

GREENBELT MD

2023

Fall Activity Guide

Your Quarterly Guide to Greenbelt Recreation Activities, Classes, Facilities, and Programs

10 AM

REGISTRATION

RESIDENTS
AUGUST 21

NON-RESIDENTS
AUGUST 28

(Not so) **SCARY** fun this

HALLOWEEN



Pumpkin carvings, walks, & the return of the Wild Rumpus on **pages 8 & 9!**

GREENBELT
RECREATION



fun • fitness • friendship

What's Inside

Announcements

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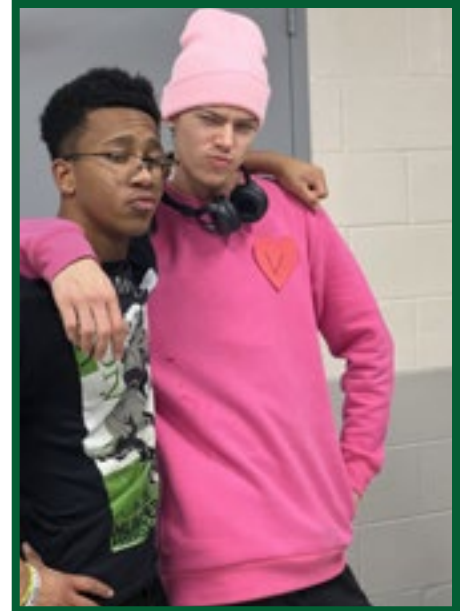
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TEEN TAKEOVER

Teen Takeover is a chance for youth between the ages of 13-17 to experience some of the fun activities usually only offered in summer camp, during the school year!

Every Friday we will host an organized drop-in activity in the Youth Center Gym from 6:30 - 8:30 pm where we'll play games, have holiday parties, eat FREE food, and have FUN!

For more information or to volunteer, contact AJ Sesay at asesay@greenbeltmd.gov or call (240) 542-2198.



MORE FRIDAY ACTIVITIES

For those not yet a teen, consider **Parents Night Out!** This monthly series includes activities and pizza for kids ages 4-12.

See [page 9](#) for more information!

Looking for fun for the whole family? Our **Family & Friends Workshops** on [page 17](#) include artmaking fun for all ages. Come as a group or on your own!



VISIT US ONLINE AT:

greenbeltmd.gov/recreation

facebook.com/greenbeltmdrecreation

Special Events

69TH ANNUAL LABOR DAY FESTIVAL

September 1 - 4
Roosevelt Center and Vicinity

Enjoy an entertaining weekend with family and friends! Be on the lookout for the festival insert in the Greenbelt News Review for the weekend schedule of events, times and locations.

For more information visit www.greenbeltlaborday.com.

Sponsored by the City of Greenbelt and Labor Day Festival Committee.



ANNUAL RETRO TOWN FAIR

Sunday, September 3 **1 - 4 pm**
Greenbelt Museum, 10 Crescent Road

Join us for Retro Town Fair at the Greenbelt Museum at 10 Crescent Road on Sunday, September 3. Outdoors, under the tents! Needlework, garden vegetables, canning and more categories to enter. A great Greenbelt tradition!

More information and printable entry forms at greenbeltmuseum.org.

See you at the Fair!



PRE-K BILINGUAL STORYTIME

2nd Friday of the Month
9/8, 10/13, 11/17, 12/8 **10:30 - 11:30 am**
Springhill Lake Recreation Center,
6101 Cherrywood Lane

This monthly bi-lingual program is an introduction to reading aloud to children as a way to instill the love of literature. After the readings, the children can STAY and PLAY with balls in the Gym. FREE children's books! FREE healthy nutritious snacks!

Come enjoy the wonderful world of storytelling! Contact joseph.vincent@pgcmls.info for more information or Robert Goldberg-Strassler – spreadruak@gmail.com.

Co-Sponsors: RUAK (Random Unselfish Acts of Kindness); Greenbelt Recreation; Prince George's County Memorial Library System; Greenbelt American Legion Auxiliary.



POOCH PLUNGE

Saturday, September 9 **11 am - 3 pm**

Greenbelt Aquatic & Fitness Center Outdoor Pool
101 Centerway

You and your dog are invited to the Annual Pooch Plunge, a swim/splash party for your canine pal!

(Rain Date, Sunday September 10 11 am - 3 pm)

Session 1: 11 am - 12:50 pm

Session 2: 1 - 2:50 pm

Participation is limited to 50 dogs per session, on a first come, first serve basis. Fee of \$10 per dog is required. Cash only. One dog per handler; no charge for handler. Each dog handler must be 18 years of age or older.

Please remember, no swimming with the dogs allowed. Handlers may enter the water up to their knees in the mushroom area only. Proof of rabies vaccinations will be required during registration.

Please pre-register at the Animal Control booth at the Greenbelt Labor Day Festival or at the gate.

If you have any questions, please contact us at (301) 474-6124 for more information.



ELECTRIC VEHICLE FAIR

Saturday, September 16

10 am - 1 pm

Location TBD

Curious about Electric Vehicles? Come see different models owned by your neighbors, ask questions about range, charging, etc.! For more information, contact Luisa Robles at (301) 474-8004.

FAMILY FUN NIGHT AT SHLRC

Sundays, September 17 - December 17

1:30 - 3:30 pm

**Springhill Lake Recreation Center
6101 Cherrywood Lane**

Families are invited to enjoy group games and drop-in gym time every Sunday afternoon this Fall. Complimentary recreation equipment is available on site. Facility ID is required for participation.

Contact Brian Butler at (240) 542-2213 for more information.



AN ARTFUL AFTERNOON EXTRAVAGANZA

Sunday, October 1

Greenbelt Community Center and Roosevelt Center

AT THE COMMUNITY CENTER:

Art Studio Open House and Sale: 1 - 4 pm

Connect with local creatives in a sociable and inspiring atmosphere. Shop for unique fine arts and functional wares, or commission that special piece!

Art Gallery exhibition and workshop with Artemis Herber. See the exhibition listing below for more information.

Ukulele serenade*: 1 - 2 pm.

Led by instructor and Artist in Residence Rachel Ann Cross.

Vertical Visions ceramic sculpture exhibit*: 1 - 4 pm

Presented by Greenbelt Pottery Group and the Greenbelt Recreation ARTS program.

Vertical Visions hands-on mini-sculpture activity*: 1 - 3 pm

All ages. **FREE!** Followed by a reception, 3 - 4 pm.

** On the front lawn, or in the Ground Floor East in case of rain (enter by the flag pole).*

ROOSEVELT CENTER JOINT ARTS OPEN HOUSE:

Visit three of the spaces that make Greenbelt's historic town center a cultural hub: the Greenbelt Arts Center (black box theater and lobby gallery), New Deal Café (live music and art exhibits), and the Old Greenbelt Theatre (cinema and media lab). Times at each venue are TBD.

ART EXHIBITION AND WORKSHOP WITH ARTEMIS HERBER

August 26 - October 9

Greenbelt Community Center Art Gallery

German-born, Maryland-based artist Artemis Herber masterfully manipulates deconstructed cardboard to create compelling sculptures -- both deep reliefs and works in the round. Her compositions evoke landscapes and rock formations, and contemplate humanity's complicated relationship with the land.

Exhibition on view August 26 through October 9.

Gallery hours: Monday - Friday, 9 am - 9 pm;
Saturday, 9 am - 6 pm; Sunday, 9 am - 7 pm.

Limited hours during Labor Day Weekend.

Artist: **Artemis Herber**

SCULPT & SOAK WORKSHOP

Upcycle cardboard shipping boxes and packing materials into colorful, abstract wall sculptures in a workshop with Artemis Herber. BYO flattened boxes; limited supply also available on site. Open to ages 14 to adult. Greenbelt Community Center, Ground Floor East. Sunday, October 1.

Schedule:

11:30 am - 1 pm: soak, deconstruct, and reconstruct your cardboard.

1 - 2:30 pm: lunch break, and time to visit the Art Studio Open House, ukulele serenade and Vertical Visions ceramic art exhibit at the Community Center while your sculpture partially dries.

2:30 - 3:30 pm: paint your sculpture.

M - F, October 2 - 6: pick up your finished artwork.

Register in advance for this Friends and Family Workshop: **Activity # 433204. R: \$5; NR: \$10.**



FALL FEST

Saturday, October 14
Schrom Hills Park

2 - 5 pm

Make plans now to stroll over to Schrom Hills Park and join us for fun fall activities! Plans are still developing and more information will be available as the event nears.

Visit www.greenbeltmd.gov/recreation.



HUG WALK (HELP UNITE GREENBELT WITH A LITTLE KINDNESS)

Sunday, October 15

1:25 - 5 pm

The HUG WALK will be the City of Greenbelt's community-wide event supporting the state of Maryland's focus on health initiative of WALKTOBER spotlighting Maryland pedestrians' safety, health, and commuting options in current walk programs and Initiatives.



Contact Robert Goldberg-Strassler with any questions or for more information by phone (301) 345-8755 or via email spreadruak@gmail.com.



Annual Pumpkin Festival: Pumpkin Carving & Walks

Thanks to dedicated volunteers, Greenbelt has a long tradition of pumpkin carving, followed by a walk to enjoy a brisk fall day and the creative pumpkin trail created by the talented carvers. This year the event will expand to three locations. Plans are still developing and more information will be available in early October.

Contact information:

Facebook page: <https://www.facebook.com/GreenbeltPumpkinFestival/>

Email: greenbeltpumpkinfestival@gmail.com

PUMPKIN CARVING

This popular community event is a family favorite! Come on out and decorate a pumpkin to be used on the Pumpkin Walk.

During Fall Fest on Saturday, October 14, 2:30 - 4:30 pm, FREE

Schrom Hills Park, 6915 Hanover Parkway

Friday, October 20, 4 pm, FREE

Roosevelt Center, Centerway

Friday, October 27, 3:30 pm, FREE

Springhill Lake Recreation Center, 6101 Cherrywood Lane

PUMPKIN WALKS

A Greenbelt tradition! Come out and enjoy the beautiful decorated pumpkins on our Greenbelt trails.

Saturday, October 14, 6 - 9 pm, FREE

Schrom Hills Park, 6915 Hanover Parkway

Saturday, October 21, 6 - 9 pm, FREE

Northway Fields-End of Northway Rd.



The Wild Rumpus

A HALLOWEEN CELEBRATION FOR CHILDREN AND KIDS AT HEART!

Friday, October 27, 4:30 pm

Roosevelt Center

Wear your Halloween or cosplay costume* or other fancy dress, and join the dance party! Enjoy community performances on the plaza including the Greenbelt S.I.T.Y. Stars (double dutch) followed by trick or treating with the Roosevelt Center merchants and a screening of *Toy Story of Terror* at the Old Greenbelt Theatre. FREE. No pre-registration required.

All ages welcome!

Visit www.greenbeltmd.gov/recreation in September for more information.

**No gore or violent imagery, please; thank you for helping to create a peaceful, playful, and welcoming atmosphere for all participants.*

PRE-RUMPUS WORKSHOPS

SUNDAY, SEPTEMBER 17. FREE. AGES 12-ADULT, PLUS AGES 8-11 IF ACCOMPANIED BY AN ADULT. [REGISTER IN ADVANCE.](#)

10 am: Wild Things giant puppet build. Make a puppet head/mask that you can keep after the event. Combine it with a costume and support structure that we will provide, and come dance at the Rumpus!

SUNDAY, OCTOBER 22. FREE. AGES 5-ADULT. [PLEASE REGISTER IN ADVANCE.](#)

2 - 2:30 pm and 2:45 - 3:15 pm: Make a musical shaker to bring to the Rumpus. Led by Artist in Residence Rachel Ann Cross. The same activity will be offered during both timeslots.

2 - 2:30 pm and 2:45 - 3:15 pm: Learn a "flash mob" style dance routine to perform at the Rumpus. Hosted by the Greenbelt Dance Studio, a program of Greenbelt Recreation. Those who made shakers can use them in the dance! The same activity will be offered during both timeslots.

These activities will take place in the Greenbelt Community Center's Ground Floor East space; enter by the flag pole.

Adult volunteers: support the Wild Rumpus before and at the event! [Sign up here \(https://www.signupgenius.com/go/409084BABAB2BA4FF2-wild3\)](https://www.signupgenius.com/go/409084BABAB2BA4FF2-wild3).



EMANCIPATION DAY PROGRAM

Saturday, November 4 **2 pm**
Old Greenbelt Theatre, 129 Centerway

The Greenbelt Black History and Culture Committee is hosting a program to commemorate Maryland Emancipation Day featuring a showing of the film *Descendants*, about the last Africans who were brought on the last slave ship from Dahomey to Alabama. Following the film, please join us for a Panel Discussion of local slave descendants.

Contact blackhistoryandculturegb@gmail.com for more information.

ARTFUL AFTERNOON WORKSHOP

Sunday, November 5 **1 - 3 pm**
Greenbelt Community Center, Ground Floor East

Use found leaves and woodblock printmaking ink to make beautiful prints with Artist in Residence Rachel Cross. [Sign up online](https://www.signupgenius.com/go/409084BABAB2BA4FF2-november5) (<https://www.signupgenius.com/go/409084BABAB2BA4FF2-november5>). Walk-ins also welcome as space allows.



GOBBLE WOBBLE

Thursday, November 23 **9 am**
Greenbelt Youth Center

Spend Thanksgiving morning with Greenbelt Recreation as we host the 18th annual Gobble Wobble. The Gobble Wobble is roughly a 5K race (2 laps) and a 1.5-mile fun run/walk (1 lap) around Buddy Attick Park lake path. All registrants will receive a Gobble Wobble shirt.

\$20/individual, \$70/family 4-pack (before 11/23)

\$25/individual, \$90/family 4-pack (on 11/23)



SPARKLE MART

Greenbelt's Juried Art and Craft Fair Greenbelt Community Center

Saturday, December 2, 10 am - 5 pm

Sunday, December 3, 10 am - 4 pm

Find unique gifts for all occasions, including pottery, wood crafts, textiles, books and cards, jewelry, Greenbelt Museum items and more. Applications accepted through September 15.

