://redcrosslearning.com/auth/login>.

Once completed, you will be issued a certificate which you will need to bring to class. **Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.** Participants must pass Lifeguarding Pre-Test prior to registering.

257181-A2: Sa & Su, 9 am - 5 pm
2 mtgs: 4/1 - 4/2

257181-A3: Sa & Su, 9 am - 5 pm
2 mtgs: 5/13 - 5/14

PH: \$160, RNPH: \$176, NRNPH: \$200



Special Events

UNDERWATER EGG HUNT

Greenbelt Aquatic & Fitness Center
Friday, April 7

A fun new twist on the traditional Egg Hunt! This is always a very popular event; registration is limited to 35 children per section. Registration opens March 20 for residents and passholders.

Open registration begins March 22. If not full, registration ends April 3, close of business.

231101-1: 10 am - Ages 6 months-5years

231101-2: 11 am - Ages 4-11 years

231101-3: 12 pm - Ages 8-15 years

PH: \$1; RNPH: \$2; NRNPH: \$3

For more information call (301) 397-2204



Registration Procedures

Registration forms will be accepted beginning on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail in registrations WILL NOT BE ACCEPTED.**

Resident Registration

begins at 10 am on March 20, 2023

Non-Resident Registration

begins at 10 am on March 27, 2023

Payments are accepted in the form of check, money order, and credit card.

ONLINE REGISTRATION

- Register online with [Reclink](#).

Online registration is available beginning at 10 am on the registration dates (Greenbelt residents, March 20; non-residents, March 27).

- If you have registered for Greenbelt Recreation classes before but are new to Reclink, please contact Carrie Hannigan: channigan@greenbeltmd.gov or Cathy Pracht: cpracht@greenbeltmd.gov.
- If you are not a current Greenbelt Recreation customer, please call (301) 397-2208 or (301) 397-2200 to request an account. Please see information about residency below.

EMAIL & FAX REGISTRATION

- Fax and email registration will be accepted after 10 am on the registration dates.
- Community Center, channigan@greenbeltmd.gov, fax: (301) 220-0561
- Youth Center, cpracht@greenbeltmd.gov

MAIL-IN REGISTRATION

- Mail-in registration will be accepted beginning on the registration dates.
- Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 16 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates:

Memorial Day - May 29

Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible. Pre-school and children's classes scheduled before 5 pm will not meet on **some P.G. County school holidays**. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline at (301) 474-0646 for updated class information.

CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to reflect the number of meetings which have transpired.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

FINANCIAL ASSISTANCE

Financial assistance is available to qualified Greenbelt residents. An application and supporting documentation are required. Prior to registration, please call (301) 397-2208 or email us at recreationfinancialassistance@greenbeltmd.gov for additional information.

INCLUSION

Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their recreation experience. We help provide social, physical, educational, and cultural development for all individuals of all abilities.

Please contact Amber Hall by email at ahall@greenbeltmd.gov or phone (240) 542-2056 to make arrangements.

CLASS SCHEDULE

Classes will begin on or after the week of April 3, 2023. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

LOCATION CODE

BAP - Buddy Attick Park

BF - Braden Field

BFTC - Braden Field Tennis Courts

CC - Greenbelt Community Center

CC-DSLAWN - Greenbelt Community Center
Dance Garden

CC-GFE - Greenbelt Community Center
Ground Floor East

GAFC - Greenbelt Aquatic & Fitness Center

GES - Greenbelt Elementary School

GRHS - Green Ridge House

SHLES - Springhill Lake Elementary School

SHLRC - Springhill Lake Recreation Center

SHP - Schrom Hills Park

YC - Greenbelt Youth Center

WEATHER & INFORMATION HOTLINE

(301) 474-0646

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency.

Greenbelt Recreation Activity Registration Form:



Adult Participant or Parent/Guardian _____ Preferred Name _____

Address _____ Please check here if this is a new address

City _____ State _____ Zip _____

Phone: (day) _____ (eve) _____ E-Mail _____

Receipts are sent via e-mail whenever possible.

Emergency Contact: _____ Emergency Phone: _____

Do you need any special accommodations for any of the individuals listed below? YES _____ NO _____.

