

2024

# Fall Activity Guide

Your Quarterly Guide to Greenbelt Recreation Activities, Classes, Facilities, and Programs

## 10 AM REGISTRATION

### RESIDENTS AUGUST 26

### NON-RESIDENTS SEPTEMBER 3

*Get spooky with the Wild Rumpus!*

Enjoy Halloween with pumpkin carving, pumpkin walks, and the Wild Rumpus on pages 7-8.



**GREENBELT**  
RECREATION



fun • fitness • friendship

# GREENBELTMD

# What's Inside

# RECOgnition Spotlight

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## KIDZ CONNECT

Kidz Connect is a chance for youth between the ages of 8-11 to experience some of the fun activities usually only offered in summer camp, during the school year!

Every Friday we will host an organized drop-in activity in the Youth Center from 3:30 - 5:30 pm where we'll play games like dodgeball, handball, pillow polo, and many more of our favorite camp classics!

For more information, call AJ Sesay at (240) 542-2198.



## TEEN TAKEOVER

Teen Takeover is a chance for youth between the ages of 13-17 to experience some of the fun activities usually only offered in summer camp during the school year! Every Friday we will host an organized drop-in activity in the Youth Center Gym from 6:30 PM to 8:30 PM where we'll play games, have holiday parties, eat FREE food, and have FUN!

Contact AJ Sesay at [asesay@greenbeltmd.gov](mailto:asesay@greenbeltmd.gov) or (240) 542-2198 for more information or to volunteer.



## VISIT US ONLINE AT:

[greenbeltmd.gov/recreation](http://greenbeltmd.gov/recreation)

[facebook.com/greenbeltmdrecreation](https://facebook.com/greenbeltmdrecreation)



# Special Events & Art Exhibitions

Greenbelt Recreation staff look forward to celebrating fall with you. Please visit the Greenbelt Virtual Recreation Center and [www.greenbeltmd.gov/arts](http://www.greenbeltmd.gov/arts) for event information as it is announced. Also, mark your calendar for these upcoming programs.

## LABOR DAY WEEKEND

Join us in our annual celebrations. August 30 - September 2

Celebrate the occasion with special activities and by enjoying the many amenities that Greenbelt has to offer: Parks, pools, cinemas, historical programs, local eateries and much more.

See [www.greenbeltmd.gov/recreation](http://www.greenbeltmd.gov/recreation) for additional event information as the weekend approaches.



### 70TH ANNUAL LABOR DAY FESTIVAL

**August 30 - September 2**  
**Roosevelt Center & Vicinity**

Enjoy an entertaining weekend with family and friends! Be on the lookout for the festival insert in the Greenbelt News Review for the weekend schedule of events, times and locations. For more information, check out the *Labor Day Festival insert in the August 22 News Review* or visit [www.greenbeltlaborday.com](http://www.greenbeltlaborday.com).

Sponsored by the City of Greenbelt and Labor Day Festival Committee.

### ANNUAL RETRO TOWN FAIR

**Sunday, September 1, 1 - 4 pm**  
**Greenbelt Museum,**  
**10B Crescent Road**

Join us for Retro Town Fair at the Greenbelt Museum at 10 Crescent Road on Sunday, September 1. Outdoors, under the tents! Needlework, garden vegetables, canning and more categories to enter. A great Greenbelt tradition!

More information and printable entry forms at [greenbeltmuseum.org](http://greenbeltmuseum.org) See you at the Fair!



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**ART EXHIBITION: EXPERIMENTAL FASHION  
BY CASSIDY ENGLISH &  
PAINTINGS BY CINDY MEHR**

**August 31 - October 11  
Greenbelt Community Center Art Gallery**

Discover the work of two artists who are thriving in our dense information environment. Amid the dynamic rainbow neural networks of Mehr's paintings, English presents fantastical rave wear inspired by deep sea ecosystems, urban life, and the world wide web.

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**ART EXHIBITION:  
PAINTINGS BY JENNY KANZLER**

**October 21 - December 13  
Greenbelt Community Center Art Gallery**

Rich in dark intrigue, Kanzler's paintings explore the terrain of the uncanny and suggest tragicomic narratives, particularly as related to the psycho-social complexities of youth.



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**ELECTRIC VEHICLE FAIR**

**Greenbelt Community Center Rear Parking Lot  
Sunday, September 22, 12 - 3 pm**

Curious about electric vehicles? Come see different models owned by your neighbors, ask questions about range, charging, and more!

Contact Luisa Robles at (301) 474-8004 for more information.

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**BILINGUAL PRE-K STORY TIME**

**2nd Fridays: 9/13, 10/11, 11/8, 12/13**

**10:30 - 11:30 am**

**Springhill Lake Recreation Center, 6101 Cherrywood Ln**

This monthly bi-lingual program is an introduction to reading aloud to children as a way to instill the love of literature. After the readings, the children can STAY and PLAY with balls in the Gym. FREE children's books! FREE healthy nutritious snacks!

Come enjoy the wonderful world of storytelling! Contact [joseph.vincent@pgcmls.info](mailto:joseph.vincent@pgcmls.info) for more information or Robert Goldberg-Strassler at [spreadruak@gmail.com](mailto:spreadruak@gmail.com).

*Co-Sponsors: RUAK (Random Unselfish Acts of Kindness); Greenbelt Recreation; Prince George's County Memorial Library System; Greenbelt American Legion Auxiliary.*

**Are you a fan of the arts? Sign-up for our  
ARTFANS WEEKLY E-NEWSLETTER**

Greenbelt Recreation sponsors year-round arts programming for all ages. Hear about the latest artist opportunities, Artful Afternoons and other FREE events, exhibitions, performances, workshops, and more! Follow the link at [www.greenbeltmd.gov/arts](http://www.greenbeltmd.gov/arts) to receive a weekly email. You can also follow us on Facebook and Instagram at [greenbeltrecreationarts](https://www.facebook.com/greenbeltrecreationarts).

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## POOCH PLUNGE

**Saturday, September 7, 11 am - 3 pm**

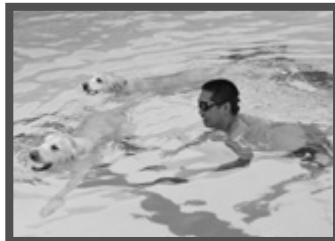
*(Rain date: Sunday, September 8, 11 am - 3 pm)*

**Greenbelt Aquatic & Fitness Center Outdoor Pool**

**Session 1: 11 am - 12:50 pm**

**Session 2: 1 - 2:50 pm**

Participation is limited to 50 dogs per session, on a first come, first serve basis. Fee of \$10 per dog is required. Cash only. One dog per handler; no charge for handler. Each dog handler must be 18 years of age or older.



Please remember, no swimming with the dogs allowed. Handlers may enter the water up to their knees in the mushroom area only. Proof of rabies vaccinations will be required during registration.

Please pre-register at the Animal Control booth at the Greenbelt Labor Day Festival or at the gate.

If you have any questions, please contact us at (301) 474-6124 for more information.



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## ARTFUL AFTERNOONS

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### ART STUDIO OPEN HOUSE AND SALE

**Part of an expanded Artful Afternoon!**

**Greenbelt Community Center, 15 Crescent Rd**  
**Sunday, October 6, 1 - 4 pm**

**1 - 4 pm:** Connect with local creatives in a relaxed and sociable atmosphere. Tour the studios of the Community Center's eight Artists in Residence, and the Greenbelt Access Television (GATe) production studio. Visit with Greenbelt Recreation teaching artists, who will be showing their work on the first floor. Shop for unique fine arts and functional wares, or commission that special piece!

**1 - 4 pm:** Visit an exciting exhibition of fashion and paintings in the art gallery (room 112). Details below.

**1 - 2 pm and 2 -3 pm:** Participate in a FREE, all-ages, hands-on art workshop in the multipurpose room (201). Make whimsical accessories inspired by the current exhibition in the gallery.

Sign up online in advance at <https://www.signupgenius.com/go/409084BABAB2BA4FF2-50235674-october>. Walk-ups also welcome while supplies last.

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### FULL LIST OF FALL ARTFUL AFTERNOONS

**Sundays, 1 - 3 pm, FREE FOR ALL AGES!**

Follow the links to sign-up online in advance and reserve your seat or visit [www.greenbeltmd.gov/arts](http://www.greenbeltmd.gov/arts). Use the tabs at the top of the page to sign up for multiple events.

September 8: Springhill Lake Recreation Center.

October 6: Greenbelt Community Center. Wearable art (accessories).

October 13: Springhill Lake Recreation Center. Wearable art (accessories).

November 3: Greenbelt Community Center. Autumn leaf prints.

November 10: Springhill Lake Recreation Center. Autumn leaf prints.

## FALL FEST

**Saturday, October 12**

**Schrom Hills Park, 6915 Hanover Pkwy**

Make plans now to stroll over to Schrom Hills Park and join us for fun fall activities! Enjoy hay rides, games, amusements, pumpkin patch, pumpkin carving, and music!

Visit [www.greenbeltmd.gov/recreation](http://www.greenbeltmd.gov/recreation).



## HUG WALK (HELP UNITE GREENBELT WITH A LITTLE KINDNESS)

**Sunday, October 20, 1 - 5 pm - rain or shine!**

Join your neighbors for a casual, festive walk promoting unity among Greenbelt's neighborhoods! Join at any of the waypoints. Parking is available at Beltway Plaza. Shuttle service will be provided via the Greenbelt Connection among the stops listed below.