Guidelines and application forms are available at www.greenbeltmd.gov/arts.

Sparkle Mart is one of several festive programs happening in the month of December as part of Greenbelt's Winter Lights Festival. Please check the Virtual Recreation Center on the City website, Greenbelt Recreation's Facebook page, and the Greenbelt News Review in late November for information about additional activities.



Above: Bracelets by past participant **Lincoln Street Design**.

ART SHARES

Greenbelt Community Center, Ground Floor East

Friday, September 22, 7 - 8 pm

Sunday, October 22, 2 - 3 pm

Friday, November 17, 7 - 8 pm

Sunday, December 17, 2 - 3 pm

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. FREE!



PARENTS NIGHT OUT

AGES 4-12

Fridays, 5 - 8:30 pm

Greenbelt Community Center, Ground Floor East

433222-1: September 22

433222-2: October 20

433222-3: November 10

433222-4: December 15

Per child, per date: R: \$20, NR: \$25

An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Drop off and pick-up anytime you wish during the session. Dinner will be served at 6:15 pm.

All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

Preschool Programs

Preschool Contact

Contact: LaToya Fisher
(240) 542-2191 lfisher@greenbeltmd.gov

Health & Fitness

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

GREENBELT LITTLES PRESCHOOL PROGRAM AGES 3-5

Formerly known as Mom's Morning Out, we will offer a traditional preschool program that provides activities that encourage social development, offer beginning reading, math and science curriculum, develop fine and gross motor skills, and encourage lots of fun with peers. Children must be fully potty trained before attending the program. Please call 301-397-2200 to receive an email or phone call from our Preschool Director for more details. *Student registration packet due before the first day of class.

427503-1: Ages 3-5
Tu/Th 9 am - 12:30 pm / YC
26 mtgs: 9/12 - 12/14 (No class 11/21, 11/23)
R: \$524, NR: \$615

427503-2: Ages 4-5 M/W/F 9 am - 1:30 pm / YC
38 mtgs: 9/11 - 12/15
(No class 11/10, 11/20, 11/22, 11/24)
R: \$984, NR: \$1155



SHORTY SPORTS

AGES 3-4

If you are looking to get your young child oriented with team sports and the concept of sportsmanship, then this is the program for you. This class will cover a variety of sports, including soccer, t-ball and basketball, with an emphasis on sportsmanship and learning the game.

422500-1: Sa 9 - 9:45 am / YC
8 mtgs: 9/23 - 11/11
R: \$35, NR: \$40



Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltnmd.gov

PRESCHOOL ART EXPLORATION AGES 1-5

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. This class will meet outside whenever weather permits. Different tools and materials will be introduced, encouraging visual and tactile discovery. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: sections 1 and 2 are for children; section 3 is for caregivers.

423201-1: Children Ages 1-5

W 9:30 - 10:30 am / CC-113

10 mtgs: 9/13 - 11/15

R: \$50, NR: \$60

423201-3: Caregivers ages 16+

(No charge, but registration required)

423201-2: Children Ages 1-5

Th 9:30 - 10:30 am / CC-113

10 mtgs: 9/14 - 11/16

423201-3: Caregivers ages 16+

(No charge, but registration required)

R: \$50, NR: \$60

Instructor: TBD

PARENTS NIGHT OUT

An evening of fun for kids ages 4-12, while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Monthly series.

See [page 11](#) for more information.

FRIENDS & FAMILY WORKSHOPS

Artmaking fun for all ages. Come as a group or on your own. See [page 17](#) for more information.

Performing Arts

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltnmd.gov lpellittiere@greenbeltnmd.gov

Minimum age for all classes must be met by first meeting.

DANCE TOGETHER AGES 1-3

Dance Together is a movement class for young children accompanied by a participating adult. This fun, upbeat exploration of movement, music and storytelling is intended to help families and their young children incorporate dance, movement games and rhythm play into their daily life. The registered student(s) must be able to walk independently. Younger, non-walking siblings may accompany the participating adult. Students and the participating adult should arrive wearing comfortable clothing they can move in and plan to dance with bare feet. No jeans or costumes, please.

424203-1: W 10:30 - 11:15 am / CC-12

9 mtgs: 9/20 - 11/15

R: \$72, NR: \$80

Instructor: Lisa Pellittiere

424203-SA: Sa 9:15-10 am / CC-10

9 mtgs: 9/23 - 11/18

R: \$72, NR: \$80

Instructor: Gabriela D'Andrea

STORYBOOK DANCE THEATER AGES 3-6

Through music and movement, students will develop their coordination, confidence and rhythmic skills while creating original dances inspired by our session theme, *Aesop's Fables*. Students should wear clothes that are easy to move in and bare feet; no jeans or costumes, please. Hair should be secured off of face and neck. In-studio parent observation day on the last day of class!

424204-1: Ages 3-5

M 4:30 - 5:15 pm / CC-10

11 mtgs: 9/11 - 12/4 *(No class 9/25, 10/9)*

R: \$88, NR: \$96

Instructor: Angella Foster

424204-SA: Ages 4-6

Sa 10:15 - 11 am / CC-10

9 mtgs: 9/23 - 11/18

R: \$72, NR: \$80

Instructor: Gabriela D'Andrea

Elementary & Middle School

Health & Fitness

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

TKA KARATE - YOUTH

AGES 5-12

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

432500-1: M 6:30 - 7:30 pm / YC-GYM
9 mtgs: 9/11 - 11/20 (No class 9/25, 10/9)
R: \$54, NR: \$61

YOUTH ARCHERY

AGES 6-13

Shoot for it! PREVIOUS EXPERIENCE NOT REQUIRED. Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position with re-curve bows. All equipment will be provided. Sessions will be led by a certified National Field Archery Association instructor.

437503-1: Ages 6-7
Sa 10:30 - 11:15 am / BF-2

437503-2: Ages 8-10
Sa 11:30 am - 12:15 pm / BF-2

437503-3: Ages 11-13
Sa 12:30 - 1:15 pm / BF-2

Saturdays-6 mtgs: 9/16 - 10/21
R: \$42, NR: \$48

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

CHILDREN'S CERAMIC HANDBUILDING AGES 6-15

Celebrate art traditions of many cultures during this session in the Hand Building Ceramic Studio with clay of course! Make both pottery you can use and fun sculptures in this class. Learn and improve your hand building and glazing skills. *All materials provided.*

433208-1: W 4:15 - 5:45 pm / CC-304
10 mtgs: 9/13 - 11/15

433208-2: Th 1 - 2:30 pm / CC-304
10 mtgs: 9/14 - 11/16

433208-3: Th 4:15 - 5:45 pm / CC-304
10 mtgs: 9/14 - 11/16

R: \$130, NR: \$140

Instructor: Judy Goldberg-Strassler



INTRODUCTION TO MAKING COMICS AGES 8-15

Learn to tell stories in drawings with this class that will build your creative ideas into comics. We will practice brainstorming, drawing characters in action, framing scenes, and combining words and images. Most class time will be spent drawing. Through the weeks we will develop our work from single frame drawings, to short strips, to full pages. Participants will be encouraged to keep an idea notebook. All drawing levels are welcome.

433200-1: M 4:30 - 6 pm / CC-113

4 mtgs: 10/16 - 11/6

R: \$75, NR: \$85

Instructor: Becky Squire

ARTISTIC NATURE DETECTIVES AGES 8-11

This class will rotate between outdoor nature walks and studio work. Students will learn how to keenly observe their surroundings and translate their observations into detailed illustrations using various techniques.

433214-1: Sa 1 - 3 pm / CC-113

4 mtgs: 9/30 - 10/28 (No class 10/14)

R: \$90, NR: \$100

Instructor: Amanda Swift

DIGITAL ANIMATION AGES 11+

Learn basic skills to create your own original character and background on the Mac. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

447601-1: Tu 5 - 7 pm / CC-204 (GATe Studio)

10 mtgs: 9/12 - 11/14

R: \$105, NR: \$115

Instructor: George Kochell/Mr. Geo

CLAYMATION ADVENTURES FOR MIDDLE SCHOOLERS AGES 11-14

Get ready to dive into the exciting world of claymation with this fun class designed for middle schoolers. Learn about animation by crafting one-of-a-kind clay characters, constructing imaginative sets, and mastering camera tricks. In the later part of the class, you'll learn how to edit your movie, add music, and finish your very own short claymation film. Greenbelt Access Television (GATe) will provide all necessary equipment and materials, and this class includes a GATe membership for the Fall session.

Visit www.greenbeltaccessstv.org to discover all the perks of GATe membership.

447602-1: Sa 2 - 4:30 pm / CC-204 (GATe Studio)

10 mtgs: 9/16 - 11/18

R: \$165, NR: \$175

Instructor: Ali Everitt

BEGINNING SEWING AGES 10-15

Learn basic sewing skills including sewing terminology, tools and how to use a sewing machine. Students start building skills by sewing emoji cloth napkins, the class will also learn to use a pattern and create a game. All materials provided.

443202-1: Th 4:30 - 6 pm / CC-116

5 mtgs: 9/28 - 10/26

R: \$110, NR: \$120

Instructor: Vanessa Zanin



MORE CHILDRENS ART OPPORTUNITIES

See **Parent's Night Out** and **Art Shares** on [page 11](#) for more childrens art opportunities.

Looking for the perfect jack-o-lantern or Halloween costume? Enjoy the ghoulish Halloween art event offerings designed to get the most out of the entire family this October on pages [8](#) & [9](#).

See you at the **WILD RUMPUS!**

FELTING WORKSHOP: GARDEN GNOME AGES 10+

This class is designed to help felting Friends & Family Workshop participants hone and improve their needle felting skills. Beginners also welcome. Students will make a gnome. Students with more experience may have time to add flowers, toadstools and other decorations to their creations. Children younger than 10 may request permission to register with an accompanying adult.

443205-1: Su 11 am - 1 pm / CC-116
2 mtgs: 11/12 - 11/19
R: \$40, NR: \$50

Instructor: Vanessa Zanin



YOUTH WHEEL

AGES 10-15

Discover the creative possibilities of the potter's wheel! Learn and improve your technical skills while creating functional and decorative pottery. Also learn a variety of fun surface decoration techniques to give your pots personality.

443251-1: Tu 4:15 - 6 pm / CC-305
10 mtgs: 9/12 - 11/28 (No class 10/31, 11/21)
R: \$150, NR: \$160

Instructors: Gina Mai Denn

443251-2: W 4:15 - 6 pm / CC-305
10 mtgs: 9/13 - 11/15
R: \$150, NR: \$160

Instructors: Gina Mai Denn

443251-3: Th 10 am - 12 pm / CC-305
10 mtgs: 9/14 - 11/16
R: \$150, NR: \$160

Instructors: Judy Goldberg-Strassler



Family & Friends Art Workshops

NEEDLE FELTING

ALL AGES

Have creative fun making a garland out of wool and felt and yarn. Adults and teens 12+ will learn how to needle felt 2-dimensional shapes in Fall Garland and decorated spheres in Holiday Orbs. Children under 12 will cut and glue felt shapes and learn to make pom poms. Felting takes time so this works best as a group activity. All ages welcome. No experience necessary.

FALL GARLAND

433206-1: F 5:30 - 7 pm / CC-GFE

1 mtg: 10/6

R: \$5, NR: \$10*

HOLIDAY ORBS

433206-2: F 5:30 - 7 pm / CC-GFE

1 mtg: 12/15

R: \$5, NR: \$10*

Instructor: Vanessa Zanin

SOAK AND SCULPT

TEEN/ADULTS

Upcycle cardboard shipping boxes and packing materials into colorful, abstract wall sculptures in a workshop with Artemis Herber, featured this fall in the Art Gallery. BYO flattened boxes; limited supply also available on site. No experience necessary.

Schedule:

11:30 am - 1 pm: Soak, deconstruct, and reconstruct your cardboard

1 - 2:30 pm: Lunch break and time to visit the Art Studio Open House, ukelele serenade, and Vertical Visions ceramic art exhibit at the Community Center while your sculpture partially dries

2:30 - 3:30 pm: Paint your sculpture

M-F, October 2-6: Pick up your finished artwork.

433204-1: Su 11am - 3:30 pm / GFE

1 mtg: 10/1

R: \$5, NR: \$10*

Instructor: Artemis Herber

BEADING

ALL AGES

Learn and practice some basic techniques of bead stringing to make beautiful necklaces, bracelets and earrings. This workshop is for anyone who loves to make jewelry and wants to learn the correct way to arrange beads on a beading board, string beads on thread, crimp wire to secure it to the clasp, and how to use different types of beads and other jewelry findings. In addition, participants will learn about options of stringing materials and buying tools. Participants will use these concepts to begin to think about, plan and experiment with ideas for making their own jewelry and gifts for family members and friends.

Prior to class, the instructor will provide recommendations for where to source beads. If you are bringing handmade beads, please send a photo to a alarsen@greenbeltmd.gov prior to class. *All other materials will be provided.*

Register for section 1 if you are interested in receiving 18 gauge string, your choice of clasps and findings and access to a crimp, cutter and round nose pliers. Register for section 2 if you are interested in receiving pony beads and plastic lacing (recommended for children 6 and under).

433209-1: 18 Gauge String, Crimp, Cutter, Round Nose Pliers
R: \$20, NR: \$25*

433209-2: 2-Pony Beads, Plastic Lacing
R: \$5, NR: \$10*

F: 6:30 - 7:30 pm / CC-GFE

1 mtg: 11/3

Instructor: Marilyn Irving

*** Friends and Family Workshops** are funded by Maryland State Arts Council. Participants are invited to contribute a small amount to help offset material costs.

Special Interest

DROP-IN MAKERS & ARTISTS

AGES 4-15

This is an unstructured open art studio for kids and their adults. Participants are invited to use general art supplies for independent art-making (crayons, markers, paper, play dough) or do a daily focused art activity provided by arts staff. Students ages 4-7 must have an adult stay with them and actively participate. Students ages 8-12 may bring an adult or attend on their own. Participants may arrive or depart at any time during the scheduled studio time and do not need to attend every day.