If yes, please explain below and complete a Special Assistance Request form provided by Greenbelt Recreation or located at www.greenbeltmd.gov/recreation/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: <i>City of Greenbelt</i>				TOTAL	

Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: ____/____/____ Credit Card Number: _____ - _____ - _____ CVV#: _____

Signature: _____ Date: _____

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents, illnesses or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury, illness or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of illnesses or injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. In the case of minors, no personal information other than the participant's first name will be released. Online classes will be recorded for use by staff and registered participants.

CODE OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Greenbelt Recreation Code of Conduct, online class policies, and all applicable facility rules.

X _____ **X** _____
 Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor
Kristen K.L. Weaver, Mayor Pro-Tem
Colin Byrd
Brandon "Ric" Gordon
Judith "J" Davis
Silke I. Pope
Rodney M. Roberts

ACTING CITY MANAGER

Tim George

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact: Bonita Anderson, *City Clerk*
(301) 474-3870

Boards affiliated with Greenbelt Recreation include:
Arts Advisory Board
Senior Citizens Advisory Committee
Park and Recreation Advisory Board
Youth Advisory Committee



Administrative Offices

99 Centerway, (301) 397-2200

Greg Varda, *Recreation Director*

Anne Oudemans, *CPRP, Assistant Director of Programs*

Andrew Phelan, *CPRP, Assistant Director of Facilities and Operations*

Cathy Pracht, *Administrative Coordinator*

Caroline Soter, *Administrative Assistant II*

Youth Center

99 Centerway, (301) 397-2200

LaToya Fisher, *Recreation Program Supervisor*

AJ Sesay, *Recreation Coordinator*

Greenbelt Aquatic & Fitness Center

101 Centerway, (301) 397-2204

Stephen Parks, *AFO, Aquatics Supervisor*

Cynthia Brown, *AFO, Aquatics Coordinator*

Trevin Green, *Aquatics Coordinator*

Patrick Mullen, *Administrative Assistant*

Schrom Hills Park

6915 Hanover Parkway, (301) 397-2200

Greenbelt Community Center

15 Crescent Road, (301) 397-2208

Di Quynn Reno, *CPRP, Community Center Supervisor*

Vernique Robinson, *Community Center Coordinator*

Ruth Campbell, *Administrative Assistant*

Carrie Hannigan, *Administrative Assistant*

Arts Programs

15 Crescent Road, (240) 542-2057

Nicole DeWald, *Arts Supervisor*

Chris Cherry, *Performing Arts Program Coordinator II*

Amanda Demos Larsen, *Visual Arts Coordinator*

Therapeutic Recreation

Senior & Inclusion Programs

15 Crescent Road, (240) 542-2056

Amber Hall *Therapeutic Recreation Supervisor*

Springhill Lake Recreation Center

6101 Cherrywood Lane, (301) 397-2212

Brian Butler, *Recreation Coordinator II*

Frank Jones, III, *Recreation Coordinator II*

Clubs and Contacts

alight dance theater

www.alightdancetheater.org

Astronomical Society of Greenbelt

Cleton Henry, (301) 385-2978

Boy Scout Troop 746

Lenny Wertz, (301) 864-0254

Boys to Men Mentoring Network of Greater Washington

Walter Augustine

waugustine@eicorp.net

Center for Dynamic Community Governance, Inc

Aileen Kroll, (202) 644-1129

Chesapeake Education, Arts and Research Society (CHEARS)

Maggie Cahalan, (301) 642-4851

maggie@chears.org www.chears.org

County Informational & Referral Services for the Aging

(301) 265-8450

Cub Scout Pack 202

Candice Shipp, (301) 775-5152

GreenbeltCubScoutsPack202@yahoo.com

Eleanor and Franklin Roosevelt Democratic Club

www.rooseveltclub.com

Friends of the Greenbelt Library

Annie Shaw, President

(301) 275-9870

Friends of the Greenbelt Museum

Megan Searing-Young

(301) 507-6582

Friends of Greenbelt Theatre

Caitlin McGrath, (301) 329-2034

hello@greenbeltheatre.org

Friends of New Deal Café Arts

Meg Haney,

Haney.Meghan@gmail.com

The GEMZ

Adeola Ariyo, (301) 437-8828

adeola@makeamegem.org

Greenbelt Access Television (GATe)