1 pm - Walkers start assembling

1:25 pm - WALK STEPS OFF at entrance to Indian Spring Trail (Cherrywood Ln across from Shell Station)

2 pm - Join the walk at Springhill Lake Recreation Center

2:30 pm - Join the walk at Buddy Attick Lake

3 pm - Join the walk at Roosevelt Center

3:30 pm - Join the walk at Greenbriar Community Center

4 pm - Join the walk at Windsor Green Community Center

4:30 pm - WALK CONCLUDES at Schrom Hills Park

Now celebrating its 5th year, the HUG WALK is organized by RUAK (Random Unselfish Acts of Kindness) in partnership with the City of Greenbelt and the State of Maryland's Walktober initiative. For more information or to co-sponsor the event (at no cost), contact Robert Goldberg - Strassler: [spreadruak@gmail.com](mailto:spreadruak@gmail.com) or (301) 345-8755.

See [page 24](#) for information about Friends and Family Workshop on 9/13, at which you can make a simple puppet for the HUG WALK!



# ANNUAL PUMPKIN FESTIVAL: PUMPKIN CARVINGS & WALKS

Events this October 12, 18, & 19!

Thanks to dedicated volunteers, Greenbelt has a long tradition of pumpkin carving, followed by a walk to enjoy a brisk fall day and the creative pumpkin trail created by the talented carvers. This year the event will offer three locations. Plans are still developing and more information will be available in early October.

Contact information:

Facebook page: <https://www.facebook.com/GreenbeltPumpkinFestival/>

Email: [greenbeltpumpkinfestival@gmail.com](mailto:greenbeltpumpkinfestival@gmail.com)

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## PUMPKIN CARVING

**Multiple event locations, dates, and times. FREE**

This popular community event is a family favorite! Come on out and decorate a pumpkin to be used on the Pumpkin Walk.

**During Fall Fest: Saturday, October 12, 2:30 - 4:30 pm**  
Schrom Hills Park, 6915 Hanover Parkway

**Friday, October 18, 4 pm, FREE**  
Roosevelt Center, Centerway

**Greenbelt West: TBD**

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## PUMPKIN WALKS

**Multiple event locations, dates, and times. FREE**

A Greenbelt tradition! Come out and enjoy the beautiful decorated pumpkins on our Greenbelt trails.

**Saturday, October 12, 6 - 9 pm**  
Schrom Hills Park, 6915 Hanover Parkway

**Saturday, October 19, 6 - 9 pm**  
Northway Fields-End of Northway Rd.



# THE WILD RUMPUS!

A costume party for kids and kids at heart.

Friday, October 25, 4:30pm. Roosevelt Center. FREE!

Wear your Halloween or cosplay costume\* or other fancy dress, and join the celebration! Enjoy community performances on the plaza followed by trick-or-treating with the Roosevelt Center merchants and a short film at the Greenbelt Cinema. No pre-registration required. All ages welcome!

*\*No gore or violent imagery, please; thank you for helping to create a peaceful, playful, and welcoming atmosphere for all participants.*

## PRE-RUMPUS ACTIVITIES

### Giant Puppet Build

**Sunday, October 13, 10 am - 2 pm**, plus open studio time during the following week

Ages 12-adult. Make a backpack puppet and come dance at the Rumpus! See [page 31](#) for more information. This activity is FREE, but advance registration is required.

### Friends and Family Workshop: Rumpus crafts and flash mob dance instruction.

**Saturday, October 19, 11 am – 12pm.**

All ages welcome. See [page 24](#) for details about these additional ways to prepare for the big event! Advance registration required.

### Adult volunteers:

Support the Wild Rumpus before and at the event! Sign-up at <https://www.signupgenius.com/go/409084BABAB2BA4FF2-50076155-wild> or by [clicking here](#).



Above: Wild Thing built and puppeteered by Kristine Smith.



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## EMANCIPATION DAY EVENTS

**Screening of Just Another Bombing**  
**Sunday, November 3, 5 pm**  
**Greenbelt Cinema, 129 Centerway**

This documentary film tells the story of Greenbelt resident, Iona King, and three other family members survival of a Klan bombing of their home on February 16, 1964, in Jacksonville, Florida. This year is the 60th anniversary of the bombing. Ms. King will be available after the film to field questions from the audience.

**Reparations Panel Presentation**  
**Saturday, November 9, 1 pm**  
**Greenbelt Library, Auditorium, 11 Crescent Road**

Join us for a panel discussion on reparations by experts from Morgan State University, Human Rights Watch, Elder Council of the Choptico Band of Piscataway Indians, and others at the Greenbelt Library auditorium.

Contact [blackhistoryandculturegb@gmail.com](mailto:blackhistoryandculturegb@gmail.com) for more information.

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## GOBBLE WOBBLE

**Thursday, November 28, 9 am**  
**Greenbelt Youth Center, 99 Centerway**

Spend Thanksgiving morning with Greenbelt Recreation as we host the 18th annual Gobble Wobble. The Gobble Wobble is roughly a 5K race (2 laps) and a 1.5-mile fun run/walk (1 lap) around Buddy Attick Park lake path. All registrants will receive a Gobble Wobble shirt.

\$20/individual, \$70/family 4-pack (before 11/28)

\$25/individual, \$90/family 4-pack (on 11/28)



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## SPARKLE MART: GREENBELT'S JURIED ART & CRAFT FAIR

**Saturday, December 7, 10 am - 5 pm**

**Sunday, December 8, 10 am - 4 pm**

**Greenbelt Community Center, 15 Crescent Rd**

Find unique, hand-made gifts for all occasions, including housewares, toys, clothing and accessories, jewelry, books and cards, fine arts, and more, along with Greenbelt Museum and Greenbelt Cinema merchandise. Applications accepted through September 13.

Guidelines and application forms are available at [www.greenbeltmd.gov/arts](http://www.greenbeltmd.gov/arts).

Sparkle Mart is one of several festive programs happening in the month of December as part of Greenbelt's Winter Lights Festival. Please check the Virtual Recreation Center on the City website, Greenbelt Recreation's Facebook page, and the Greenbelt News Review in late November for information about additional activities.

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## THE 2024 DANCE PERFORMANCE CLUB PRESENTS THE SNOW QUEEN

Concept and Direction by Angella Foster  
Choreography by Greenbelt Dance Studio Faculty  
Performed by Greenbelt Dance Studio Students

**Greenbelt Community Center, 15 Crescent Road**

**Saturday, December 14, 2 pm**

**Sunday, December 15, 11 am**

**Sunday, December 15, 2 pm**

Featuring performers ages 6-Adult, this imaginative retelling of Hans Christian Anderson's The Snow Queen will incorporate choreography in a variety of styles, including ballet, jazz, contemporary, ballroom and tap. Enjoyable for all ages.

**Tickets: \$5;** advance sales (highly recommended) at (301) 397-2208.



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## ART SHARES

**Greenbelt Community Center, Ground Floor East**

**Friday, September 27, 7 - 8 pm**

**Sunday, October 20, 2 - 3 pm**

**Friday, November 22, 7 - 8 pm**

**Sunday, December 15, 2 - 3 pm**

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. FREE!



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## PARENT'S NIGHT OUT

**AGES 4-12**

Greenbelt Community Center, Ground Floor East  
An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Drop off and pick-up anytime you wish during the session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

**Fridays, 5 - 8:30 pm**

**433222-1: September 20**

**433222-2: October 11**

**433222-3: November 15**

**433222-4: December 20**

**Per child, per date:**

**R: \$20, NR: \$25**



# Preschool Programs

## Preschool Programs

Contact: LaToya Fisher  
(240) 542-2191 [lfisher@greenbeltmd.gov](mailto:lfisher@greenbeltmd.gov)

### GREENBELT LITTLES PRESCHOOL AGES 3-5

This is a traditional preschool program that provides activities that encourage social development, offer beginning reading, math and science curriculum, develop fine and gross motor skills, and encourage lots of fun with peers. Children must be fully potty trained before attending the program.

Please call (301) 397-2200 to receive an email or phone call from our Preschool Director for more details.

*\*Student registration packet due before the first day of class.*

**427503-1:** Ages 3-5  
Tu/Th 9 am - 12:30 pm /  
YC  
25 mtgs: 9/12 - 12/12  
(No class 11/26, 11/28)  
**R: \$503, NR: \$590**

**427503-2:** Ages 4-5  
M/W/F 9 am-1:30 pm /  
YC  
37 mtgs: 9/11 - 12/13  
(No class 11/11, 11/25,  
11/27, 11/29)  
**R: \$957, NR: \$1123**



## Active Play

Contact: AJ Sesay  
(240) 542-2198 [asesay@greenbeltmd.gov](mailto:asesay@greenbeltmd.gov)

### SHORTY SPORTS AGES 3-4

If you are looking to get your young child oriented with team sports and the concept of sportsmanship, then this is the program for you. This class will cover a variety of sports, including soccer, t-ball and basketball, with an emphasis on sportsmanship and learning the game.

**422500-1:** Sa 9 - 9:45 am / YC-GYM  
6 mtgs: 9/21 - 10/26  
**R: \$35, NR: \$40**

### MORE CLASSES FOR KIDS AGES 4 & UP

Read about **DROP IN MAKERS & ARTISTS** on [page 10](#) for more classes for kids 4 & up.

Looking for a night to yourself while your kids have an evening to themselves? Check out **PARENT'S NIGHT OUT!** This program takes place one Friday a month and provides kids with an evening of fun and includes dinner. See [page 10](#) for more information and dates.

## Visual Arts

**Contact:** Amanda Demos Larsen  
(240) 542-2062 [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov)

### PRESCHOOL ART EXPLORATION AGES 1-5

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: sections 1 and 2 are for children; section 3 is for caregivers.