Students registered for other Greenbelt Recreation Arts classes are invited to attend without registering.

433207-1: Tu/W/Th 3:30 - 6 pm / CC-113

13 weeks: 9/12 - 12/7

(No class 10/31, 11/22, 11/23)

R: \$50, NR: \$60

Instructors: Varied



PARENTS NIGHT OUT

AGES 4-12

Participants will enjoy art activities and a pizza dinner. Drop off and pick-up anytime you wish during the three-hour session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

433222-1: F 5 - 8:30 pm / CC-GFE

1 mtg: 9/22

433222-2: F 5 - 8:30 pm / CC-GFE

1 mtg: 10/20

433222-3: F 5 - 8:30 pm / CC-GFE

1 mtg: 11/10

433222-4: F 5 - 8:30 pm / CC-GFE

1 mtg: 12/15

R: \$20, NR: \$25

ARTWARD BOUND: WORKSHOPS FOR SCOUTS AND OTHER YOUTH

Workshops in drawing, painting, pottery, collage, music, dance and more, satisfy the requirements for the girl scout arts badges. Boy scouts, campfire kids and other groups are also welcome.

Email agardner@greenbeltmd.gov for more information or to schedule a workshop for your group. Most workshops are offered either in person or on Zoom.

Dance

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltnmd.gov lpellittiere@greenbeltnmd.gov
Minimum age requirement must be met by first class.

PRE-TAP / JAZZ

AGES 5-7

In a positive but structured environment, students will learn rhythmic foundations of tap and jazz dance as well as short, upbeat choreographed dances incorporating both forms. In-person parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club.

Students should wear athletic pants with a snug fitting top. Hair should be secured off the face. Tap shoes are required for this class. Black oxford style taps are recommended; other lace-up, buckle or velcro taps are acceptable. Tap shoes or sneakers may be worn for the jazz portion; jazz shoes are not required. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

434204-1: Tu 4:30 - 5:15 pm / CC-106
12 mtgs: 9/5 - 12/5 (No class 10/31, 11/21)
R: \$96, NR: \$104

Instructor: Lisa Pellittiere



PRE-BALLET

AGES 5-7

In this class, young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet. In a joyful but structured environment, students will learn the elementary positions of ballet and short choreographed dances inspired by famous ballets. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club.

Uniform: Hair secured off the face and neck. Pink or black leotard with leggings or footless tights with pink or flesh tone ballet slippers or bare feet; OR black leggings or with snug fitting t-shirt with black ballet slippers or bare feet.

434205-1: W 4:30 - 5:15 pm / CC-10
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$96, NR: \$104

Instructor: Lisa Pellittiere

BALLET THEATER

AGES 6-9

In a joyful, yet structured, environment young dancers will learn and perform a short story ballet inspired by one of the famous ballets. Emphasis will be on introducing the proper posture, flexibility, and discipline needed to begin a more formal study of classical ballet. No previous dance experience required. In-studio parent observation day on the last day of class.

Uniform: Hair secured off of face and neck. Pink or black leotard and flesh tone or pink tights or leggings with bare feet or ballet shoes; OR plain white or black t-shirt and black knit shorts or leggings with bare feet or ballet shoes. Footless tights or leggings are necessary if dancing bare foot without ballet shoes. Sheer pink skirts are permitted but not required.

434200-1: Sa 11 - 11:45 am / CC-10
9 mtgs: 9/23 - 11/18
R: \$72, NR: \$80

Instructor: Gabriela D'Andrea

MUSICAL THEATER TAP I/II**AGES 6-9**

In a joyful, yet structured, environment students will develop fundamental rhythms and coordination needed to execute classic tap steps and improvisation. Inspired by film and theater, dancers will learn a variety of choreographed routines to a range of age appropriate music in various styles. In-person parent observation day on the last day of class. For more performance opportunities, see Dance Performance Club.

Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended; no character heels, please. Hair must be secured off face and neck. *Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.*

434207-1: W 4:45 - 5:30 pm / CC-106
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$96, NR: \$104

Instructor: Viola Pitts



BALLET I**AGES 6-9**

In a joyful, yet structured, environment young dancers learn the basic postures and body positions of classical ballet. Emphasis is on developing each student's flexibility, strength and musicality. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club.

Uniform: Long hair secured off the face. Pink or flesh tone ballet shoes, pinks or flesh tone tights, black leotard; **OR** black ballet shoes, black leggings, snug white t-shirt.

434202-1: Th 4:30 - 5:30 pm / CC-10
12 mtgs: 9/7 - 11/30 (No class 11/23)
R: \$120, NR: \$130

Instructor: Kelly McLaughlin

BALLET II**AGES 7-11**

A continuation of Ballet I. Students must have completed at least one full year of ballet training or have permission of instructor to register. Emphasis will be on developing each dancer's understanding and mastery of classical ballet basics. Dancers will also learn choreography and hone their performance skills. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club.

Uniform: black leotard with pink or flesh tone tights and pink or flesh tone ballet slippers; **OR** black ballet shoes, black leggings, snug white or black t-shirt. Hair must be secured off face and neck.

434211-1: M 5:15 - 6:15 pm / CC-10
11 mtgs: 9/11 - 12/4 (No class 9/25, 10/9)
R: \$110, NR: \$120

Instructor: Angella Foster

MUSICAL THEATER JAZZ**AGES 8-12**

A fun, upbeat exploration of musical theater jazz styles. Set to a combination of age appropriate music from Broadway shows, movie musicals and popular music from past to present, dancers will practice a variety of choreographed dance routines inspired by musical theater with an emphasis on musicality and performance energy. In-studio parent observation day on the last day of class. For more performance opportunities, see Dance Performance Club.

Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Jazz shoes are recommended; bare feet or ballet slippers also permitted. Hair must be secured off face and neck.

434206-1: W 5:30 - 6:30 pm / CC-10
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$120, NR: \$130

Instructor: Lisa Pellittiere

MUSICAL THEATER TAP III/IV**AGES 10-15**

Must have completed at least two full years of tap study or receive permission of instructor to enroll. This class is designed to increase speed and complexity of rhythms and coordination needed to execute classic tap steps and improvisation. In-person observation day on the last day of class. For more performance opportunities, see Dance Performance Club.

Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended; no character heels, please. Hair must be secured off face and neck. *Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.*

434210-1: T 5:15 - 6:15 pm / CC-106
12 mtgs: 9/5 - 12/5 (No class 10/31, 11/21)
R: \$120, NR: \$130

Instructor: Lisa Pellittiere

CLASSICAL CHINESE DANCE**AGES 8-12**

A fun, structured introduction to Classical Chinese Dance. Emphasis will be on introducing fundamental positions and coordination while learning dances from multiple Classical Chinese Dance styles. Students will also be exposed to general knowledge, history, and culture of Classical Chinese Dance. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club.

Uniform: snug fitting shirt with athletic pants and ballet shoes. Hair must be secured off face and neck.

434201-1: W 6:30 - 7:30 pm / CC-10
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$120, NR: \$130

Instructor: Rose Qi

BALLET III/IV**AGES 10-15**

A continuation of Ballet II/III. Students must have completed at least two full years of ballet training or have permission of instructor to enroll. Emphasis is on developing each dancer's understanding and mastery of the vocabulary and performance quality of classical ballet. In-studio performance on last day of class! For more performance opportunities, see Dance Performance Club.

Uniform: Hair secured off of face and neck. Flesh tone or pink ballet shoes, flesh tone or pink tights, black leotard; **OR** black ballet shoes, black leggings and snug white or black t-shirt.

434203-1: Th 5:30 - 6:30 pm / CC-10
12 mtgs: 9/7 - 11/30 (No class 11/23)
R: \$120, NR: \$130

Instructor: Kelly McLaughlin

MUSICAL THEATER TAP V/VI**AGES 12-18**

Must have completed at least three full years of tap study or receive permission of instructor to enroll. The emphasis of this class is to hone classic tap technique through learning choreography. Additional emphasis will be on structured improvisation in a group setting. In-person observation day on the last day of class. For more performance opportunities, see Dance Performance Club.

Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended; no character heels, please. Hair must be secured off face and neck. *Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.*

444205-1: W 5:30 - 6:30 pm / CC-106
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$120, NR: \$130

Instructor: Viola Pitts

BALLET V/VI**AGES 12-18**

A continuation of Ballet IV/V. Students must have completed at least three full years of ballet training or have permission of instructor to enroll. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advanced jumping and turning skills. Students will learn short variations to work on their performance quality and acting skills. Additional emphasis is on developing strength and the safe application of ballet technique to beginning pointe work. In-studio observation day on the last day of class. For more performance opportunities, see Dance Performance Club.

Uniform: black leotard with pink or flesh tone tights and pink or flesh tone ballet slippers; **OR** black ballet shoes, black leggings, snug white or black t-shirt. Hair must be secured off face and neck.

444211-1: M/Th 6:45 - 8 pm / CC-10
23 mtgs: 9/7 - 12/4 (No class 9/25, 10/9, 11/23)
R: \$276, NR: \$288

Instructors: Angella Foster, Kelly McLaughlin



POINTE**AGES 12-18**

A continuation of Ballet V/VI. Students must have permission of the instructor to register and be concurrently enrolled in Ballet V/VI. Emphasis is on developing strength and the safe application of ballet technique to continuing pointe work. In-studio parent observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: pink or flesh tone ballet shoes, pink or flesh tone tights, black leotard; **OR** black ballet shoes, black leggings, snug white t-shirt. Hair secured off of face and neck.

444299-1: M/Th 8 - 8:45 pm / CC-10
23 mtgs: 9/7 - 12/4 (No class 9/25, 10/9, 11/23)
R: \$184, NR: \$192

Instructors: Angella Foster, Kelly McLaughlin

Dance Performance Club



Dance Performance Club is perfect for young and maturing dancers ready to step into the spotlight. In this class, dancers will prepare to perform in our production of *The New Deal Nut: A Greenbelt Nutcracker*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, ballroom and tap in an imaginative retelling of the Nutcracker story.

Uniform: Uniform will serve as the foundation for added costume pieces provided by the dance program; more details provided after enrollment. Girls - Black leotard (sleeveless; no attached skirts) and pink or flesh tone convertible tights; Boys - Black or white dance t-shirt and black leggings. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers).

PREREQUISITE: To participate, students must also be concurrently enrolled in a weekly technique class in our program and **MUST** be available for required dates and times below. Prior permission from instructor is needed if student is not able to meet these requirements. Attendance policies for routine rehearsals and special rehearsals / fittings will be communicated after enrollment.

REQUIRED DATES:

Dress Rehearsals:

Friday, 12/1, 4:30 - 7:30 pm
Friday, 12/8, 4:30 - 7:30 pm

Performances:

Saturday, 12/9, 10:30 am - 4 pm
Sunday, 12/10, 10 am - 4 pm

SPECIAL REHEARSALS / FITTINGS are subject to the same attendance policies as routine Friday rehearsals:

Saturday, 9/9, 10:30 am - 1:30 pm

Ages 8-Teen (*all dancers called to rehearsal*)

Friday, 9/15, 4:30 - 7:30 pm

Ages 5-7 and 8-Teen (*initial costume fittings by appointment*)

Friday, 11/10, 4:30 - 7:30 pm

Ages 5-7 - (*4:30-5:45 final costume fittings*)

Ages 8-Teen - (*5:30-7:30 final costume fittings by appointment*)

Thursday, 12/7, 4:30 - 7:30 pm

Ages 8-Teen (*in-studio dress rehearsal*)

434208-4: F 4:30 - 5:45 pm / CC-10

10 mtgs: 9/8 - 12/8

(*No class 9/15, 10/27, 11/10, 11/24*)

Ages 5-7 R: \$125, NR: \$135

434208-1: F 4:30 - 7:30 pm / CC-10

11 mtgs: 9/8 - 12/8

(*No class 9/15, 11/10, 11/24*)

Ages 8- Teen R: \$165, NR: \$175

Instructors: Angella Foster, Lisa Pellittiere, and studio staff

Musical Theater

Contact: Chris Cherry
(240) 542-2055 ccherry@greenbeltmd.gov

GET READY FOR YOUTH MUSICAL! GRADES 7-12

This new three-session musical theater skills workshop is a must if you are planning to participate in the upcoming *Winter Youth Musical* -- or if you simply want to explore the possibility. In a fun and supportive setting, aspiring teen performers will learn how to project like a pro, move with confidence, analyze a song, and use strategic emphasis to convey meaning and command the attention of an audience. Your participation will help the instructors choose the 2024 Youth Musical and prepare you for the casting rehearsal, which is scheduled for December 9.

NEW REQUIREMENT: This workshop (or permission of the director) is a prerequisite for registering for the Youth Musical.

444260-1: Sa 4 - 6 pm / CC-106
3 mtgs: 10/21 - 11/4
R: \$24, NR: \$27

Instructors: Chris Cherry, Lisa Pellittiere



Teen & Adult Programs

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

BEGINNING SEWING

AGES 14+

Learn basic sewing skills including sewing terminology and how to use a sewing machine. Students will sew a placemat, and learn to use a pattern to make an apron. All materials provided. If students wish to use their own fabric they may bring it in for instructor approval. *This class includes Visual Arts Open Studio.*

453202-1: W 6:30 - 8:30 pm / CC-116
5 mtgs: 11/1 - 12/6 (No class 11/22)
R: \$120, NR: \$130

Instructor: Vanessa Zanin

RUG-HOOKING WORKSHOP

AGES 16+

Rug-hooking is both an art and a craft where rugs are made by pulling loops of yarn or fabric through a stiff woven base such as burlap or linen. In this workshop, students will create a hooked piece of art using yarn. When finished, the student will have a picture or design suitable for turning into a pillow, or to hang on the wall as a work of art.