Phoebe McFarb, (301) 507-6581

Greenbelt American Legion Post 136

(301) 345-0136

Greenbelt Animal Shelter

(240) 508-7533

Greenbelt Arts Center

(301) 441-8770

www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts

Ingrid Cowan Hass,

ingridcowanhass@larkov.de

Greenbelt Babe Ruth Baseball

Ian Gleason, (240) 305-7458

ianerhs@terpmail.umd.edu

Greenbelt Black History and Culture Committee

Co-Chairs: Dr. Lois Rosado &

Ms. Leann Irwin

blackhistoryandculturegb@gmail.com

Greenbelt Boys & Girls Club

www.greenbeltbgc.org

Greenbelt Branch, P. G. County Library

(301) 345-5800

Greenbelt CARES

(301) 345-6660

Greenbelt CERT

(Citizen Emergency Response Team)

Ken Theodos, greenbeltcert@gmail.com

Greenbelt Community Foundation

greenbeltcommunityfoundation@gmail.com

(240) 745-4641

Greenbelt Concert Band, Brass Choir and Wind Ensemble

Eli Zimet, zimete@verizon.net

(301) 977-2312

Greenbelt Connection

(301) 474-4100

Greenbelt Dog Park Assoc

Kris White, KRSWHT@yahoo.com

(301) 848-0914

Greenbelt Farmers Market

info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts

Lori Davis, www.gscnc.org

1-800-834-1702

Greenbelt Golden Age Club

greenbeltgoldenageclub@gmail.com

Greenbelt Homeschoolers

L'il Dan, dceldran@hotmail.com

(240) 645-3768

Greenbelt Intergenerational Volunteer Exchange Service (GIVES)

Carol Drees, cardre@msn.com

(301) 982-0137

Greenbelt Labor Day Festival Committee

Linda Ivy, (301) 675-0585

Greenbelt Lions Club

Harvey Hauptman, (301) 908-5582

Greenbelt Mamas and Papas

Denna Lambert, (301) 801-6075

Greenbelt Municipal Swim Team

www.greenbeltswimteam.com

Greenbelt Museum

(301) 507-6582 or (301) 474-1936

Greenbelt National Park and Campground

(301) 344-3948

Greenbelt Pottery Group

Debra Suarez

class/studio info - (240) 542-2060

debra.suarez@gmail.com

Greenbelt Rotary Club

Louis Pope (301) 441-1100

Greenbelt Senior Softball

Misty Walker McGill, (240) 444-3261

franny9181@icloud.com

Greenbelt Soccer Alliance

Erik Blaufuss, blaufuss@gmail.com

(301) 318-4485

www.greenbeltsoccer.org

Greenbelt Tennis Association

Valerie Pierce, valpierce@verizon.net

(301) 802-4336

Greenbelt Toastmasters

www.greenbelt.toastmastersclubs.org

(240) 542-8625

Greenbelt Volksmarchers

Yvonne Pennington, (301) 431-6668

Greenbelt Writers Group

Barbara Ford, (301) 441-8241

Greenbelt Youth Baseball

Greenbeltyouthbaseball.siplay.com

Greenbelt Youth Double Dutch City Stars

Kim Bradshaw, (301) 503-6962

Greenbriar Community Center

(301) 441-1096

Green Ridge House

(301) 474-7595

Hunting Ridge Condominiums

(301) 345-1777

Maryland-National Capital Park and Planning Commission

(301) 699-2255

Miss Greenbelt Scholarship Organization

Devin Fendlay, (240) 838-9996

devinfendlay@hotmail.com

Patuxent Widowed Persons Service

(301) 474-6892

Prince George's County

4-H Youth Development

Jenna Jones, (301) 868-9366

Potomac Pedalers Touring Club

Bill Clarke, (301) 474-7280

Transit Riders United of Greenbelt (Tru-G)

Stephen Holland, (240) 485-4793

Well-Wishers for the Animals of the

Greenbelt Shelter (WAGS)

Michele Touchet, (301) 602-8502

Windsor Green Community Center

(301) 345-4837