**423201-1:** W 9:30 - 10:30 am / CC-113  
11 mtgs: 9/11 - 11/20

**423201-2:** Th 9:30 - 10:30 am / CC-113  
11 mtgs: 9/12 - 11/21

**R: \$65, NR: \$75**

**423201-3:** Caregivers ages 16+  
(No charge, but registration required)

*\*This class is subsidized by the Mary Purcell Geiger Scholarship. To give back, donate to the scholarship fund by emailing [rcampbell@greenbeltmd.gov](mailto:rcampbell@greenbeltmd.gov) or in the Community Center main office.*

To access scholarship funding for other art programs, email [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov) for more information.



## Performing Arts

**Contact:** Viola Pitts or Angella Foster  
[vpitts@greenbeltmd.gov](mailto:vpitts@greenbeltmd.gov) [afoster@greenbeltmd.gov](mailto:afoster@greenbeltmd.gov)

### BABY MUSIC

### AGES BIRTH-3

This class will help parents and small children enjoy music together in daily life. Explore nursery rhymes and folk songs, games and movement, recorded music and age-appropriate instruments and more.

**424202-1:** Th 10:45 - 11:30 am / CC-201  
7 mtgs: 9/26 - 11/7  
**R: \$40, NR: \$45**

**Instructor:** Melissa Sites

### STORYBOOK DANCE THEATER

### AGES 3-6

Storybook Theater leads young movers through a joyful exploration of movement, music and imagination with a storybook theme. Students will develop their coordination, confidence and rhythmic skills while creating dances inspired by the session's theme. We often make simple crafts to serve as props and set for our storybook dances. Students should wear clothes that are easy to move in and bare feet. No jeans or costumes, please. Minimum age requirement must be met by first class meeting unless student has received permission of instructor to register.

**424204-1:** M 4:30 - 5:15 pm / CC-10  
9 mtgs: 9/9 - 11/25 (No class 9/16, 10/14, 11/11)  
**R: \$72, NR: \$80**

**Instructor:** Angella Foster

**424204-SA:** Sa 9:45 - 10:30 am / CC-10  
8 mtgs: 9/7 - 11/9 (No class 10/12, 10/19)  
**R: \$64, NR: \$72**

**Instructor:** Viola Pitts

# Elementary & Middle School

## Health & Fitness

Contact: AJ Sesay  
(240) 542-2198 [asesay@greenbeltmd.gov](mailto:asesay@greenbeltmd.gov)

### TKA KARATE

AGES 5-12

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

**432500-1:** M 6:30 - 7:30 pm / YC-GYM  
14 mtgs: 9/9 - 12/9  
**R: \$98, NR: \$105**

### GAME ON TENNIS

AGES 10-15

Experience the joy of tennis this fall at JTCC's (Junior Tennis Champions Center) clinics for ages 10 to 15, hosted at the Historic Greenbelt Tennis Courts. Geared towards beginner players, these clinics offer a perfect opportunity for students to develop tennis fundamentals through engaging drills and interactive games. At the conclusion of the program, coaches will select motivated students to earn scholarships for an additional 10 weeks of free training at the JTCC facility in College Park, MD. Join us for a season of athletic development, camaraderie, and fun on the tennis courts!

M 6:30 - 8 pm / TENNIS COURTS  
9 mtgs: 9/9 - 11/4  
**FREE**

Register: <https://forms.gle/D5qV7XrwPpXAJot6>

## Visual Arts

Contact: Amanda Demos Larsen  
(240) 542-2062 [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov)

### INTRODUCTION TO MAKING COMICS

AGES 8-15

Learn to tell stories in drawings with this class that will build your creative ideas into comics. We will practice brainstorming, drawing characters in action, framing scenes, and combining words and images. Most class time will be spent drawing. Through the weeks we will develop our work from single frame drawings, to short strips, to full pages. Participants will be encouraged to keep an idea notebook. All drawing levels are welcome.

**433200-1:** M 4:30 - 6 pm / CC-113  
5 mtgs: 9/9 - 10/7  
**R: \$95, NR: \$105**

**433200-2:** M 4:30 - 6 pm / CC-113  
5 mtgs: 10/21 - 11/25 (No class 11/11)  
**R: \$95, NR: \$105**

Instructor: Vanessa Daelemans



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**CERAMIC HAND-BUILDING****AGES 6-15**

Fall into creativity in the ceramic studio with clay fun! Make pottery you can use and fun sculptures in this class. Learn and improve upon hand-building and glazing skills. All materials provided.

**433208-1:** W 4:15 - 5:45 pm / CC-304  
9 mtgs: 9/18 - 11/20 (No class 10/2)  
**R: \$130, NR: \$140**

**433208-2:** Th 1 - 2:30 pm / CC-304  
9 mtgs: 9/19 - 11/21 (No class 10/3)  
**R: \$130, NR: \$140**

**433208-3:** Th 4:15 - 5:45 pm / CC-304  
9 mtgs: 9/19 - 11/21 (No class 10/3)  
**R: \$130, NR: \$140**

**Instructor:** Judy Goldberg-Strassler



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**ARTISTIC NATURE DETECTIVES****AGES 8-15**

This class will rotate between outdoor nature walks and studio time. We will stop to smell the roses and draw them! Students will keenly observe nature and translate their observations into detailed art in their nature journal. Chosen artwork will also be printed onto various usable items for each young artist. Items may include a pencil bag, tote bag and more! Come explore!

**433214-1:** Sa 1 - 3 pm / CC-113  
4 mtgs: 10/19 - 11/9  
**R: \$90, NR: \$100**

**Instructor:** Amanda Swift

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**STOP MOTION ANIMATION STORYTELLING****AGES 8-15**

Tell your own story with stop motion animation! The class will begin with a recorded discussion of memories, dreams, and recollections which will be the basis of your project. Students will craft jointed-puppets out of paper, as well as backgrounds and props to enhance their story. As the class progresses, you'll learn to use the Stop Motion Studio app to record some stop-motion animation, and finish off your project with some simple editing. Greenbelt Access Television (GATe) will provide all necessary equipment and materials. This class includes a GATe membership for the FALL session.

**437602-3:** M 5:30 - 7 pm / CC-204 (GATe STUDIO)  
5 mtgs: 9/9 - 10/7  
**R: \$90, NR: \$100**

**437602-4:** M 5:30 - 7 pm / CC-204 (GATe STUDIO)  
5 mtgs: 10/21 - 11/25 (No class 11/11)  
**R: \$90, NR: \$100**

**Instructor:** Ali Everitt



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**DIGITAL ANIMATION****AGES 11+**

Learn basic skills to create an original character and background on the Mac or your own device. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

**447601-1:** Tu 5 - 7 pm / CC-204 (GATe STUDIO)  
10 mtgs: 9/10 - 11/12  
**R: \$105, NR: \$115**

**Instructor:** George Kochell

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## YOUTH WHEEL

AGES 10-15

Discover the creative possibilities of the potter's wheel! Learn and improve your technical skills while creating functional and decorative pottery. Also learn a variety of fun surface decoration techniques to give your pots personality.

**443251-1:** Tu 4:15 - 6 pm  
/ CC-305

10 mtgs: 9/17 - 11/19

**R: \$180, NR: \$190**

**Instructor:** Gina Mai Denn



**443251-2:** W 4:15-6 pm/  
CC-305

10 mtgs: 9/18 - 11/20

**R: \$180, NR: \$190**

**Instructor:** Gina Mai Denn

**443251-3:** Th 10 am-12  
pm/CC-305

9 mtgs: 9/19 - 11/21 (No class 10/3)

**R: \$175, NR: \$185**

**Instructor:** Judy Goldberg-Strassler

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## FELTING WORKSHOP: MOOD MONSTERS AGES 10+

This class is designed to help felting Friends & Family Workshop participants hone and improve their needle felting skills. Beginners are also welcome. Students will make a mood monster. Students with more experience may have time to add decorations to their creations. Children younger than 10 may request permission to register with an accompanying adult. Students are welcome to bring a snack or lunch to eat during a break in class.

**443204-1:** Su 11:30 am - 1:30 pm / CC-113

2 mtgs: 9/15 - 9/22

**R: \$60, NR: \$70**

**Instructor:** Vanessa Zanin

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## THE STITCHERY: PRACTICAL & BEAUTIFUL STITCHING FOR EVERYONE

AGES 12+

Learn simple stitching skills and make a monthly project at your own pace, or work on your own project with guidance available from the instructor. Students may purchase a stitching kit each month that is designed by the instructor with projects such as embroidered felt mandalas and an embroidered flower bouquet featuring your own special buttons. Class will have access to general sewing tools such as needles, scissors, and sewing machines. Students can customize their projects by providing their own supplies of embroidery floss, decorations, etc. Students who wish to receive the September kit on 9/9 should register and pay by 8/30. Later registrations will receive the kit on 9/16.

**September Kit:** Autumn Mandalas \$25

**October Kit:** Button Flower Bouquet \$25

**November Kit:** Hen or Goose Ornament \$25

**December Kit:** Single Flower Mittens \$45

**443205-1:** M 5 - 7 pm / CC-116

9 mtgs: 9/9 - 11/18 (No class 10/14, 11/11)

**R: \$140, NR: \$150**

**443205-2:** M 5 - 7 pm / CC-113

2 mtgs: 12/2 - 12/9

**R: \$35, NR: \$40**

**Instructor:** Leah Cohen





## Dance

Contact: Angella Foster  
afoster@greenbeltmd.gov

Minimum age requirement must be met by first class.

### BALLET BASICS

AGES 6-9

Ballet Basics introduces aspiring dancers to the fundamentals of classical ballet. Designed for those who are new to ballet, or returning after a long break, this class helps students develop the flexibility, strength and discipline needed to take their ballet technique to the next level. No previous dance experience required; students may repeat this class until they have mastered the basics and are ready for the next course in the series. In-studio observation day for friends and family on the last day of class! Uniform: Students may choose to wear either the Traditional Girls (black or pink leotard, pink ballet shoes with pink tights OR flesh tone shoes with flesh tone tights) or Traditional Boys (black ballet shoes, black leggings, snug white t-shirt) uniform. Hair must be secured off of the face and neck. No jeans or costumes.