453204-1: Sa 10 am - 2 pm / CC-116
2 mtgs: 9/16 - 9/23
R: \$95, NR: \$105

Instructor: Judith Kornett

BOOKMAKING

AGES 16+

Learn how to cut book board and paper, fold signatures, glue book cloth onto a book board, sew the text block, and join all the elements into an archival book. New participants will learn to make a flat back book. Students who have previously taken Bookmaking may choose a different binding. Fees will cover book board, paper, linen thread and book cloth for one book. Bring in decorative paper and other elements to personalize your book. *This class includes Visual Arts Open Studio.*

453224-1: Th 5:30 - 8:30 pm / CC-113
4 mtgs: 10/12 - 10/19 and 12/7 - 12/14
R: \$95, NR: \$105

Instructor: Amanda Larsen



Handbound Book by **Dinah Cohen**

INTRO TO DIGITAL PAINTING**AGES 14+**

Learn how to use digital art programs to create finished artwork. Digital art can be a fun and sustainable skill to develop, as it does not require a large workspace and startup costs are limited to one-time program fees, many of which you can get for free and are compatible with devices people already own. This beginner course will cover program setup and interface, the use of layers, common painting techniques, planning a painting, and using digital effects effectively.

Students will provide a personal tablet, laptop, or smartphone. Students who do not have access to a device, please email alarsen@greenbeltmd.gov prior to registering. A limited number of iPads with the art app Procreate will be available for use during class. There will be time during the first class to go over popular options for digital art programs, and to ensure that everyone can access the program they choose.

This class includes Visual Arts Open Studio.

453214-1: M 6:30 - 8:30 pm / CC-113

4 mtgs: 9/11 - 10/2

R: \$75, NR: \$85

Instructor: Erica Long

FIGURE DRAWING**AGES 16+**

Learn to draw the human figure in a variety of poses. This is not an anatomy class, but will instead focus mainly on observational drawing with the aim of capturing the flow and movement of the figure. We will practice using a variety of drawing techniques to train visual interpretation. This class welcomes all skill levels, no prior knowledge required. You may bring any art materials that you're comfortable working with, and some basic materials will be available for free use during class.

This class includes Visual Arts Open Studio.

453226-1: M 6:30 - 8:30 pm / CC-113

8 mtgs: 10/16 - 12/4

R: \$120, NR: \$130

Instructors: Erica Long

WATERCOLOR PAINTING**AGES 16+**

Explore the joys of watercolor! Discover fun techniques to give a fresh approach to your paintings and cultivate your creativity. This in-person class is tailored to the individual artist, both the fresh beginner and the more advanced student. During class, the instructor will demo different painting techniques to help students take their artistic skills to the next level. Students can bring images they wish to paint or paint an image provided by the instructor.

Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes.

This class includes Visual Arts Open Studio.

453209-1: Th 6:30 - 8:30 pm / CC-113

7 mtgs: 9/21 - 11/16 (No class 10/12, 10/19)

R: \$120, NR: \$130

Instructor: Sally Davies



Watercolor by **Sally Davies**

FUNDAMENTALS OF DRAWING AGES 16+

Learn how to “see” as an artist! This class will focus on developing and expanding one’s observational abilities and skills. Students will learn the basics of line, texture, value, and perspective and explore subjects such as still life, portraits, flowers and plants, landscapes, and animals.

Students will supply their own materials. Basic materials from each lesson will be available for students to try before they purchase their own.

This class includes Visual Arts Open Studio.

453201-1: Tu 6:30 - 8:30 pm / CC-113
9 mtgs: 9/12 - 11/14 (No class 10/31)
R: \$160, NR: \$170

Instructor: Amanda Spaid



Image by **Amanda Spaid**

VISUAL ARTS OPEN STUDIO

Visual Arts Open Studio is included in select teen/adult visual arts classes as noted. It includes independent access to Art Studio 113 and sewing Studio 116 for current students of the Greenbelt Community Center visual art programs when the building is open and the room is not reserved. A room reservation calendar will be provided at www.greenbeltmd.gov/arts. Art supplies not included beyond what is provided through the classes. Participants should be capable of working without instructor assistance and must be aware of and adhere to all studio rules and guidelines. Studio guidelines will be distributed to all participants by email and will be available in print in the studios.

M-F 9 am - 9:30 pm *

Sa 9 am - 6 pm *

Su 9 am - 7 pm *

***When the rooms are not reserved**

Register for a class that includes Visual Arts Open Studio!

EXPLORING WATERCOLOR: PAINTING THROUGH ART HISTORY AGES 16+

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes.

This class includes Visual Arts Open Studio for students who have previously taken an in-person class.

453210-1: W 9:30 - 11:30 am / ZOOM
5 mtgs: 9/20 - 10/18
R: \$95, NR: \$105

Instructor: Racquel Keller

STAINED GLASS WORKSHOP**AGES 16+**

Participants will make a small stained-glass window hanging using the copper foil technique. The goal is to learn to cut, foil, and solder stained glass pieces into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill. Beginners will focus on straight line cuts and work from patterns such as snowflakes, stars and Mondrian squares. If this is your second workshop there will be patterns with curved lines, such as flowers, birds and seasonal designs to construct.

453207-1: Sa 10 am - 2 pm / CC-GFE

1 mtg: 9/23

R: \$85, NR: \$95**Instructor:** Maureen Stone

STAINED GLASS CRAFT & DESIGN**AGES 16+**

Students must complete Stained Glass Workshop, or get permission from the instructor if you have other stained glass experience. Participants will make a stained glass panel from beginning to end. They will refine their skills in scoring, breaking, foiling, and soldering glass into a complete framed panel. New methods are taught frequently and individual direction is always provided. Patterns include organic and abstract designs and usually have 20-30 pieces in each pattern. Patterns are of varying difficulty. Intermediate students are encouraged to bring patterns or designs they want to create including photographs. Learn to convert a photo into a pattern.

There will be an extra fee of \$25 for glass, or you can bring your own. All other materials and tools will be provided for use during class.

453215-1: Th 6 - 8 pm / CC-GFE

6 mtgs: 10/26 - 12/7 (No Class 11/23)

R: \$140, NR: \$150**Instructor:** Maureen Stone

FUSED GLASS JEWELRY**AGES 16+**

Fused glass is the art of melting colored glass into art pieces. Register for both sections to make four pieces of fused glass art, or just one section to make two pieces of fused glass art. Completed pieces will be available for pick up on Monday, September 18.

If your teens or older children are interested in taking the class with you, check with us for permission!

453219-1: Su 11 am - 12:30 pm / CC-GFE

1 mtg: 9/17

453219-2: Su 12:30 - 2 pm / CC-GFE

1 mtg: 9/17

R: \$60, NR: \$70**Instructor:** Christina (Tina) Van Pelt

Fused Glass by **Tina Van Pelt**

FUSED GLASS ORNAMENT

AGES 12+

Fused glass is the art of melting colored glass into art pieces. Participants will make one fused glass ornament or two mini fused glass ornaments, suitable to hang in your window or anywhere that catches light. Completed pieces will be available for pick up on Monday, December 18.

Children younger than 12 may register with a participating adult. Family members and friends who wish to attend this festive workshop but will not be making individual ornaments may register for section 3.

453227-1: Su 11 am - 12:30 pm / CC-GFE
1 mtg: 12/17

453227-2: Su 12:30 - 2 pm / CC-GFE
1 mtg: 12/17

453227-3: For accompanying family members

R: \$60, NR: \$70

Instructor: Christina (Tina) Van Pelt



Fused Glass Ornaments by **Tina Van Pelt**

LEVEL 1 WOODCARVING: KNIFE SKILLS

AGES 16+

This class is an introduction to greenwood spoon-carving designed to provide you with a strong foundation to create all sorts of carved objects, with no previous woodworking experience necessary. You'll learn basic carving techniques using straight (sloyd) and hook knives that will allow you to carve safely. You'll take home at least one serving or cooking spoon of your own and the confidence so you can create more.

Materials and tools for use during the workshop will be provided.

453243-1: Sa 9:30 am - 12 pm / CC-GFE
4 mtgs: 9/9 - 10/7 (No class 9/23)
R: \$120, NR: \$130

Instructors: Don Nalezty, Damien Ossi

OPEN WOODCARVING WITH INSTRUCTOR GUIDANCE

AGES 16+

Bring your greenwood carving projects and carve along with others in a friendly setting. The instructor will demonstrate and provide individualized direction as needed, focused on improving challenging skills or problematic areas of spoon design and execution.

Materials for use during the workshop will be provided. Students should bring and use tools of their own including a sloyd knife, hook knife, and small carving axe. If students have questions about tools they should coordinate with the instructor prior to the first class. Prerequisite: Level 1 or Level 2 Woodcarving, or get permission from the instructor if you have other greenwood carving experience.

453205-1: Sa 9:30 am - 12 pm / CC-GFE
4 mtgs: 10/21 - 11/11
R: \$120, NR: \$130

Instructor: Don Nalezty, Damien Ossi

ART SOCIALS: IN-PERSON & ONLINE

Creative get-togethers for adults! Workshops in drawing, painting, pottery, collage, music, dance and more are facilitated by a Greenbelt Recreation instructor and materials are provided.

Email agardner@greenbeltmd.gov for more information or to schedule a workshop for your group. Most workshops are offered either in person or on zoom.

BEGINNING FILMMAKING

AGES 16+

Learn the basics of putting together a film with the first classes focused on camera usage, filming different types of shots to put together a basic story, and the next classes focused on editing, adding music, and exporting a final project. By the end, each student will have their own unique short film.

All necessary equipment will be provided by Greenbelt Access Television (GATe). This class includes membership to GATe for the fall session.

Go to www.greenbeltaccessstv.org to learn about all that being a member of GATe entails.

457601-1:

Class: M 5 - 7 pm / CC-204 (GATe Studio)

8 mtgs: 9/11 - 10/30

Open Lab: Th 4 - 6 pm / CC-204 (GATe Studio)

R: \$115, NR: \$125

Instructor: Sheila Tilet



CLAYMATION WORKSHOP FOR TEENS & YOUNG ADULTS

AGES 15+

Discover the fascinating world of claymation filmmaking in this hands-on course designed for teens and young adults. Learn how to create captivating stories by mastering camera techniques, designing unique clay characters, and building immersive sets. In the latter part of the course, focus on editing, adding music, and exporting your project to create your own captivating short claymation film.

Greenbelt Access Television (GATe) will provide all necessary equipment and materials. This class includes a GATe membership for the Fall session.

Visit www.greenbeltaccessstv.org to explore all the benefits of GATe membership.

457602-1: Sa 11 am - 1:30 pm / CC-204 (GATe Studio)

10 mtgs: 9/16 - 11/18

R: \$165, NR: \$175

Instructor: Ali Everitt

Special Interest

ART SHARE

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. No registration required. Sign up here to receive updates and reminder emails. Contact alarsen@greenbeltmd.gov.

Friday, 9/22, 7 pm
Sunday, 10/22, 2 pm
Friday, 11/17, 7 pm
Sunday, 12/17, 2 pm



Artwork by **Amanda Spaid**

YARN & DARN

Knitters, crocheters, embroiderers, rughookers, seamsters et al, bring your portable fiber arts to the Community Center to chat and socialize while you work on your individual projects. This is a free social meet-up. Participants must bring their own projects and materials. No registration required.

Wednesdays, 7 - 9 pm, CC-116
Weekly: 9/13-12/13
Contact alarsen@greenbeltmd.gov.

SNACK & SKETCH

Bring a 2-d small-format drawing or painting to work on! All skill levels welcome! Bringing a snack to share is encouraged but not required. *This is a free social meet-up. Participants must bring their own projects and materials. No registration required.*

Wednesdays, 7 - 9 pm, CC-113
Weekly: 9/13-12/13
Contact alarsen@greenbeltmd.gov.



Artwork by **Sharon Sefton**

FRIENDS & FAMILY ART WORKSHOPS

Art-making fun for all ages. Come as a group or on your own. See [page 17](#) for more information.

Ceramics

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

CERAMIC JEWELRY WORKSHOPS AGES 16+

Section 1 will learn how to make beads and section 2 will learn how to make pendants. Clay techniques include shaping, glazing and firing. Clay and glazes are provided for use during class.

This class does not include Ceramics Open Studio.

Clay Beads 453247-1: Sa 10 am - 12 pm / CC-304
2 mtgs: 10/21 - 11/4 (No class 10/28)
R: \$60, NR: \$70

Instructor: Karen Arrington

Clay Pendants 453247-2: Sa 10 am - 12 pm / CC-304
2 mtgs: 11/18 - 12/9 (No class 11/25, 12/2)
R: \$60, NR: \$70

Instructor: Karen Arrington

MAKING CERAMIC ART TILES AGES 16+

Learn various techniques to form, decorate, and glaze tiles. Create stand-alone pieces or several tiles that form a larger design. Learn the secrets to keeping tiles flat and crack free and ways to hang/mount them. Suitable for all levels, especially those with some ceramics experience.

Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

453253-1: W 7 - 9:15 pm / CC-304
12 mtgs: 9/13 - 11/29
R: \$215, NR: \$225, Clay: \$23

453253-2: M 1 - 3:30 pm / CC-304
12 mtgs: 9/11 - 11/27
R: \$215, NR: \$225, Clay: \$23

Instructor: Mary Gawlik

CERAMIC SCULPTURE

AGES 16+

Explore the creation of expressive forms in clay, whether representational or abstract. Emphasis on hand-building techniques. Includes an introduction to methods for building larger and more complex forms. Suitable for participants with prior hand-building experience. Students may purchase clay from the studio, Soldate 60 recommended.

Includes Ceramics Open Studio and use of a shelf or cubby.

453206-1: M 7 - 9:15 pm / CC-304
13 mtgs: 9/11 - 11/20 (No class 10/28)
R: \$200, NR: \$210, Clay: \$23

Instructor: Chris Corson



CERAMIC HAND-BUILDING FUNDAMENTALS AGES 16+

Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome.

Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

453271-1: Tu 12:30 - 3 pm / CC-304
13 mtgs: 9/12 - 12/5
R: \$230, NR: \$240, Clay: \$23

453271-2: Tu 3:45 - 6:15 pm / CC-304
13 mtgs: 9/12 - 12/5
R: \$230, NR: \$240, Clay: \$23

453271-3: Tu 6:30 - 9 pm / CC-304
13 mtgs: 9/12 - 12/5
R: \$230, NR: \$240, Clay: \$23

Instructor: Nadette Boughton

LEVEL 2 CERAMIC HAND-BUILDING AGES 16+

This class is for students who have already taken Ceramic Hand-Building Fundamentals or have experience with hand-building techniques, such as joining and working with slabs. In addition to functional projects, students will learn how to extend their experience to more complex 3-dimensional forms and will expand and enhance hand-building skills by adding sculptural and textural techniques.

Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

453272-1: W 12:30 - 3 pm / CC-304
13 mtgs: 9/13 - 12/6
R: \$230, NR: \$240, Clay: \$23

Instructor: Heidi Olson

LEVEL 1 POTTERY ON THE WHEEL AGES 16+

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. All levels welcome. Students who wish to learn how to throw porcelain should register for section 3.

Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

453281-1: Tu 7 - 9:15 pm / CC-305
11 mtgs: 9/12 - 12/5 (No class 10/31, 11/21)
R: \$200, NR: \$210, Clay: \$23
Instructor: Gina Mai Denn

453281-2: M 12:30 - 3 pm / CC-305
12 mtgs: 9/11 - 12/4 (No class 11/20)
R: \$215, NR: \$225, Clay: \$23
Instructor: Gina Mai Denn

453281-3: W 12:30 - 3 pm / CC-305
12 mtgs: 9/13 - 12/6 (No class 11/22)
R: \$215, NR: \$225, Clay: \$23

Instructor: Judy Goldberg-Strassler



LEVEL 2 POTTERY ON THE WHEEL AGES 16+

Recommended for students who can center small pieces consistently, make basic pots, and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

453282-1: M 7 - 9:15 pm / CC-305

13 mtgs: 9/11 - 12/4

R: \$230, NR: \$240, Clay: \$23

Instructor: Peter Holden

453282-2: F 6 - 8:30 pm / CC-305

11 mtgs: 9/15 - 12/8 (No class 11/10, 11/24)

R: \$200, NR: \$210, Clay: \$23

Instructor: Karen Arrington

LEVEL 3 POTTERY ON THE WHEEL AGES 16+

Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

453283-1: W 7 - 9:15 pm / CC-305

12 mtgs: 9/13 - 12/6 (No class 11/22)

R: \$215, NR: \$225, Clay: \$23

Instructor: Gina Mai Denn

LEVEL 4 POTTERY ON THE WHEEL AGES 16+

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. *Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.*

453284-1: Th 7 - 9:15 pm / CC-305

12 mtgs: 9/14 - 12/7 (No class 11/23)

R: \$215, NR: \$225, Clay: \$23

Instructor: Karen Arrington

CERAMICS OPEN STUDIO AGES 16+

Ceramics Open Studio is included in select teen/adult classes as noted (no separate registration required). Ceramics patrons who have completed at least two ceramics classes with Greenbelt Recreation (8 weeks or longer) are eligible to register for Open Studio as a stand-alone option. Participants who are new to this studio should please enroll in a class.

453261-1:

M-F, 9 am - 9:30 pm;

Sa, 9 am - 6 pm;

Su, 9 am - 7 pm

14 weeks: 9/11 - 12/17

R: \$90, NR: \$100,

Clay: \$23



Ceramics by **Rebecca Crosse Squire**

RAKU AGES 16+

With roots in centuries-old Japan, Raku is a method of fast-firing ceramic art outdoors with beautiful and surprising results. Firing will take place outside of the Greenbelt Aquatic and Fitness Center. Students may fire 4-6 medium pieces and can enroll for multiple slots in the class in order to fire more work. Clay purchased separately. In order to participate, students must begin making pieces during summer session, receive pre-approval from the instructor and must attend the safety demonstration at 10am on firing day. Registration will close on Wednesday, August 30.

453267-1:

Introductory Meeting Sa 7/8 1 - 2 pm / CC-304

Glazing Instruction Sa 9/16 3 - 4 pm / CC-304

Firing Sa 9/23 10 am - 4 pm / CC-304

Rain Date Sa 9/30 10 am - 4 pm / CC-304

R: \$60, NR: \$70, Clay: \$23

Instructor: Karen Arrington

Musical Theater

Contact: Chris Cherry
(240) 542-2055 ccherry@greenbeltnmd.gov

GET READY FOR YOUTH MUSICAL! GRADES 7-12

This new three-session musical theater skills workshop is a must if you are planning to participate in the upcoming *Winter Youth Musical* -- or if you simply want to explore the possibility. In a fun and supportive setting, aspiring teen performers will learn how to project like a pro, move with confidence, analyze a song, and use strategic emphasis to convey meaning and command the attention of an audience. Your participation will help the instructors choose the 2024 Youth Musical and prepare you for the casting rehearsal, which is scheduled for December 9.

NEW REQUIREMENT: This workshop (or permission of the director) is a prerequisite for registering for the Youth Musical.

444260-1: Sa 4 - 6 pm / CC-106
3 mtgs: 10/21 - 11/4
R: \$24, NR: \$27

Instructors: Chris Cherry, Lisa Pellittiere



Dance

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltnmd.gov lpellittiere@greenbeltnmd.gov

Minimum age requirement must be met by first class.

LOOKING FOR TEEN CLASSES?

Find them with the Elementary/Middle School offerings, starting on [page 19](#).

BEGINNING BALLET

AGES 15+

A fun introduction to ballet specifically designed for teen and adult beginners! While following the structure of a traditional ballet class, students will be exposed to classical ballet positions and choreography. Emphasis will be on developing strength, flexibility and balance through traditional ballet barre and center work as well as through conditioning exercises borrowed from Pilates and yoga.

Please wear comfortable clothes but not too loose; soft ballet shoes or bare feet. Leotards and tights not necessary.

454202-1: Sa 12 - 1 pm / CC-10
9 mtgs: 9/23 - 11/18
R: \$90, NR: \$100

Instructor: Gabriela D'Andrea



BEGINNING MUSICAL THEATER JAZZ AGES 15+

This fun, upbeat class introduces teen and adult beginners to the rhythms and styles of jazz dance. Participants will learn a variety of choreographed dance routines inspired by musical theater using a selection of music from Broadway shows, movie musicals and popular music from past to present. No previous dance experience necessary.

Recommended Attire: bare feet, jazz shoes or clean sneakers; yoga pants, athletic pants or leggings with a snug-fitting top. Hair should be secured off face and neck.

454203-1: Tu 6:30 - 7:30 pm / CC-10
12 mtgs: 9/5 - 12/5 (No class 10/31, 11/21)
R: \$120, NR: \$130

Instructor: Lisa Pellittiere

BEGINNING MUSICAL THEATER TAP AGES 15+

A fun introduction to the rhythms of tap designed for teen and adult beginners! Classic tap steps and improvisation will be introduced and developed to the sound of musical numbers, Motown, jazz and pop favorites. Please wear comfortable clothes that you can move in.

Suggested attire: T-shirt or tank with athletic capris, pants or leggings. Oxford style tap shoes are recommended. Hard soled shoes are permitted. No character heels, please. Note: This class will be held on the stage in the Community Center Gym.

454206-1: W 6:30 - 7:15 pm / CC-106
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$108, NR: \$117

Instructor: Viola Pitts

CONTEMPORARY DANCE FOR ALL AGES 15+

Contemporary Dance for All is an open level class designed for beginners as well as more experienced movers who want to develop their bodies into stronger, more expressive instruments with an emphasis on developing strength and efficiency. This class will introduce students to concepts and movement patterns used in contemporary dance, borrowing influences from ballet, modern, yoga, and Pilates. No previous dance experience necessary.

Dress comfortably in clothes that are easy to move in but not too baggy; ankle length athletic pants or leggings are recommended with a snug fitting tank or t-shirt. Bare feet are recommended. Ballet and jazz shoes are acceptable. Hair should be secured off of face and neck.

454207-1: W 7:30 - 8:30 pm / CC-10
12 mtgs: 9/6 - 12/6 (No class 11/1, 11/22)
R: \$120, NR: \$130

Instructor: Rose Qi

BEGINNING CLASSICAL CHINESE DANCE AGES 15+

A fun introduction to Classical Chinese Dance designed for teens and adults. Emphasis will be on developing musicality, range of motion, and coordination while learning dances from multiple Classical Chinese Dance styles. Students will also learn general knowledge, history, and culture of Classical Chinese Dance.

Suggested attire: snug fitting shirt with athletic pants and ballet shoes.

454212-1: Su 9:15 - 10:15 am / CC-10
8 mtgs: 10/1 - 11/19
R: \$80, NR: \$90

Instructor: Rose Qi

BEGINNING BALLROOM

AGES 15+

Ever dream of being Fred Astaire or Ginger Rogers? Or feel the urge to get up and dance while watching *Dancing with the Stars*? Now you can! In this 1.5-hour class, students of any age will enjoy learning the Bronze-level syllabus of American Smooth and Rhythm dances. We will dedicate one week each to the waltz, foxtrot, tango, swing, cha cha, and rumba. The first hour of class will be instruction, followed by 30 minutes of "open dance" where students can practice their steps and socialize with their fellow dancers. All dancers will learn the leader and follower movement patterns so students of all genders can enjoy the lesson. No partner required, though couples may sign up together if desired.

Attire: Wear clothing that is easy to move in, but not baggy. Athletic or yoga pants, capris, skirts or shorts are recommended, with a well-fitted shirt. Students may wear jazz, character, or ballroom shoes of no more than 1.5" heel. Street shoes are not permitted on the dance studio floor, so students without dance shoes may dance with bare feet. Hair must be secured off the face and neck.

Planning for date night? Kids care activity available for children ages 4-12. See listing to the right.

454220-1: Sa 4 - 5:30 pm / CC-10
6 mtgs: 9/30 – 11/11 (No class 10/21)
R: \$108, NR: \$124

Instructor: Kelly McLaughlin

BALLROOM KIDS CARE

AGES 4-12

For families participating in Beginning Ballroom, this activity session will keep children engaged while the grown-ups sail away on the dance floor. The activity session will feature a group storytime and craft, lead by Ms. Patty, and dance inspired movement time lead by a rotating staff of dance program instructors. Drop-off and pick-up immediately before and after Beginning Ballroom. Children are encouraged to bring their favorite snack; snacks will not be provided.

424205-1: Sa 3:45 - 5:45 pm / CC-12
6 mtgs: 9/30 – 11/11 (No class 10/21)
R: \$60, NR: \$65

Instructor: Patty McCarty



Music

Contact: Chris Cherry
(240) 542-2055 ccherry@greenbeltmd.gov

UKE CAN DO IT! LEVEL 1 FOR BEGINNERS AGES 13+

This class is designed for novice players who want to learn how to play the ukulele. No prior experience playing a musical instrument is needed. We will learn some basic chords, strum patterns, and how to pick out a melody. We will also learn how to read chord charts and tablature. Students must bring their own soprano or concert ukulele to each class, along with a folder for sheet music. Students will receive an email each week containing helpful links and a practice video to reinforce what we learn in class. Our November 14 class session will be a combined ukulele recital with the Level 2/3 class.

464242-1: Tu 6:45 - 7:45 pm / CC-GFE
9 mtgs: 9/12 - 11/14 (No class 10/31)
R: \$81, NR: \$90

Instructor: Rachel Cross

UKE CAN DO IT! LEVEL 2/3 AGES 13+

Let's get picky, with fingerpicking patterns for ukulele! This class is designed for folks who have been playing for at least a year, can strum and switch chords with confidence, and can play a fingerpicking pattern. We will be learning several songs featuring fingerpicking patterns, as well as an ensemble instrumental piece. You will need to bring your own soprano or concert ukulele to each class, along with a folder for sheet music. Students will receive an email each week containing helpful links and a practice video to reinforce what we learn in class. Our November 14 class will be a combined ukulele recital with the Level 1 class.

464243-1: Tu 7:45 - 8:45 pm / CC-GFE
9 mtgs: 9/12 - 11/14 (No class 10/31)
R: \$81, NR: \$90

Instructor: Rachel Cross



Health & Fitness

Contact (unless otherwise noted): LaToya Fisher
(240) 542-2191 lfisher@greenbeltnmd.gov

TAI CHI ALL LEVELS

AGES 16+

Group practice can form the foundation for a successful personal practice. Join us to explore the benefits of Wu, Sun, Chen and Yang styles of Tai Chi along with Qigong and Xingyi fundamentals. All levels welcome to laugh and learn! Live on Zoom

452206-1: Sa 9 - 10 am / ZOOM
13 mtgs: 9/23 - 12/16
R: \$130, NR: \$140

Instructor: Taj Johnson

BAGUA & XINGYI FOUNDATIONAL STUDIES AGES 16+

This 60-minute class is ideal for a more experienced and seasoned student of Taiji that would like to expand their horizons. While learning Bagua and Xingyi the "sibling arts" of Tai Chi experience different expressions of "Shen Fa, Bu Fa, Rou and Gong" movements to deepen your Neiija skills. (*Torso Method, Stepping Method, Flexible and Firm movements*)

Nurture the higher levels of your practice by learning the underlying principles as expressed by Wudang Kungfu. Bagua and Hebei Xingyi foundational skills will be taught with choreography, corrections and adjustments. Create your own book of "Master's Notes" from the teachings and group discussions while journaling your personal practice adventures. Learn the small details that seasoned martial artists bring forward in their Neiija Cultivation! Register and prepare to elevate your practice!

452206-2: Sa 10:15 - 11:15 am / ZOOM
13 mtgs: 9/23 - 12/16
R: \$130, NR: \$140

Instructor: Taj Johnson

MIXED LEVEL KRIPALU YOGA

AGES 16+

This 75-minute class is designed to cultivate strength, flexibility, and ease of being through a balanced practice of warm-ups, postures, yogic breathing, mindful awareness and deep relaxation. Please bring a mat, a blanket, a yoga strap, and any other props you enjoy using.