**434202-1:** Th 4:30 - 5:30 pm / CC-10  
11 mtgs: 9/5 - 12/5 (No class 10/10, 10/31, 11/28)  
**R: \$110, NR: \$120**

**Instructor:** Kelly McLaughlin

**434202-2:** Sa 10:30 - 11:30 am / CC-10  
9 mtgs: 9/14 - 11/16 (No class 10/12)  
**R: \$90, NR: \$100**

**Instructor:** Gabriela D'Andrea



### TAP BASICS

AGES 6-9

Tap Basics helps aspiring dancers develop the coordination and rhythm needed to execute classic tap steps. Inspired by music from Broadway and the movies, dancers will learn a variety of fun, choreographed dances to a range of age-appropriate music. No previous dance experience required; students may repeat this class until they have mastered the basics and are ready for the next course in the series. In-studio observation day for friends and family on the last day of class! Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended, no character heels, please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

**434207-1:** W 4:30 - 5:30 pm / CC-106  
11 mtgs: 9/4 - 12/4 (No class 10/2, 11/6, 11/27)  
**R: \$110, NR: \$120**

**Instructor:** Juliana Venegas

### JAZZ BASICS

AGES 6-9

Jazz Basics introduces aspiring dancers to the fundamentals of musical theater jazz. Designed for those who are new to jazz dance, or returning after a long break, this class helps students develop the rhythm and coordination needed to learn fun, upbeat jazz dances set to a variety of age-appropriate music. No previous dance experience required; students may repeat this class until they have mastered the basics and are ready for the next course in the series. In-studio observation day for friends and family on the last day of class! Uniform: snug fitting t-shirt / tank top or leotard with athletic capris, pants or leggings; no jeans or costumes, please. Jazz shoes are recommended; bare feet or ballet slippers also permitted. Hair must be secured off face and neck.

**434205-SA:** Sa 11:30 am - 12:30 pm / CC-12  
8 mtgs: 9/7 - 11/9 (No class 10/12, 10/19)  
**R: \$80, NR: \$90**

**Instructor:** Viola Pitts



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### ADVANCED BEGINNER BALLET AGES 7-11

Advanced Beginner Ballet is designed for students who have mastered Ballet Basics, have had at least one full year of ballet training and/or have permission of instructor to enroll. This class focuses on developing each dancer's understanding and consistent execution of classical ballet basics as well as the development of their performance skills. Students may repeat this class until they have demonstrated mastery of the skills taught at this level and are ready for the next course in the series. In-studio observation day for friends and family on the last day of class! Uniform: Students may choose to wear either the Traditional Girls (black leotard with pink ballet shoes and pink tights OR flesh tone ballet shoes with flesh tone tights) or Traditional Boys (black ballet shoes, black leggings, snug white t-shirt) uniform. Hair must be secured off of the face and neck. No jeans or costumes

**434211-1:** M 5:30 - 6:30 pm / CC-10  
11 mtgs: 9/9 - 12/9 (No class 9/16, 10/14, 11/11)  
**R: \$110, NR: \$120**

**Instructor:** Angella Foster

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### ADVANCED BEGINNER TAP AGES 7-11

Advanced Beginner Tap is designed for students who have mastered Tap Basics, have had at least one full year of tap training and/or have permission of instructor to enroll. In this class, students will be challenged to increase both their speed and coordination as well as master more complex rhythms and improvisational structures. Students may repeat this class until they have mastered the skills taught at this level and are ready for the next class in the series. In-person observation day for friends and family on the last day of class! Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended, no character heels, please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

**434210-1:** Tu 4:45 - 5:30 pm / CC-106  
11 mtgs: 9/3 - 11/19 (No class 11/5)  
**R: \$88, NR: \$96**

**Instructor:** Lisa Pellittiere

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**MUSICAL THEATER JAZZ****AGES 8-12**

Musical Theater Jazz is a fun, open-level introduction a variety of musical theater jazz styles. Set to music from Broadway shows, movie musicals and popular music from past to present, dancers will learn choreographed dances that emphasize musicality and performance energy. In-studio observation day for friends and family on the last day of class! Uniform: snug fitting t-shirt / tank top or leotard with athletic capris, pants or leggings; no jeans or costumes, please. Jazz shoes are recommended; bare feet or ballet slippers also permitted. Hair must be secured off face and neck.

**434206-1:** W 5:30 - 6:30 pm / CC-10  
11 mtgs: 9/4 - 11/20 (No class 10/2)  
**R: \$110, NR: \$120**

**Instructor:** Kelly McLaughlin

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**CLASSICAL CHINESE DANCE****AGES 8-12**

Classical Chinese Dance is a beginner-friendly, open-level class designed to introduce students to the fundamentals of various styles of classical Chinese dance. Students will also learn about the history and culture of classical Chinese dance while learning dances that use various traditional props. In-studio observation day for friends and families on the last day of class! Uniform: snug fitting shirt or leotard with leggings or athletic pants; preferred footwear of ballet shoes, but students may dance barefoot. Hair must be secured off face and neck.

**434201-1:** W 6:30 - 7:30 pm / CC-10  
11 mtgs: 9/4 - 11/20 (No class 10/2)  
**R: \$110, NR: \$120**

**Instructor:** Rose Qi

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**INTERMEDIATE BALLET****AGES 8-12**

Intermediate Ballet is designed for students who have completed Advanced Beginner Ballet, have had at least two full years of ballet training and/or have permission of instructor to enroll. In this class, the emphasis will be on developing each dancer's understanding and mastery of intermediate-level ballet vocabulary as well as the performance quality essential to classical ballet. In-studio performance for friends and family on last day of class! Uniform: Students may choose to wear either the Traditional Girls (black leotard with pink ballet shoes and pink tights OR flesh tone ballet shoes with matching flesh tone tights) or Traditional Boys (black ballet shoes, black leggings, snug white t-shirt) uniform. Hair must be secured off of the face and neck. No jeans or costumes

**434203-1:** Th 5:30 - 6:30 pm / CC-10  
11 mtgs: 9/5 - 12/5 (No class 10/10, 10/31, 11/28)  
**R: \$110, NR: \$120**

**Instructor:** Kelly McLaughlin

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**INTERMEDIATE/ADVANCED TAP**  
**AGES 10-TEEN**

Intermediate / Advanced Tap is designed for students who have mastered Advanced Beginner Tap, have had at least three full years of tap training and/or have permission of instructor to enroll. In this class, students continue to hone their classic tap technique through learning increasingly complex choreography. Additional emphasis will be on structured improvisation in a group setting. In-person observation day for friends and family on the last day of class! Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended; no character heels, please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

**444205-1:** W 5:30 - 6:30 pm / CC-106  
11 mtgs: 9/4 - 12/4 (No class 10/2, 11/6, 11/27)  
**R: \$110, NR: \$120**

**Instructor:** Juliana Venegas



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## ADVANCED BALLET

AGES 12-18

Advanced Ballet is designed for students who have completed Intermediate Ballet, have had at least four full years of ballet training and/or have permission of instructor to enroll. In this class, the emphasis will be on developing each dancer's understanding and mastery of advanced ballet vocabulary as well as the performance quality essential to classical ballet. In addition, students will do conditioning work in preparation for beginning pointe work. In-studio performance for friends and family on last day of class! Uniform: Students may choose to wear either the Traditional Girls (black leotard, solid color ballet wrap skirt and pink ballet shoes and pink tights) OR flesh tone ballet shoes with matching flesh tone tights) or Traditional Boys (black ballet shoes, black leggings, snug white t-shirt) uniform. Hair must be secured off of the face and neck. No jeans or costumes.

**444211-1:** M/Th 6:30 - 7:45 pm / CC-10  
21 mtgs: 9/9 - 12/9  
(No class 9/16, 10/10, 10/14, 10/31, 11/11, 11/28)  
**R: \$262, NR: \$272**

**Instructors:** Angella Foster & Kelly McLaughlin

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## BALLET REPERTORY

AGES 10-18

Ballet Repertory is designed for students who are concurrently enrolled in Intermediate or Advanced Ballet OR have permission of instructor to register. Students enrolled in this class are expected to perform in our fall production of *The Snow Queen*, and they must be available for the majority of the Dance Performance Club rehearsals on Saturdays, 1 - 4 pm, 9/7-12/7. In addition, students must be available for the following mandatory production dates: Dress Rehearsals, 12/12 & 12/13, 4:30 - 7:30pm and Performances, 12/14 & 12/15, 10 am - 4:30 pm. Any conflicts with mandatory production dates must be approved by program director before registration. Uniform: Students may choose to wear either the Traditional Girls (black leotard, solid color ballet wrap skirt and pink ballet shoes and pink tights) OR flesh tone ballet shoes with matching flesh tone tights) or Traditional Boys (black ballet shoes, black leggings, snug white t-shirt) uniform. Hair must be secured off of the face and neck. No jeans or costumes.

**444212-1:** F 4:30 - 6 pm / CC-10  
7 mtgs: 9/6, 9/20, 10/4, 10/18, 11/8, 11/22 & 12/6  
**R: \$105, NR: \$120**

**Instructors:** Kelly McLaughlin & Angella Foster

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**TAP REPERTORY****AGES 10-18**

Tap Repertory is designed for students who are concurrently enrolled in Intermediate / Advanced Tap AND are intending to perform in our fall production of The Snow Queen. Students enrolled in this class must be available for the majority of the Dance Performance Club rehearsals on Saturdays, 1 - 4 pm, 9/7-12/7 and the following mandatory production dates: Dress Rehearsals, 12/12 & 12/13, 4:30 - 7:30 pm and Performances, 12/14 & 12/15, 10 am - 4:30 pm. Any conflicts with mandatory production dates must be approved by instructor before registration. Uniform: leotard, snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Tap shoes are required. Black oxford style taps are recommended, no character heels, please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

**434214-1:** Tu 5:30 - 6:30 pm / CC-106  
13 mtgs: 9/3 - 12/10 (No class 11/5, 11/26)  
**R: \$140, NR: \$150**

**Instructor:** Lisa Pellittiere



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**CONTEMPORARY REPERTORY****AGES 10-18**

Contemporary Repertory is designed for students who are concurrently enrolled in an intermediate or advanced level weekly technique class, classical Chinese dance or musical theater jazz or have permission of instructor to register. Students enrolled in this class are expected to perform in our fall production of The Snow Queen, and they must be available for the majority of the Dance Performance Club rehearsals on Saturdays, 1 - 4 pm, 9/7-12/7. In addition, students must be available for the following mandatory production dates: Dress Rehearsals, 12/12 & 12/13, 4:30 - 7:30 pm and Performances, 12/14 & 12/15, 10 am - 4:30 pm. Any conflicts with mandatory production dates must be approved by program director before registration. Uniform: leotard, snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes, please. Bare feet preferred but students who own ballet slippers or jazz shoes may bring them to class meetings and rehearsals. Minimum age requirement must be met by first class meeting unless student has received permission of instructor to register.

**444216-1:** F 6 - 7:30 pm / CC-10  
7 mtgs: 9/6, 9/20, 10/4, 10/18, 11/8, 11/22 & 12/6  
**R: \$105, NR: \$120**

**Instructor:** Angella Foster



## DANCE PERFORMANCE CLUB

AGES 5-TEEN

Dance Performance Club is perfect for young and maturing dancers ready to step into the spotlight. In this class, dancers will prepare to perform in our original production of *The Snow Queen*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, ballroom and tap in an imaginative retelling of the Hans Christian Anderson fairytale *The Snow Queen*. Uniform: Uniform will serve as the foundation for added costume pieces provided by the dance program; more details provided after enrollment. For rehearsal, students may choose to wear one of the following options: Traditional Girls--Black or solid-color leotard (sleeveless; no attached skirts) and pink or flesh tone convertible tights OR Traditional Boys--Black dance t-shirt and black leggings. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers).

**PREREQUISITE:** To participate, students must also be concurrently enrolled in a weekly technique class in our program and **MUST** be available for required dates and times below. Students who are not yet 9 years old and are registered for a concurrent Basics level class should register for section 434208-4. Prior permission from instructor is needed if student is not able to meet these requirements. Attendance policies for weekly rehearsals and special rehearsals / fittings will be communicated after enrollment.

### REQUIRED DATES:

**Dress Rehearsals:** Thursday, 12/12, 4:30 - 7:30 pm,  
Friday, 12/13, 4:30 - 7:30 pm

**Performances:** Saturday, 12/14, 10 am - 4 pm,  
Sunday 12/15, 10 am - 4 pm

**SPECIAL REHEARSALS / FITTINGS** are subject to the same attendance policies as weekly Saturday rehearsals:

Friday, 11/15, 4:30 - 7 pm Ages 6-8, 4:30 - 6 pm and  
8-Teen, 5:30 - 7 pm (second costume fitting)

Saturday, 11/23, 1 - 4 pm Ages 6-8 and 8-Teen (in-  
studio dress rehearsal)

**434208-1:** Ages 8-Teen Sa 1 - 4 pm / CC-10  
12 mtgs: 9/7 - 12/7 (No class 10/12, 11/30)  
**R: \$165, NR: \$175**

**434208-4:** Ages 5-7 Sa 1 - 4 pm / CC-10  
12 mtgs: 9/7 - 12/7 (No class 10/12, 11/30)  
**R: \$125, NR: \$165**

**Instructor:** Angella Foster & Greenbelt Dance Studio  
Faculty

# Music

Contact: Chris Cherry  
(240) 542-2055 [ccherry@greenbeltmd.gov](mailto:ccherry@greenbeltmd.gov)



GET READY FOR YOUTH MUSICAL!

AGES 11-18

This three-session musical theater skills workshop is a must if you are planning to participate in the upcoming Winter Youth Musical -- or if you simply want to explore the possibility. In a fun and supportive setting, aspiring teen performers will learn how to project like a pro, move with confidence, analyze a song, and use strategic emphasis to convey meaning and command the attention of an audience. Your participation will help the instructors choose the 2024 Youth Musical and prepare you for the casting rehearsal, which is scheduled for December 9.

**NEW REQUIREMENT:** This workshop (or permission of the director) is a prerequisite for registering for the Youth Musical.

**444260-1:** Sa 4 - 6 pm/CC-106

3 mtgs: 10/19 - 11/2

**R: \$24, NR: \$27**

**Instructors:** Christopher Cherry

# Family & Friends Art Workshops

Workshops are open to all ages!

## FRIENDS & FAMILY ART WORKSHOP: MONARCH MIGRATION PUPPET FLASH MOB

Celebrate the annual fall migration of monarch butterflies to their winter home in Mexico, and bring some creative magic to your community! Decorate a large monarch puppet, then return to participate in "The Fluttering" - a puppet flash mob at the Springhill Lake Recreation Center. The butterflies will greet participants in the HUG Walk ([page 6](#)) on October 20!

**433204-1:** F 5:30 - 7 pm / SHLRC

1 mtg: 9/13

**R: \$5, NR: \$10**

**Instructor:** Nicole DeWald & Caitlyn McGillen

## FRIENDS & FAMILY ART WORKSHOP: NEEDLE FELTING HOLIDAY ORBS

Have creative fun making a garland out of wool and felt and yarn. Adults and teens 12+ will learn to needle felt spherical shapes. Children under 12 will learn to make pom poms. Felting takes time so this works best as a group activity. All ages welcome. No experience necessary. Children 6 and under must be accompanied by a registered adult.

**433206-1:** F 5:30-7 pm/CC-113

1 mtg: 12/13

**R: \$5, NR: \$10**

**Instructor:** Vanessa Zanin

## FRIENDS & FAMILY ART WORKSHOP: WILD RUMPUS FLASH MOB DANCE & WEARABLE INSTRUMENT

Participants will prepare to participate in the annual Rumpus at Roosevelt Center on October 25 by learning a "flash mob" dance and making a wearable musical instrument! Participants should wear clothing that they can move in and get messy. The studio will be open until 1:30 pm for those who need additional time to finesse their instruments or practice dance moves.

More information about the Wild Rumpus is available on [page 8](#).

**433209-1:** Sa 11 am - 12:45 pm / CC-GFE

1 mtg: 10/19

**R: \$5, NR: \$10**

**Instructors:** Rachel Cross (musical instrument) & Lisa Pellittiere (dance)



*\* Friends & Family Art Workshops are funded by Maryland State Arts Council. Participants are invited to contribute a small amount to help offset materials costs.*



## Special Interest

### DROP-IN MAKERS & ARTISTS AGES 4-15

This is an unstructured open art studio for kids and their adults. Participants are invited to use general art supplies for independent art-making (crayons, markers, paper, play dough) or do a daily focused art activity provided by arts staff. Students ages 4-7 must have an adult stay with them and actively participate. Students ages 8-12 may bring an adult or attend on their own. Participants may arrive or depart at any time during the scheduled studio time. Participants may choose drop in days for the session at time of registration. Fees are per visit.

**433207-1:** Tu/W/Th 4:30 - 6 pm / CC-113  
13 weeks: 9/10 - 12/5  
(No class 10/31, 11/26, 11/27, 11/28)  
**R: \$10, NR: \$12**

**Instructors:** Ana Fernandez-Napp, Adam Campanile



### PARENT'S NIGHT OUT

AGES 4-12

An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities, and a pizza dinner. Drop off and pick-up anytime you wish during the three-hour session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

**433222-1:** F 5 - 8:30 pm / CC-GFE  
1 mtg: 9/20  
**R: \$20, NR: \$25**

**433222-2:** F 5 - 8:30 pm / CC-GFE  
1 mtg: 10/11  
**R: \$20, NR: \$25**

**433222-3:** F 5 - 8:30 pm / CC-GFE  
1 mtg: 11/15  
**R: \$20, NR: \$25**

**433222-4:** F 5 - 8:30 pm / CC-GFE  
1 mtg: 12/20  
**R: \$20, NR: \$25**

### PARENT'S NIGHT ART WORKSHOPS

These classes occur during Parent's Night Out, providing a fun activity for parents whose kids are participating in Parent's Night Out, but anyone can register! No art experience needed! These workshops are for the very beginner.

**MOSAIC COASTERS**  
**453222-1:** F 5:30 - 7 pm / CC-113  
1 mtg: 9/20  
**R: \$40, NR: \$50**  
**Instructor:** Amanda Larsen

**PERSONALITY PLANTERS**  
**453222-2:** F 5:30 - 7 pm / CC-304  
2 mtgs: 10/11 & 11/15  
**R: \$55, NR: \$65**  
**Instructor:** Rebecca Squire

# Teen & Adult Programs

## Visual Arts

Contact: Amanda Demos Larsen  
(240) 542-2062 [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov)

### FUNDAMENTALS OF DRAWING AGES 16+

Learn how to “see” as an artist! This class will focus on developing and expanding one’s observational abilities and skills. Students will learn the basics of line, texture, value, and perspective and explore subjects such as still life, portraits, flowers and plants, landscapes, and animals. Students will supply their own materials. Basic materials from each lesson will be available for students to try before they purchase their own. This class includes Visual Arts Open Studio.