For more information, visit www.laurabonkosky.com.
Drop-ins are not permitted for this class.

452211-1: Th 6:30 - 7:45 pm / CC-201
12 mtgs: 9/21 - 12/14 (No class 11/23)
R: \$144, NR: \$154

Instructor: Laura Bonkosky



MANTRA MEDITATION

AGES 16+

Come back to yourself and find a love for life with this course that is based on Deepak Chopra's Primordial Sound Meditation (PSM). This course is designed by Emily to help you learn to meditate and use it to answer deep soul questions about yourself such as 'What is my life purpose?' and 'Who am I really?' The aim of this 4-part course is to help all students shed anxiety and find a connection to the present moment. You will learn to tap into the wellspring of love that was always within you.

452212-1: Th 6 - 7 pm / CC-202
8 mtgs: 9/14 - 11/2
R: \$80, NR: \$90

Instructor: Emily Jennings

LUNCHTIME YOGA

AGES 18+

This mixed level class includes a balanced practice of breathing practices, dynamic warmups, standing and floor yoga postures, meditative awareness and relaxation.

Contact laura.bonkosky@gmail.com for more information, or visit www.laurabonkosky.com. Drop-ins are not permitted for this class.

452221-1: Tu 12:30 - 1:30 pm / CC-10
13 mtgs: 9/19 - 12/12
R: \$143, NR: \$153

452221-2: Th 12:30 - 1:30 pm / CC-10
12 mtgs: 9/21 - 12/14 (No class 11/23)
R: \$132, NR: \$142

Instructor: Laura Bonkosky



ZUMBA GOLD

AGES 16+

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, have access to water and a towel.

452402-1: Sa 9 - 10 am / ZOOM
10 mtgs: 9/23 - 12/16 (No class 9/30, 11/11, 11/25)
R: \$100, NR: \$110

Instructor: Wanda Crawley-Pearson

Karate & Archery

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

TKA KARATE - TEEN/ADULT

AGES 13+

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

452500-1: M 7:45 - 9:15 pm / YC-GYM
9 mtgs: 9/11 - 11/20 (No class 9/25, 10/9)
R: \$63, NR: \$70

ARCHERY - TEEN/ADULT

AGES 13+

Beginners learn proper safety, shooting techniques, scoring, eye dominance, alignment, and hand position. Intermediates refine alignment, release, and follow through using re-curve and compound bows. Intermediate and Advanced Level participants must have completed the Beginner and Intermediate Level, respectively, and must possess knowledge of range safety procedures, shooting technique, hand position, and stance. *All equipment will be provided.*

Beginner 452602-1: Th 4:30 - 5:15 pm / BF-2

Intermediate 452602-2: Th 5:30 - 6:15 pm / BF-2

Advanced 452602-3: Th 6:30 - 7:15 pm / BF-2

6 mtgs: Thursdays, 9/14 - 10/19
R: \$70, NR: \$80



Active Aging Programs

Contact for all active aging programs: Anne Oudemans, (240) 542-2189, aoudemans@greenbeltmd.gov

Senior Special Events

ANNUAL OPEN FORUM

Greenbelt Community Center, Room 201
Saturday, September 23, 1 pm

Hosted by Greenbelt's Senior Citizen Advisory Committee. Please join us and share details on what you like about living in Greenbelt, challenges of living in Greenbelt, and learn about resources and activities available for Greenbelt residents.

OKTOBERFEST

Greenbelt Community Center Gym, 15 Crescent Rd
Friday, October 20, 1:30 - 3:30 pm

Please come and celebrate Fall with your friends and neighbors. Enjoy some live music, courtesy of Helmut Licht and a fantastic vocalist.

Light refreshments will be served. **FREE!**



Health & Fitness

SENIOR SWIM

AGES 60+

Water exercises that emphasize stretching, strengthening and toning for the swimmer and non-swimmer. FREE to passholders, resident non-passholders pay \$1.50 each visit; non-resident, non-passholders pay \$2.00 each visit. Registration is REQUIRED.

471101-1: M 11:15 am - 12 pm
13 mtgs: 9/11 - 12/18 (No class 9/25, 10/9)

471101-2: Th 11:15 am - 12 pm
15 mtgs: 9/7 - 12/21 (No class 11/23)

Passholders: FREE
RNPH: \$1.50/visit
NRNPH: \$2.00/visit

Instructors: Marsha Voigt, Marsha Gielen

HUNGRY? FOOD & FRIENDSHIP PROGRAM IS BACK!

After a long pause, the Senior Nutrition Program returned to the Community Center.

The Senior Nutrition Program serves hot lunches in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least one week in advance to ensure that enough meals are delivered. Requested meal donation is \$3.

Please contact Priya Gardner, (240) 542-2056 or pgardner@greenbeltmd.gov, for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11 am - 12 pm in the Community Center Multipurpose Room (Room 201). Activities include speakers, special programs, and field trips.

For more information contact us by emailing greenbeltgoldenageclub@gmail.com

WALK ON ROUTE 66

AGES 60+

Walk the comfortable gym, and "Get your kicks on Route 66!" The group will record how many laps have been walked. How far will you go? Let's see if we can make it to St. Louis on our way to LA by the end of the year! Come walk with us!

472206-1: Tu/Th 1 - 2:30 pm / CC-106
30 mtgs: 9/12 - 12/21 (No class 11/07, 11/23, 12/12)
FREE



AGELESS GRACE

AGES 60+

Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces.

472225-1: F 11 am - 12 pm / ZOOM
10 mtgs: 9/15 - 11/17
R:\$20; NR:\$25

Instructor: Karen Haseley

PURELY FUN PICKLEBALL NOVICE AGES 60+

The Community Center program has been identified as the location for novice/beginners to gather and learn to play. Basic rules and information will be posted to help newcomers learn the game. Looking for a fun way to get active? Then come learn and play Pickleball, a cross between tennis and badminton.

472420-1: M/W 1 - 3 pm / CC-106
20 mtgs: 9/11 - 11/15 (No Class 11/06)
FREE

PURELY FUN PICKLEBALL CLUB AGES 60+

This new club is designed for players familiar with the game and looking to play drop-in pickleball on weekday afternoons at the Youth Center. The club will not meet on Prince George's County Public school holidays. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind. Club members need to acquire an annual Recreation Membership at the Youth Center.

M/Tu/W/Th 1 - 3 pm: Y
C-GYM: 2 Courts, 9/5 - 12/22
(Gym closed for youth program on 10/2, 10/20, 11/3, 11/06, 11/12, 11/22-24)



Special Interest

SCRABBLE

AGES 16+

Challenge your mind while enjoying a relaxing afternoon of conversation and play. All skill levels welcome.

473209-1: Tu 12 - 2 pm / CC-109

15 mtgs: 9/12 - 12/19

FREE

MAHJONGG

AGES 50+

Mahjongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mahjongg." American Mahjongg utilizes racks, jokers, "Hands and Rules". Mahjongg is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mahjongg" ends the game. *THIS IS NOT AN INSTRUCTIONAL PROGRAM.*

473210-1: M 1 - 4 pm/CC-109

15 mtgs: 9/11 - 12/18

FREE

LEARN TO PLAY MAHJONGG

AGES 50+

Join Mah-Jongg enthusiast Abby Crowley to have fun learning the basics of this fascinating game played with beautiful tiles. You will learn to recognize and name the tiles and suits, learn the rules of play, and practice playing the game trying to match the tiles you pick to a specific hand on the annually distributed card published by the National Mah-Jongg Association. *THIS IS AN INSTRUCTIONAL PROGRAM.*

473210-2: M 12 - 1 pm / CC-109

4 mtgs: 9/11 - 10/2

FREE

SEW FOR CHARITY

AGES 16+

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats, and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords.

453242-1: Sa 10 am - 2 pm / CC-109

13 mtgs: 9/16 - 12/9 (No class 12/02)

R: \$5, NR: \$10

GIFTS FROM THE HEART

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

473208-1: F 10 am - 12 pm / CC-109

12 mtgs: 9/15 - 12/15 (No class 11/10, 11/24, 12/01)

R: \$5, NR: \$10

BRIDGE

AGES 60+

Call Robin Schlauch at (301) 474-2605 if you are interested in joining these groups. *THESE ARE NOT INSTRUCTIONAL PROGRAMS.*

THURSDAY BRIDGE

479201-1: Th 12:30 - 4 pm / CC-109

14 mtgs: 9/14 - 12/14 (No class 11/23)

FRIDAY BRIDGE

479201-3: F 12:30 - 4 pm / CC-109

14 mtgs: 9/15 - 12/15 (No class 11/24, 12/01)

LEARN TO PLAY BRIDGE

AGES 60+

Call Harris Maclay at (301) 873-5753 if you are interested in learning to play Bridge. *THIS CLASS IS AN INSTRUCTIONAL PROGRAM.*

479201-4: Th 11 am - 12 pm / CC-109

14 mtgs: 9/14 - 12/14 (No class 11/23)

FREE

Senior Globetrotting

APPLE PICKING ADVENTURE

Come enjoy a Pick Your Own Apple experience at Baugher's Orchard in Westminster, Maryland. Followed by a complimentary lunch at Baugher's Farm to Table Restaurant!



478202:
Tuesday,
September 5,
9:30 am - 3 pm
R :\$25;NR: \$30

MUSEUM OF THE AMERICAN INDIAN

A diverse and multifaceted cultural and educational enterprise, the National Museum of the American Indian (NMAI) is an active and visible component of the Smithsonian Institution, the world's largest museum complex. The NMAI cares for one of the world's most expansive collections of Native artifacts, including objects, photographs, archives, and media covering the entire Western Hemisphere, from the Arctic Circle to Tierra del Fuego. Enjoy lunch on your own at the Mitsitam Native Foods Cafe located inside the museum.

478204: Tuesday, October 10, 10 am - 4 pm
R:\$20; NR:\$30



INTERNATIONAL SPY MUSEUM

Come face to face with spies and spymasters, the gadgets and engineers, stories from past and present. With two floors of interactive exhibits to transport you into the world of espionage! Enjoy lunch on your own at the Spy Museum Cafe.

478205: Tuesday, November 14, 9:45 am - 5 pm
R:\$35; NR:\$40



THE NUTCRACKER BALLET AT THE STRATHMORE MUSIC CENTER

Experience the extraordinary international cast and Ukrainian Principal Artists performing at the peak of classical European Ballet. Be transported by the magic of jaw-dropping acrobatics, larger-than-life puppets and stunning hand-crafted sets and costumes!

478203: Saturday, December 2, 2 - 6 pm
R: \$30; NR: \$40



Seasoned Adults Growing Educationally (SAGE) Ages 60+

Prince Georges Community College offers SAGE classes at the Greenbelt Community Center, Greenbelt Municipal Building, & Springhill Lake Recreation Center.

Please check the [SAGE website \(https://www.pgcc.edu/sage\)](https://www.pgcc.edu/sage) for more information on future classes and registration details.

NEW FEE: A \$40 per class fee is assessed for SAGE classes for Maryland participants age 60 and over. Participants should register before the beginning date of the class. **Registration for Fall term opens on September 1, 2023. Fall classes begin the week of October 2, 2023.**

REMINDER: Per Prince George's Community College policy, ALL SAGE registration forms and payment must be submitted online, mailed, or delivered in person. Greenbelt can no longer accept registration forms or payment. Mail forms to: *Cashier's Office, Prince George's Community College, 301 Largo Road, Largo, MD 20774.*

CELEBRATION OF CENTENARIANS

Contact: Anne Oudemans (240) 542-2056, aoudemans@greenbeltmd.gov,

The City of Greenbelt would like to celebrate Greenbelt residents who have reached the milestone age of 100 years. If you would like to recognize your loved one or a friend, please contact Amber Hall.

The Centenarian will choose from a variety of options to celebrate their birthday! The City of Greenbelt will continue to promote senior services and appreciation throughout the year. Recognizing the diverse population, we will celebrate their experience and wisdom, provide activities that meet their needs, and we will continue to encourage seniors to age in place here in the City.

HOLY CROSS SENIOR FIT CLASSES AGES 55+

Holy Cross Hospital offers Senior Fit Classes at the Greenbelt Community Center on Mondays & Wednesday mornings. Participants must register in advance for this free program.

Please check the [Holy Cross Senior Fit website \(https://www.holycrosshealth.org/find-a-service-or-specialty/senior-services/fitness-and-wellness-programs/senior-fit-and-exercise\)](https://www.holycrosshealth.org/find-a-service-or-specialty/senior-services/fitness-and-wellness-programs/senior-fit-and-exercise) for more information on classes and registration details.



SENIOR LOUNGE

The Senior Lounge is open to senior citizens, ages 60 and over, during regular operating hours.

Call (301) 397-2208 for more information.

Aquatics & Fitness

101 CENTERWAY, GREENBELT, MD 20770 ~ (301) 397-2204
www.greenbeltmd.gov/GAFC

HOURS OF OPERATION

Monday - Friday 6 am - 9 pm

Saturday 8 am - 9 pm

Sunday 9 am - 9 pm

Facility closes 3rd Sunday of the month for in-service training.

The hot tub closes every other Wednesday at 12 pm for regular cleaning.

GAFC SPECIAL HOURS

Labor Day, 9/4, 8 am - 8 pm

Veterans Day, 11/11, Normal Hours

Thanksgiving Day, 11/23, 8 am - 4 pm

Christmas Eve, 12/24, 9 am - 5 pm

Christmas Day, 12/25, 12 - 4 pm

New Year's Eve, 12/31, 9 am - 5 pm

New Year's Day, 1/1, 12 - 4 pm

BECOMING A MEMBER

Becoming a member is easy - just follow these steps!

1. Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
2. Staff will enter you into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

DAILY ADMISSION RATES

	Greenbelt Resident	Non-Resident
Youth	\$3.25	\$4.75
Young Adult	\$4.25	\$5.75
Adult	\$5.25	\$6.75
Senior	\$4.00	\$5.00

Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire; children 12 years of age and over are allowed to enter by themselves.

Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

FEE CODES

PH: Passholder

RNPH: Resident, Non-Passholder

NRNP: Non-Resident, Non-Passholder

IMPORTANT REMINDERS

- The listed hours are subject to change.
- All members are required to scan their pass to gain entry into the Aquatic & Fitness Center. Please see guidelines on becoming a member.
- Swimming must cease and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during swim team practices when one (1) swim lane is available.
- The hot tub closes at noon every other Wednesday for regular cleaning.
- All passes are non-refundable and non-transferable.

GAFC REGISTRATION DATES

IMPORTANT REGISTRATION INFORMATION

Membership not required for class enrollment.

Registration must be completed in-person at
101 Centerway, Greenbelt, MD, 20770.

Online registration NOT available for swim classes.

YOUTH SWIM LESSONS

Pre-Evaluation: September 16, 10 am - 12 pm

Saturday Session: September 30 - December 2
(No class 11/11 & 11/25)

Passholders & Residents register: September 18

Open Registration: September 20

Children's Home School Lesson

Friday Session: September 29 - December 1

(No class 11/10 & 11/24)

Passholders & Residents register: September 18

Open Registration: September 20

ADULT SWIM LESSONS

Session 1: September 12 - October 5

Passholders & Residents register: August 21

Open Registration: August 23

Session 2: October 17 - November 9

Passholders & Residents register: October 9

Open Registration: October 11

Session 3: November 28 - December 21

Passholders & Residents register: November 20

Open Registration: November 22

WATER EXERCISE CLASSES

Session 1: September 11 - October 5 (No class 9/25)

Passholders & Residents register: August 21

Open Registration: August 23

Session 2: October 16 - November 17

Passholders & Residents register: October 9

Open Registration: October 11

Mania & Fitness Mini: November 1 - 16

Passholders & Residents register: October 9

Open Registration: October 11

Session 3: November 27 - December 21

Passholders & Residents register: November 20

Open Registration: November 22

9 MONTH MEMBERSHIPS

(Valid for nine months from date of purchase;
excludes summer season)

	Resident	Non-Resident
Youth	\$95	\$212
Young Adult	\$151	\$266
Adult	\$212	\$321
Senior	\$102	\$227
Single Parent Family	\$303	\$531
Family	\$408	\$615
Corporate	NA	NA

12 MONTH MEMBERSHIPS

(Valid for 12 months from the date of purchase)

	Resident	Non-Resident
Youth	\$125	\$269
Young Adult	\$196	\$337
Adult	\$269	\$409
Senior	\$139	\$284
Single Parent Family	\$395	\$674
Family	\$555	\$726
Corporate	\$1116	\$1116

EXPLANATION OF MEMBERSHIP CATEGORIES

Youth Membership: 1 - 13 years of age

Young Adult Membership: 14 - 17 years of age

Adult Membership: 18 - 59 years of age

Senior Membership: 60 years of age and older

Single Parent Family Membership: One adult & single dependent, under the age of 21, residing permanently in same household.

Family Membership: Two adults & single dependents, under the age of 21, residing permanently in same household.

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. *(Greenbelt Road and 6999-7699 Hanover Parkway are not considered resident addresses.)*

Non-Residents: Those residing outside the corporate limits of Greenbelt.

Youth Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

AQUA TOTS I AGES 6 MONTHS - 2 YEARS

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics.

Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

421116-A: Sa 8:15 - 8:45 am
8 mtgs: 9/30 - 12/2 (No Class 11/11 & 11/25)
PH: \$55, RNPH: \$61, NRNPH: \$68

AQUA TOTS II AGES 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level.

Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

421117-A: Sa 8:15 - 8:45 am
8 mtgs: 9/30 - 12/2 (No Class 11/11 & 11/25)
PH: \$55, RNPH: \$61, NRNPH: \$68

BEGINNER I, PRESCHOOL AGES 3-5

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

421118-A: Sa 9 - 9:30 am

421118-C: Sa 10:30 - 11 am

Saturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)
PH: \$55, RNPH: \$61, NRNPH: \$68



BEGINNER II, PRESCHOOL**AGES 3.5-5**

Learn basic swimming skills. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

421119-B: Sa 9:45 - 10:15 am**421119-D:** Sa 11:15 - 11:45 amSaturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)**PH: \$55, RNPH: \$61, NRNPH: \$68**

BEGINNER II**AGES 5-12**

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced.

Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

431121-A: Sa 9 - 9:30 am**431121-B:** Sa 9:45 - 10:15 am**431121-C:** Sa 10:30 - 11 am**431121-D:** Sa 11:15-11:45amSaturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)**PH: \$55, RNPH: \$61, NRNPH: \$68**

BEGINNER I**AGES 5-10**

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

431120-A: Sa 9 - 9:30 am**431120-B:** Sa 9:45 - 10:15 am**431120-C:** Sa 10:30 - 11 am**431120-D:** Sa 11:15 - 11:45 amSaturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)**PH: \$55, RNPH: \$61, NRNPH: \$68**

BEGINNER III**AGES 5-15**

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

431122-A: Sa 9 - 9:30 am**431122-B:** Sa 9:45 - 10:15 am**431122-C:** Sa 10:30 - 11 am**431122-D:** Sa 11:15 - 11:45 amSaturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)**PH: \$55, RNPH: \$61, NRNPH: \$68**

ADVANCED BEGINNER**AGES 5-15**

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

431123-A: Sa 9 - 9:30 am**431123-C:** SA 10:30 - 11 am

Saturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)

PH: \$55, RNPH: \$61, NRNPH: \$68

INTERMEDIATE**AGES 5-15**

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1-minute treading water.

431124-B: Sa 9:45-10:15am**431124-D:** Sa 11:15-11:45am

Saturday-8 mtgs: 9/30 - 12/2
(No Class 11/11 & 11/25)

PH: \$55, RNPH: \$61, NRNPH: \$68

Homeschool Swim Lessons

BEGINNERS I - HOMESCHOOL**AGES 4-12**

This program is designed for children who are home schooled. Beginner I swimming level.

431134-B: F 12:15 - 1 pm

8 mtgs: 9/29 - 12/1 (No class 11/10, 11/24)

PH: \$58, RNPH: \$64, NRNPH: \$71

BEGINNERS II & III - HOMESCHOOL**AGES 5-17**

This program is designed for children who are home schooled. Beginner I and Beginner II swimming levels.

431135-C: F 1:15 - 2 pm

8 mtgs: 9/29 - 12/1 (No class 11/10, 11/24)

PH: \$58, RNPH: \$64, NRNPH: \$71

ADV BEGINNERS, INTERMEDIATE, & SWIMMER HOMESCHOOL**AGES 6-17**

This program is designed for children who are home schooled. Advanced Beginner, Intermediate, and Swimmer swimming level.

431136-A: F 11:15 am - 12 pm

8 mtgs: 9/29 - 12/1 (No class 11/10, 11/24)

PH: \$58, RNPH: \$64, NRNPH: \$71

Adult Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

BEGINNER SWIM LESSONS

AGES 14+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

451192-1A: Tu/Th 6:30 - 7:15 pm

8 mtgs: 9/12 - 10/5

PH: \$60, RNPH: \$68, NRNPH: \$75

451192-2A: Tu/Th 6:30 - 7:15 pm

8 mtgs: 10/17 - 11/9

PH: \$60, RNPH: \$68, NRNPH: \$75

451192-3A: Tu/Th 6:30 - 7:15 pm

8 mtgs: 11/28 - 12/21

PH: \$60, RNPH: \$68, NRNPH: \$75

ADV BEGINNER SWIM LESSONS

AGES 14+

Designed for adults wishing to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques. Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

451193-1A: Tu/Th 7:30 - 8:15 pm

8 mtgs: 9/12 - 10/5

PH: \$60, RNPH: \$68, NRNPH: \$75

451193-2A: Tu/Th 7:30 - 8:15 pm

8 mtgs: 10/17 - 11/9

PH: \$60, RNPH: \$68, NRNPH: \$75

451193-2A: Tu/Th 7:30 - 8:15 pm

8 mtgs: 11/28 - 12/21

PH: \$60, RNPH: \$68, NRNPH: \$75



Water Exercise

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

DEEP WATER AEROBICS

AGES 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

451170-A1: Tu/Th 6 - 6:45 pm

8 mtgs: 9/12 - 10/5

PH: \$49, RNPH: \$54, NRNPH: \$59

451170-A2: Tu/Th 6 - 6:45 pm

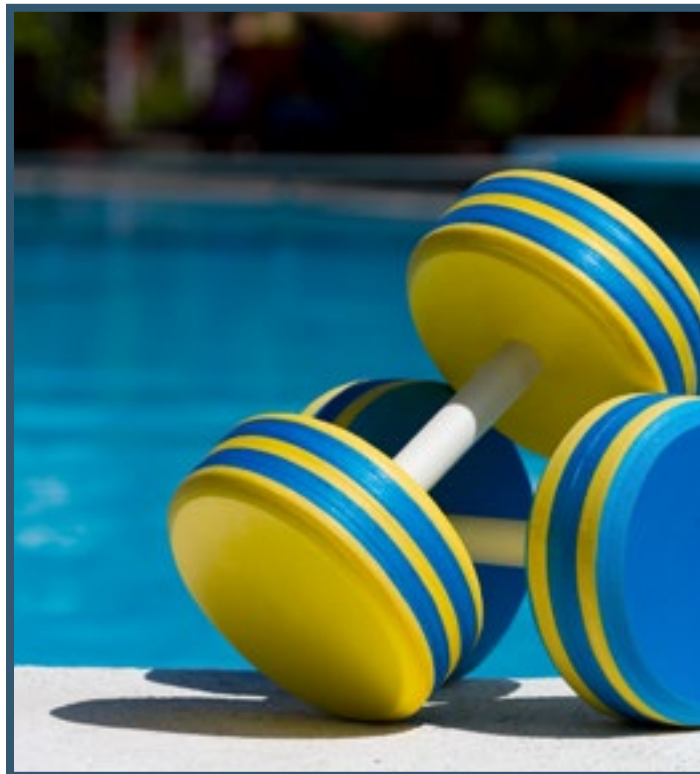
10 mtgs: 10/17 - 11/16

PH: \$62, RNPH: \$67, NRNPH: \$72

451170-A3: Tu/Th 6 - 6:45 pm

8 mtgs: 11/28 - 12/21

PH: \$49, RNPH: \$54, NRNPH: \$59



AQUA MANIA

AGES 16+

If you're looking to get crazy and let all your worries go, then this is the class for you. You will keep moving and never stop. A moderate to vigorous aqua workout that includes cardiovascular, toning and stretching exercises for any ability level.

451173-A1: Tu/Th 6:15 - 7:15 am

8 mtgs: 9/12 - 10/5

PH: \$55, RNPH: \$60, NRNPH: \$65

451173-A2: Tu/Th 6:15 - 7:15 am

5 mtgs: 11/2 - 11/16

PH: \$37, RNPH: \$42, NRNPH: \$47

451173-A3: Tu/Th 6:15 - 7:15 am

8 mtgs: 11/28 - 12/21

PH: \$55, RNPH: \$60, NRNPH: \$65

AQUA FITNESS

AGES 16+

A non-impact exercise class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants will be use of spa/water bells which are provided for the class.

451174-A1: M/W 6 - 6:45 pm

7 mtgs: 9/11 - 10/4 (No class 9/25)

PH: \$43, RNPH: \$48, NRNPH: \$53

451174-A2: M/W 6 - 6:45 pm

5 mtgs: 11/1 - 11/15

PH: \$31, RNPH: \$36, NRNPH: \$41

451174-A3: M/W 6 - 6:45 pm

8 mtgs: 11/27 - 12/20

PH: \$49, RNPH: \$54, NRNPH: \$59

First Aid / CPR / AED & Lifeguarding Classes

FIRST AID/CPR/AED

AGES 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the \$40 certification fee charge for the American Red Cross online portion of the class. You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

457177-1: F 9/8

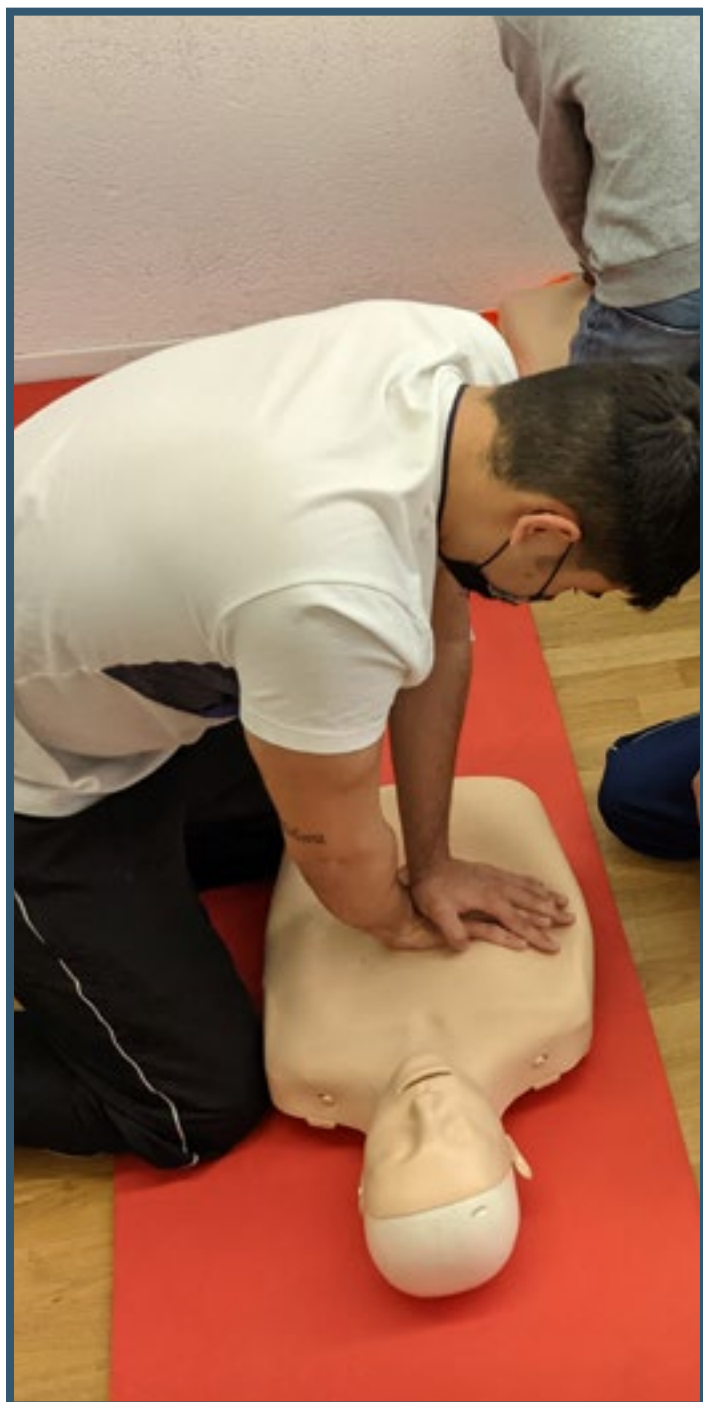
457177-2: F 10/13

457177-3: F 11/17

457177-4: F 12/8

6 - 8 pm / GAFC Classroom

PH: \$60, RNPH: \$68, NRNPH: \$75



LIFEGUARDING PRE-TEST**AGES 15+**

In order to qualify for the Lifeguarding class participants must complete all of the following: -Swim 300 yards continuously demonstrating breath control and rhythmic breathing -Tread water for 2 minutes using only the legs -Complete a timed event within 1 minute, 40 seconds (starting in the water, swim 20 yards, surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, surface and swim 20 yards on back with both hands holding object, exit the water without using a ladder or steps). Participants may drop in at any time during the scheduled times to complete the 10 to 20-minute test. *Swim suits are required.*