**453201-1:** Tu 6:30 - 8:30 pm / CC-113  
11 mtgs: 9/10 - 11/19  
**R: \$185, NR: \$195**

**Instructor:** Vanessa Daelemans

#### VISUAL ARTS OPEN STUDIO

Visual Arts Open Studio is included in select teen/adult classes as noted (no separate registration required). Visual Arts patrons who have completed at least two visual arts classes with Greenbelt Recreation (8 weeks or longer) are eligible to register for Open Studio as a stand-alone option. Participants who are new to this studio should please enroll in a class.

#### **453231-1:**

M-F 9 am - 9:30 pm\*

Sa 9 am - 6 pm\*

Su 9 am - 7 pm\*

*\*When the rooms are not reserved*

13 weeks: 9/9 - 12/8

**R: \$40, NR: \$50**

### WATERCOLOR PAINTING AGES 16+

Explore the joys of watercolor! Discover fun techniques to give a fresh approach to your paintings and cultivate your creativity. This in-person class is tailored to the individual artist, both the fresh beginner and the more advanced student. During class, the instructor will demo different painting techniques to help students take their artistic skills to the next level. Students can bring images they wish to paint or paint an image provided by the instructor. Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes. This class includes Visual Arts Open Studio.



**453209-1:** Tu 1 - 3 pm / CC-113  
8 mtgs: 9/24 - 11/12  
**R: \$145, NR: \$155**

**453209-2:** Th 6:30 - 8:30 pm / CC-113  
8 mtgs: 9/26 - 11/21 (No class 10/31)  
**R: \$145, NR: \$155**

**Instructor:** Sally Davies

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**EXPLORING WATERCOLOR PAINTING  
THROUGH ART HISTORY** AGES 16+

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes. This class includes Visual Arts Open Studio for students who have previously taken an in-person class.

**453210-1:** Tu 9:30 -  
11:30 am / ZOOM  
6 mtgs: 9/24 - 10/29  
**R: \$120, NR: \$130**

**Instructor:** Racquel  
Keller



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**BEGINNING I STAINED GLASS WORKSHOP:  
STRAIGHT CUTS** AGES 16+

Beginner students will make a small stained-glass window hanging using the copper foil technique. The goal is to learn to cut straight line pieces of glass, foil, and solder them into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass. All materials provided.

**453213-1:** Sa 10 am - 2 pm / CC-GFE  
1 mtg: 9/14  
**R: \$85, NR: \$95**

**Instructor:** Maureen Stone

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**BEGINNING II STAINED GLASS WORKSHOP:  
CUTTING CURVES** AGES 16+

Students should have completed a prior stained glass workshop or have other stained glass experience. This workshop will build on the basic skills learned in Beginning Stained Glass Workshop. Students will improve their skills of cutting, breaking, foiling and soldering glass and will also learn to cut curves and execute designs with curved lines. All materials provided.

**453214-1:** Su 10 am - 2 pm / CC-GFE  
1 mtg: 9/22  
**R: \$85, NR: \$95**

**Instructor:** Maureen Stone



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**LEVEL 2 PAINTING ON CANVAS** AGES 16+

Suitable for students who have completed an acrylic or oil painting class or have outside experience in one of these media. Students will plan and complete a large painting of their choice. Several different painting techniques and demos will be introduced, including underpainting, color blocking, blending, and glazing. This class will primarily focus on oil paint, but students who wish to work in acrylic are welcome. Please do not bring paint or solvents that require masks or extra ventilation. Students will supply their own materials. If you have questions about appropriate painting materials, email Amanda Larsen at [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov). This class includes Visual Arts Open Studio.

**453212-1:** M 6:30 - 8:30 pm / CC-113  
11 mtgs: 9/9 - 11/25 (No class 11/11)  
**R: \$185, NR: \$195**

**Instructor:** Emily Liddle

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**STAINED GLASS CRAFT & DESIGN AGES 16+**

For students who have taken two stained glass workshops and learned to cut curves. Learn to make a stained glass panel from beginning to end. Refine your skills by executing pieces that fit tightly into a complete framed panel. New methods are taught frequently and individual direction is always provided. Patterns include organic and abstract designs and usually have 20-30 pieces in each pattern. Patterns are of varying difficulty. Intermediate students are encouraged to bring patterns or designs they want to create including photographs. Learn to convert a photo into a pattern. There will be an extra fee of \$25 for glass, or you can bring your own. All other materials and tools will be provided for use during class. Prerequisite: Beginner I and II Stained Glass Workshops, or permission from the instructor if you have other stained glass experience.

**453215-1:** Th 6 - 8 pm / CC-GFE  
6 mtgs: 9/26 - 11/7 (No class 10/3)

**R: \$150, NR: \$160**

**Glass purchase \$25**

**453215-2:** F 10 am - 12 pm / CC-GFE  
6 mtgs: 9/27 - 11/8 (No class 10/4)

**R: \$150, NR: \$160**

**Glass purchase \$25**

**Instructor:** Maureen Stone

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**FUSED GLASS ORNAMENT AGES 12+**

Fused glass is the art of melting colored glass into art pieces. Register for section 1 to make two fused glass ornaments or for both sections to make four ornaments. Ornaments are suitable to hang on a tree or in your window or anywhere that catches light. Completed pieces will be available for pick up on Tuesday, December 3. Children younger than 12 may register with a participating adult.

**453218-1:** Su 11 am - 12:30 pm / CC-GFE  
1 mtg: 12/1

**R: \$65, NR: \$75**

**453218-2:** Su 12:30 - 1:30 pm / CC-GFE  
1 mtg: 12/1

**R: \$65, NR: \$75**

**Instructor:** Christina (Tina) Van Pelt

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**FUSED GLASS JEWELRY AGES 16+**

Fused glass is the art of melting colored glass into art pieces. Register for section 1 to make two pieces of fused glass jewelry or for both sections to make four pieces. Completed pieces will be available for pick up on Tuesday, September 17. If your teens or older children are interested in taking the class with you, check with us for permission!

**453219-1:** Su 11 am - 12:30 pm / CC-GFE  
1 mtg: 9/15

**R: \$65, NR: \$75**

**453219-2:** Su 12:30 - 1:30 pm / CC-GFE  
1 mtg: 9/15

**R: \$65, NR: \$75**

**Instructor:** Christina (Tina) Van Pelt

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**PAINTERLY PRINTS AGES 16+**

Learn to create patterns and layer colors using fluid acrylics and gel plates. The class will experiment with layers of textures including leaves, netting, fabric, stencils, and fun rubber stamps. Students are encouraged to bring in objects with surface textures - like Lego sheets, interesting leaves, bubble wrap, shells, or lace fabric - anything that has a patterned surface texture. Each participant will make a painting that is gallery-ready, wired, and perfect to take home and hang on your wall. No previous experience with printing necessary. Materials supplied.

**453232-1:** W 6:30 - 8:30 pm / CC-113  
6 mtgs: 9/25 - 10/30

**R: \$130, NR: \$140**

**Instructor:** Sally Davies

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**PET PORTRAIT WORKSHOP****AGES 16+**

This workshop will focus on capturing the individual personality of your pet or of any animal in a unique painting. Working from a photograph, you will learn how to translate your photo into a colorful canvas using acrylic paint. All Levels of experience welcome. All materials provided. Everyone paints at a different pace! The studio will be reserved on 11/15 for students who were unable to finish their paintings within class time.

**453233-1:** F 5:30 - 7:30 pm / CC-113

2 mtgs: 11/1 - 11/8

**R: \$85, NR: \$95****Instructor:** Amanda Spaid

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**FELTING WORKSHOP: MOOD MONSTERS****AGES 16+**

This class is designed to help felting Friends & Family Workshop participants hone and improve their needle felting skills. Beginners are also welcome. Students will make a mood monster. Students with more experience may have time to add decorations to their creations. Children younger than 10 may request permission to register with an accompanying adult. Students are welcome to bring a snack or lunch to eat during a break in class.

**443204-1:** Su 7 - 9 pm / CC-113

2 mtgs: 9/15 - 9/22

**R: \$60, NR: \$70****Instructor:** Vanessa Zanin

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**BEGINNING SEWING****AGES 14+**

Learn basic sewing skills including sewing terminology and how to use a sewing machine. Students will sew a project each class, building on skills and learn to use a pattern to make an apron. All materials provided. This class includes Visual Arts Open Studio.

**453202-1:** Th 5:30 - 7:30 pm / CC-116

6 mtgs: 9/12 - 10/17

**R: \$150, NR: \$160****453202-2:** Tu 5:30 - 7:30 pm / CC-116

6 mtgs: 10/22 - 11/26

**R: \$150, NR: \$160****Instructor:** Vanessa Zanin

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**FALL SEWING LAB: UPCYCLING & MENDING****AGES 14+**

This open sewing lab is for students who have taken Beginning Sewing or have some sewing experience. Students will choose their own projects and are invited to bring in clothing that needs mending, altering or "upcycling" as well as new project ideas. Students will provide materials with guidance from the instructor. A small amount of donated fabric is available for student use. This class includes Visual Arts Open Studio.

**453203-1:** W 5:30 - 7:30 pm / CC-116

5 mtgs: 9/11 - 10/9

**R: \$110, NR: \$120****453203-2:** W 5:30 - 7:30 pm / CC-116

5 mtgs: 10/23 - 11/20

**R: \$110, NR: \$120****Instructor:** Vanessa Zanin

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## THE STITCHERY: PRACTICAL & BEAUTIFUL STITCHING FOR EVERYONE AGES 12+

Learn simple stitching skills and make a monthly project at your own pace, or work on your own project with guidance available from the instructor. Students may purchase a stitching kit each month that is designed by the instructor



with projects such as embroidered felt mandalas and an embroidered flower bouquet featuring your own special buttons. Class will have access to general sewing tools such as needles, scissors, and sewing machines. Students can customize their projects by providing their own supplies of embroidery floss, decorations, etc. Students who wish to receive the September kit on 9/9 should register and pay by 8/30. Later registrations will receive the kit on 9/16.

**September Kit:** Autumn Mandalas \$25

**October Kit:** Button Flower Bouquet \$25

**November Kit:** Hen or Goose Ornament \$25

**December Kit:** Single Flower Mittens \$45

**443205-1:** M 5 - 7 pm / CC-116

9 mtgs: 9/9 - 11/18 (No class 10/14, 11/11)

**R: \$140, NR: \$150**

**443205-2:** M 5 - 7 pm / CC-113

2 mtgs: 12/2 - 12/9

**R: \$35, NR: \$40**

**Instructor:** Leah Cohen

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## DIGITAL ANIMATION AGES 11+

Learn basic skills to create an original character and background on the Mac or your own device. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

**447601-1:** Tu 5 - 7 pm / CC-204 (GATe STUDIO)

10 mtgs: 9/10 - 11/12

**R: \$105, NR: \$115**

**Instructor:** George Kochell

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## SMART PHONE FILMMAKING WORKSHOP AGES 16+

This 1 day, 3-hour workshop will teach you how to tell a cinematic story with your smart phone! Students will learn skills like smart phone camera usage, shot composition, adjusting camera / audio level settings on their devices, stabilization, and editing footage to tell a visually compelling story. Only a smart phone is required! All other software and equipment will be provided by Greenbelt Access Television (GATe). Visit [www.greenbeltaccesstv.org](http://www.greenbeltaccesstv.org) to learn more about GATe.

**457601-1:** F 5:30 - 8:30 pm / CC-204 (GATe STUDIO)

1 mtg: 9/27

**R: \$35, NR: \$45**

**457601-2:** F 5:30 - 8:30 pm / CC-204 (GATe STUDIO)

1 mtg: 10/25

**R: \$35, NR: \$45**

**457601-3:** F 5:30 - 8:30 pm / CC-204 (GATe STUDIO)

1 mtg: 11/22

**R: \$35, NR: \$45**

**Instructor:** Sheila Tiler

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## BOOKMAKING OPEN STUDIO W/ INSTRUCTOR GUIDANCE AGES 16+

This is an opportunity for students who have taken a prior Greenbelt Recreation bookmaking class to get instructor assistance during select times. Students may make a flatback, coptic stitch or Japanese stab binding or may receive instructor support in research and making additional bindings. Students are encouraged to come work independently at other times when the studio is available. Students can pay an optional \$30 fee that will cover book board, paper, linen thread and book cloth for one book. This class includes Visual Arts Open Studio.

**453224-1:** Th 6 - 8:30 pm / CC-113

2 mtgs: 9/12 - 9/19

**R: \$50, NR: \$60**

**Materials fee \$30**

**453224-2:** W 6 - 8:30 pm / CC-113

2 mtgs: 11/13 - 11/20

**R: \$50, NR: \$60**

**Materials fee \$30**

**Instructor:** Amanda Larsen

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## LINOLEUM BLOCK PRINTMAKING WORKSHOP AGES 16+

Learn the basics of linoleum block printmaking with this two-meeting workshop. Students will learn the tools and techniques needed to hand print small linoleum block relief prints on their own. Over the first meeting, the instructor will introduce and demonstrate the image transfer process, carving the block, inking and printing of an image. Between meetings, students will work on their own image transfer and carving of the block. At the second meeting, students will be able to finish carving, test print, adjust their design and print an edition in black.

**453235-1:** Sa 11 am - 3 pm / CC-113  
2 mtgs: 11/9 - 11/16  
**R: \$80, NR: \$90**

**Instructor:** Matthew McLaughlin

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## LEVEL 2 WOODCARVING: AXE SKILLS AGES 16+



This class is a continuation of spoon carving for those that completed the Level 1 course. Students will learn to rough-out spoon blanks from a log with a carving axe. They will review techniques and grips with sloyd and hook knives to carve usable eating spoons. Materials and tools for use during the

workshop will be provided. Students are encouraged to bring and use tools of their own including a sloyd knife, hook knife, and small carving axe. Prerequisite: Level 1 Woodcarving, or get permission from the instructor if you have other greenwood carving experience.

**453243-1:** Sa 9:30 am - 12 pm / CC-GFE  
4 mtgs: 10/26 - 11/16  
**R: \$120, NR: \$130**

**Instructor:** Don Nalezty & Damien Ossi

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## Special Interest

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### PARENT'S NIGHT ART WORKSHOPS

These classes occur during Parent's Night Out, but are not exclusively for parents whose children are registered for Parent's Night Out. These workshops are designed for the very beginner. No experience needed! More information on [page 25](#).

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### FRIENDS AND FAMILY ART WORKSHOPS

Artmaking fun for all ages. Come as a group or on your own. See [page 24](#) for more information.

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### WILD THINGS GIANT PUPPET BUILD AGES 16+

Make a backpack puppet to parade at the Wild Rumpus ([page 8](#)), Greenbelt's all-ages Halloween costume party on 10/25 in Roosevelt Center. No experience necessary. Materials provided. In addition to the instructional workshop on 10/13, independent open studio time will be available as follows to complete your puppet: Monday, 10/14, 6 - 9:30 pm; Thursday, 10/17, 6 - 9:30 pm; Friday, 10/18, 9 am - 9:30 pm; Saturday, 10/19, 12:30 - 5:30 pm; Sunday, 10/20, 9 am - 6:30 pm

**453223-1:** Su 10 am - 2 pm / CC-GFE  
1 mtg: 10/13  
**FREE**

**Instructor:** Nicole M. DeWald



# Ceramics

Contact: Amanda Demos Larsen  
(240) 542-2062 [alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov)

## MAKING CERAMIC ART TILES

AGES 16+

Learn various techniques to form, decorate, and glaze tiles. Create stand-alone pieces or several tiles that form a larger design. Learn the secrets to keeping tiles flat and crack free and ways to hang/mount them. Suitable for all levels, especially those with some ceramics experience. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

**453253-1:** M 1 - 3:30 pm / CC-304

9 mtgs: 9/30 - 11/25

**R: \$170, NR: \$180**

**Clay purchase \$28**

**453253-2:** W 7 - 9:15 pm / CC-304

9 mtgs: 10/2 - 11/27

**R: \$170, NR: \$180**

**Clay purchase \$28**

**Instructor:** Mary Gawlik

## DIMENSIONAL MOSAIC WORKSHOP

AGES 16+

Use your ceramic test pieces and rejects to create something new. This two-meeting workshop teaches you how to design and execute mixed-media mosaics using ceramics, stone, glass, shells, and other found objects. Students will create 18 x 24-inch abstract or representational mosaics on a lightweight substrate, using a fine cement called thinset, in either gray or white, as an adhesive. Students are encouraged to bring their own ceramics, etc., but a variety of materials will also be provided. The registration deadline for this workshop is September 30.

**MAKING RODS, SHEETS, & TESSERAE FOR MOSAICS** *This mini-workshop is intended for participants in Dimensional Mosaic Workshop.*

**453259-1:** Sa 11 am - 2 pm / CC-304

1 mtg: 9/28

**R: \$10, NR: \$15**

## DIMENSIONAL MOSAIC WORKSHOP

**453259-2:** Sa 11 am - 2 pm / CC-304

2 mtgs: 10/26, 11/2

**R: \$200, NR: \$210**

**Instructor:** Diane Elliott





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## FUNCTIONAL CERAMIC HAND-BUILDING AGES 16+

Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

**453271-1:** Tu 12:30 - 3 pm / CC-304

11 mtgs: 9/17 - 11/26

**R: \$200, NR: \$210**

**Clay purchase \$28**

**453271-2:** Tu 3:45 - 6:15 pm / CC-304

11 mtgs: 9/17 - 11/26

**R: \$200, NR: \$210**

**Clay purchase \$28**

**453271-3:** Tu 6:30 - 9 pm / CC-304

11 mtgs: 9/17 - 11/26

**R: \$200, NR: \$210**

**Clay purchase \$28**

**Instructor:** Nadette Boughton

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## LITHOGRAPHIC PHOTO TRANSFER ONTO CLAY AGES 16+

Learn to print photographs or other images on clay using a lithographic technique. Students should email their photos to the instructor by November 9. Students should provide their own clay and an apron. We will print on fresh slabs that we make during the workshop and then create forms from them. This workshop does not include Ceramic Open Studio.

**453260-1:** Sa,Su 11 am - 2 pm / CC-304

2 mtgs: 11/16 - 11/17

**R: \$80, NR: \$90**

**Instructor:** Heidi Olson

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## INTRODUCTION TO PAPER CLAY AGES 16+

Expand your hand-building horizons with paper clay. Learn how to make and use this remarkable and flexible material. Explore new techniques and possibilities beyond regular clay (you won't want to go back). Discover paper clay's unique qualities and the many ways it can be used. Experience the workability and expressive freedom it allows from wet to dry. Come prepared to mix and make your paper clay from scratch (bring your apron!). Some hand-building experience is preferred but not required.

**453272-1:** Th 6:30 - 9 pm / CC-304

6 mtgs: 9/19 - 10/24

**R: \$135, NR: \$145**

**Clay purchase \$28**

**Instructor:** Heidi Olson

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## CERAMIC SCULPTURE AGES 16+

This class is for students with hand-building experience. Students should know basic clay joinery. Explore the creation of expressive forms in clay, whether representational or abstract. Emphasis on hand-building techniques. Includes an introduction to methods for building larger and more complex forms. Students may purchase clay from the studio, Soldate 60 recommended. Includes Ceramics Open Studio and use of a shelf or cubby.