457180-A: Sa 9/30**457180-B:** Sa 10/7**457180-C:** F 11/17**457180-D:** F 12/8

12 - 4 pm

PH: \$5, RNPH: \$5, NRNPH: \$5

LIFEGUARDING**AGES 15+**

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency.

IMPORTANT! You must complete the online portion of this course prior to attending your in-person skills session and provide proof of completion to your instructor.

You can access the online portion using the link, provided by the GAFC at the time of registration, where you will be able to create an account. You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants **MUST** complete the online session of the training two (2) days prior to the classroom skills session. Participants must pass Lifeguarding Pre-Test prior to registering.

457181-A: Su 9 am - 4:30 pm

2 mtgs: 12/3 & 12/10

PH: \$160, RNPH: \$176, NRNPH: \$200

Registration Procedures

Registration forms will be accepted beginning on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail in registrations WILL NOT BE ACCEPTED.**

Resident Registration

begins at 10 am on August 21, 2023

Non-Resident Registration

begins at 10 am on August 28, 2023

Payments are accepted in the form of check, money order, and credit card.

ONLINE REGISTRATION

- Register online with [ReLink](#).

Online registration is available beginning at 10 am on the registration dates (Greenbelt residents, August 21; non-residents, August 28).

- If you have registered for Greenbelt Recreation classes before but are new to ReLink, please contact Carrie Hannigan: channigan@greenbeltmd.gov or Cathy Pracht: cpracht@greenbeltmd.gov.
- If you are not a current Greenbelt Recreation customer, please call (301) 397-2208 or (301) 397-2200 to request an account. Please see information about residency below.

EMAIL & FAX REGISTRATION

- Fax and email registration will be accepted after 10 am on the registration dates.
- Community Center, channigan@greenbeltmd.gov, fax: (301) 220-0561
- Youth Center, cpracht@greenbeltmd.gov

MAIL-IN REGISTRATION

- Mail-in registration will be accepted beginning on the registration dates.
- Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 16 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates:

Veterans Day - November 10

Thanksgiving - November 23 & 24

Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible.

Preschool and children's classes scheduled before 5 pm will not meet on some P. G. County school holidays. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline at (301) 474-0646 for updated class information.

CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to *reflect the number of meetings which have transpired.*

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

FINANCIAL ASSISTANCE

Financial assistance is available to qualified Greenbelt residents. An application and supporting documentation are required. Prior to registration, please call (301) 397-2208 or email us at csoter@greenbeltmd.gov for additional information.

INCLUSION

Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their recreation experience. We help provide social, physical, educational, and cultural development for all individuals of all abilities.

Please contact Amber Hall by email at ahall@greenbeltmd.gov or phone (240) 542-2056 to make arrangements.

CLASS SCHEDULE

Classes will begin on or after the week of September 11, 2023. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

LOCATION CODE

BAP - Buddy Attick Park

BF - Braden Field

BFTC - Braden Field Tennis Courts

CC - Greenbelt Community Center

CC-DSLAWN - Greenbelt Community Center
Dance Garden

CC-GFE - Greenbelt Community Center
Ground Floor East

GAFC - Greenbelt Aquatic & Fitness Center

GES - Greenbelt Elementary School

GRHS - Green Ridge House

SHLES - Springhill Lake Elementary School

SHLRC - Springhill Lake Recreation Center

SHP - Schrom Hills Park

YC - Greenbelt Youth Center

WEATHER & INFORMATION HOTLINE

(301) 474-0646

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency.

Greenbelt Recreation Activity Registration Form:



Adult Participant or Parent/Guardian _____ Preferred Name _____

Address _____ Please check here if this is a new address

City _____ State _____ Zip _____

Phone: (day) _____ (eve) _____ E-Mail _____

Receipts are sent via e-mail whenever possible.

Emergency Contact: _____ Emergency Phone: _____

Do you need any special accommodations for any of the individuals listed below? YES _____ NO _____.

If yes, please explain below and complete a Special Assistance Request form provided by Greenbelt Recreation or located at www.greenbeltmd.gov/recreation/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: <i>City of Greenbelt</i>				TOTAL	

Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: ____/____/____ Credit Card Number: _____ - _____ - _____ CVV#: _____

Signature: _____ Date: _____

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents, illnesses or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury, illness or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of illnesses or injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. In the case of minors, no personal information other than the participant's first name will be released. Online classes will be recorded for use by staff and registered participants.

CODE OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Greenbelt Recreation Code of Conduct, online class policies, and all applicable facility rules.

X _____ **X** _____
 Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor
Kristen K.L. Weaver, Mayor Pro-Tem
Colin Byrd
Brandon "Ric" Gordon
Judith "J" Davis
Silke I. Pope
Rodney M. Roberts

ACTING CITY MANAGER

Tim George

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact: Bonita Anderson, *City Clerk*
(301) 474-3870

Boards affiliated with Greenbelt Recreation include:
Arts Advisory Board
Senior Citizens Advisory Committee
Park and Recreation Advisory Board
Youth Advisory Committee



Administrative Offices

99 Centerway, (301) 397-2200

Greg Varda, *CPRP, Recreation Director*

Anne Oudemans, *CPRP, Assistant Director of Programs*

Andrew Phelan, *CPRP, Assistant Director of Facilities and Operations*

Cathy Pracht, *Administrative Coordinator*

Caroline Soter, *Administrative Assistant II*

Youth Center

99 Centerway, (301) 397-2200

LaToya Fisher, *Recreation Program Supervisor*

AJ Sesay, *Recreation Coordinator*

Greenbelt Aquatic & Fitness Center

101 Centerway, (301) 397-2204

Stephen Parks, *AFO, Aquatics Supervisor*

Cynthia Brown, *AFO, Aquatics Coordinator*

Trevin Green, *Aquatics Coordinator*

Patrick Mullen, *Administrative Assistant*

Schrom Hills Park

6915 Hanover Parkway, (301) 397-2200

Greenbelt Community Center

15 Crescent Road, (301) 397-2208

Di Quynn Reno, *CPRP, Community Center Supervisor*

Ruth Campbell, *Administrative Assistant*

Carrie Hannigan, *Administrative Assistant*

Arts Programs

15 Crescent Road, (240) 542-2057

Nicole DeWald, *Arts Supervisor*

Chris Cherry, *Performing Arts Program Coordinator II*

Amanda Demos Larsen, *Visual Arts Coordinator*

Therapeutic Recreation

Senior & Inclusion Programs

15 Crescent Road, (240) 542-2056

Amber Hall *Therapeutic Recreation Supervisor*

Springhill Lake Recreation Center

6101 Cherrywood Lane, (301) 397-2212

Brian Butler, *Recreation Coordinator II*

Frank Jones, III, *Recreation Coordinator II*

Clubs and Contacts

alight dance theater

www.alightdance theater.org

Astronomical Society of Greenbelt

Cleton Henry, (301) 385-2978

Boy Scout Troop 746

Lenny Wertz, (301) 864-0254

Boys to Men Mentoring Network of Greater Washington

Walter Augustine

waugustine@eicorp.net

Center for Dynamic Community Governance, Inc

Aileen Kroll, (202) 644-1129

Chesapeake Education, Arts and Research Society (CHEARS)

Maggie Cahalan, (301) 642-4851

maggie@chears.org www.chears.org

County Informational & Referral Services for the Aging

(301) 265-8450

Cub Scout Pack 202

Candice Shipp, (301) 775-5152

GreenbeltCubScoutsPack202@yahoo.com

Eleanor and Franklin Roosevelt Democratic Club

www.rooseveltclub.com

Friends of the Greenbelt Library

Annie Shaw, President

friendsofgreenbeltlibrary@gmail.com

Friends of the Greenbelt Museum

Megan Searing-Young

(301) 507-6582

Friends of Greenbelt Theatre

Caitlin McGrath, (301) 329-2034

hello@greenbelttheatre.org

Friends of New Deal Café Arts

Meg Haney,

Haney.Meghan@gmail.com

The GEMZ

Adeola Ariyo, (301) 437-8828

adeola@makeamegem.org

Greenbelt Access Television (GATe)

Phoebe McFarb, (301) 507-6581

Greenbelt American Legion Post 136

(301) 345-0136

Greenbelt Animal Shelter

(240) 508-7533

Greenbelt Arts Center

(301) 441-8770

www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts

Ingrid Cowan Hass,

ingridcowanhass@larkov.de

Greenbelt Babe Ruth Baseball

Ian Gleason, (240) 305-7458

ianerhs@terpmail.umd.edu

Greenbelt Black History and Culture Committee

Co-Chairs: Dr. Lois Rosado &

Ms. Leann Irwin

blackhistoryandculturegb@gmail.com

Greenbelt Boys & Girls Club

www.greenbeltbgc.org

Greenbelt Branch, P. G. County Library

(301) 345-5800

Greenbelt CARES

(301) 345-6660

Greenbelt CERT

(Citizen Emergency Response Team)

Ken Theodos, greenbeltcert@gmail.com

Greenbelt Community Foundation

greenbeltcommunityfoundation@gmail.com

(240) 745-4641

Greenbelt Community Orchestra

greenbeltorchestra@gmail.com

Greenbelt Concert Band, Brass Choir and Wind Ensemble

Eli Zimet, zimete@verizon.net

(301) 977-2312

Greenbelt Connection

(301) 474-4100

Greenbelt Dog Park Assoc

Kris White, KRSWHT@yahoo.com

(301) 848-0914

Greenbelt Farmers Market

info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts

Lori Davis, www.gscnc.org

1-800-834-1702

Greenbelt Golden Age Club

greenbeltgoldenageclub@gmail.com

Greenbelt Homeschoolers

L'il Dan, dceldran@hotmail.com

(240) 645-3768

Greenbelt Intergenerational Volunteer Exchange Service (GIVES)

Carol Drees, cardre@msn.com

(301) 982-0137

Greenbelt Labor Day Festival Committee

Linda Ivy, (301) 675-0585

Greenbelt Lions Club

Harvey Hauptman, (301) 908-5582

Greenbelt Mamas and Papas

Denna Lambert, (301) 801-6075

Greenbelt Municipal Swim Team

www.greenbeltswimteam.com

Greenbelt Museum

(301) 507-6582 or (301) 474-1936

Greenbelt National Park and Campground

(301) 344-3948

Greenbelt Pottery Group

Debra Suarez

class/studio info - (240) 542-2060

debra.suarez@gmail.com

Greenbelt Rotary Club

Louis Pope (301) 441-1100

Greenbelt Senior Softball

Misty Walker McGill, (240) 444-3261

franny9181@icloud.com

Greenbelt SITY Stars Jump Rope Team

Kim Bradshaw, (301) 503-6962

Greenbelt Soccer Alliance

Erik Blaufuss, blaufuss@gmail.com

(301) 318-4485

www.greenbeltsoccer.org

Greenbelt Tennis Association

Valerie Pierce, valpierce@verizon.net

(301) 802-4336

Greenbelt Toastmasters

www.greenbelt.toastmastersclubs.org

(240) 542-8625

Greenbelt Volksmarchers

Yvonne Pennington, (301) 431-6668

Greenbelt Writers Group

Barbara Ford, (301) 441-8241

Greenbelt Youth Baseball

Greenbeltyouthbaseball.siplay.com

Greenbriar Community Center

(301) 441-1096

Green Ridge House

(301) 474-7595

Hunting Ridge Condominiums

(301) 345-1777

Maryland-National Capital Park and Planning Commission

(301) 699-2255

Miss Greenbelt Scholarship Organization

Devin Fendlay, (240) 838-9996

devinfendlay@hotmail.com

Patuxent Widowed Persons Service

(301) 474-6892

Prince George's County

4-H Youth Development

Jenna Jones, (301) 868-9366

Potomac Pedalers Touring Club

Bill Clarke, (301) 474-7280

Transit Riders United of Greenbelt (Tru-G)

Stephen Holland, (240) 485-4793

Well-Wishers for the Animals of the

Greenbelt Shelter (WAGS)

Michele Touchet, (301) 602-8502

Windsor Green Community Center

(301) 345-4837