**453276-1:** M 7 - 9:15 pm / CC-304

9 mtgs: 9/16 - 11/18 (No class 11/11)

**R: \$170, NR: \$180**

**Clay purchase \$28**

**Instructor:** Chris Corson

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**LEVEL 1 POTTERY ON WHEEL****AGES 16+**

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. All levels welcome. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

**453281-1:** M 12:30 - 3 pm / CC-305  
10 mtgs: 9/16 - 11/25 (No class 11/11)

**R: \$185, NR: \$195**  
**Clay purchase \$28**

**Instructor:** Gina Mai Denn

**453281-2:** Tu 7 - 9:15 pm / CC-305  
11 mtgs: 9/17 - 11/26

**R: \$200, NR: \$210**  
**Clay purchase \$28**

**Instructor:** Gina Mai Denn

**453281-3:** W 12:30 - 3 pm / CC-305  
9 mtgs: 9/18 - 11/20 (No class 10/2)

**R: \$170, NR: \$180**  
**Clay purchase \$28**

**Instructor:** Judy Goldberg-Strassler



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**LEVEL 2 POTTERY ON WHEEL****AGES 16+**

Recommended for students who can center small pieces consistently, make basic pots, and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

**453282-1:** M 7 - 9:15 pm / CC-305  
10 mtgs: 9/16 - 11/25 (No class 11/11)

**R: \$185, NR: \$195**  
**Clay purchase \$28**

**Instructor:** Peter Holden

**453282-2:** F 6 - 8:30 pm / CC-305  
10 mtgs: 9/20 - 11/22

**R: \$185, NR: \$195**  
**Clay purchase \$28**

**Instructor:** Karen Arrington

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**LEVEL 3 POTTERY ON WHEEL****AGES 16+**

Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

**453283-1:** W 7 - 9:15 pm / CC-305  
10 mtgs: 9/18 - 11/20

**R: \$185, NR: \$195**  
**Clay purchase \$28**

**Instructor:** Gina Mai Denn

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**LEVEL 4 POTTERY ON WHEEL****AGES 16+**

Recommended for Level 3 “graduates” who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

**453284-1:** Th 7 - 9:15 pm / CC-305

9 mtgs: 9/26 - 11/21

**R: \$170, NR: \$180****Clay purchase \$28****Instructor:** Karen Arrington

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**CERAMICS OPEN STUDIO****AGES 16+**

Ceramics Open Studio is included in select teen/adult classes as noted (no separate registration required). Ceramics patrons who have completed at least two ceramics classes with Greenbelt Recreation (8 weeks or longer) are eligible to register for Open Studio as a stand-alone option. Participants who are new to this studio should please enroll in a class.

**453261-1:**

M-F, 9 am - 9:30 pm\*

Sa, 9 am - 6 pm\*

Su, 9 am - 7 pm\*

\* When the rooms are not reserved

12 weeks: 9/16-12/8

**R: \$90, NR: \$100****Clay: \$28**

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**RAKU WORKSHOP****AGES 16+**

With roots in centuries-old Japan, Raku is a method of fast-firing ceramic art outdoors with beautiful and surprising results. Firing will take place at Schrom Hills Park. Each participant will be able to fire approximately five medium pieces or an equivalent amount. Clay purchased separately. Students must be enrolled in Open Studio or a ceramics class that includes access to Open Studio in order to participate. Students are required to attend the introductory meeting and glazing instructional session unless they receive permission from the instructor. Failure to attend either meeting without communicating with the instructor may result in cancellation of enrollment with no refund. Students may attend the introductory meeting prior to registering. *Registration will close on Monday, September 16.*

**453267-1:****Introductory Meeting:** Sa 9/14 1 - 2 pm**Glazing Instruction:** Sa 9/28 1 - 3 pm**Firing Date:** Su 10/13 10 am - 4 pm**Rain Date:** Sa 10/19**R: \$100, NR: \$110****Clay purchase: \$28****Instructor:** Karen Arrington

## Musical Theater

Contact: Chris Cherry  
(240) 542-2055 [ccherry@greenbeltnmd.gov](mailto:ccherry@greenbeltnmd.gov)

### GET READY FOR YOUTH MUSICAL! AGES 11-18

This three-session musical theater skills workshop is a must if you are planning to participate in the upcoming Winter Youth Musical -- or if you simply want to explore the possibility. In a fun and supportive setting, aspiring teen performers will learn how to project like a pro, move with confidence, analyze a song, and use strategic emphasis to convey meaning and command the attention of an audience. Your participation will help the instructors choose the 2024 Youth Musical and prepare you for the casting rehearsal, which is scheduled for December 9.

**NEW REQUIREMENT:** This workshop (or permission of the director) is a prerequisite for registering for the Youth Musical.

**444260-1:** Sa 4 - 6 pm/CC-106  
3 mtgs: 10/19 - 11/2  
**R: \$24, NR: \$27**

**Instructors:** Lisa Pellittiere, Christopher Cherry



## Dance

Contact: Viola Pitts  
[vpitts@greenbeltnmd.gov](mailto:vpitts@greenbeltnmd.gov)

Looking for dance classes for ages 10-17? Find them with the Elementary/Middle School offerings.

### BALLET FUNDAMENTALS

AGES 15+

Ballet FUNdamentals is a beginner-friendly, open-level ballet class specifically designed for teens and adults! We will focus on the developing strength, flexibility and balance through traditional ballet barre and center work as well as through conditioning exercises borrowed from Pilates and yoga. No previous dance experience required. Recommended Attire: Comfortable, not too loose athletic wear such as a snug-fitting t-shirt and leggings with soft ballet shoes or bare feet. Leotards and tights not necessary.

**454202-1:** Sa 11:30 am - 12:30 pm / CC-10  
9 mtgs: 9/14 - 11/16 (No class 10/12)  
**R: \$90, NR: \$100**

**Instructor:** Gabriela D'Andrea



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## TAP FUNDAMENTALS

AGES 15+

Tap FUNdamentals is a beginner-friendly, open-level class designed to introduce to the rhythms of tap to teens and adults! Classic tap steps and improvisation will be introduced and developed to the sound of musical numbers, Motown, jazz and pop favorites. Recommended attire: Comfortable clothing that is not too baggy such as a t-shirt or tank with athletic capris, pants or leggings. Oxford style tap shoes are recommended. Hard soled shoes are permitted. No character heels, please. Note: This class will be held on the stage in the Community Center Gym.

**454206-1:** W 6:30 - 7:30 pm / CC-106  
11 mtgs: 9/4 - 12/4 (No class 10/2, 11/6, 11/27)  
**R: \$120, NR: \$130**

**Instructor:** Juliana Venegas

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## MUSICAL THEATER JAZZ FUNDAMENTALS AGES 15+

Musical Theater Jazz FUNdamentals is a beginner-friendly, open-level class designed to introduce teens and adult beginners to the rhythms and styles of jazz dance. Participants will learn a variety of choreographed musical theater style dances inspired by a selection of music from Broadway shows, movie musicals and popular music from past to present. No previous dance experience necessary. Recommended Attire: bare feet, jazz shoes or clean sneakers; yoga pants, athletic pants or leggings with a snug-fitting top. Hair should be secured off face and neck.

**454203-1:** Sa 10:30 - 11:30 am / CC-12  
8 mtgs: 9/7 - 11/9 (No class 10/12, 10/19)  
**R: \$80, NR: \$90**

**Instructor:** Viola Pitts

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## CONTEMPORARY DANCE FOR ALL AGES 15+

Contemporary Dance for All is an open-level class designed for beginners as well as more experienced movers who want to develop their bodies into stronger, more expressive instruments with an emphasis on developing strength



and efficiency. This class will introduce students to concepts and movement patterns used in contemporary dance. No previous dance experience necessary. Dress comfortably in clothes that are easy to move in but not too baggy; ankle length athletic pants or leggings are recommended with a snug fitting tank or t-shirt. Bare feet are recommended. Ballet and jazz shoes are acceptable. Hair should be secured off of face and neck.

**454207-1:** W 7:30 - 8:30 pm / CC-10  
11 mtgs: 9/4 - 11/20 (No class 10/2)  
**R: \$110, NR: \$120**

**Instructor:** Rose Qi

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## BELLY DANCE FUNDAMENTALS AGES 15+

Befriend your body with this beginner-friendly mixed level class. Together, we will drill, combine, and layer core movements of belly dance into strong, graceful movements. Bare feet or dance sandals are appropriate as is any clothing that you feel comfortable dancing in. You will not be required to show your midriff, but do bring a scarf to tie across your hips to help you see your beautiful movements! Don't forget to bring water. Bodies of all sizes, and mobilities are welcome!

**454210-1:** M 7:30 - 8:30 pm / CC-202  
8 mtgs: 9/9 - 11/18 (No class 9/16, 10/14, 11/11)  
**R: \$80, NR: \$90**

**Instructor:** Katherine Ruckle



## BALLROOM FUNDAMENTALS

AGES 15+

Ever dream of being Fred Astaire or Ginger Rogers? Or feel the urge to get up and dance while watching *Dancing with the Stars*? Now you can! In this 1.5-hour class, students of any age will enjoy learning the Bronze-level syllabus of American Smooth and Rhythm dances. We will dedicate one week each to the East coast swing, Salsa, Cha Cha, and Bachata and then review all four dance forms during the last class. The first hour of class will be instruction, followed by 30 minutes of open dance where students can practice their steps and socialize with their fellow dancers. All dancers will learn the leader and follower movement patterns, so students of all genders can enjoy the lesson. No partner required, though couples may sign up together if desired. Recommended Attire: Comfortable clothing that is easy to move in, but not baggy. Athletic or yoga pants, capris, skirts or shorts are recommended, with a well-fitted shirt. Students may wear jazz, character, or ballroom shoes of no more than 1.5' heel. Street shoes are not permitted on the dance studio floor, so students without dance shoes may dance with bare feet. Hair must be secured off the face and neck.

Planning for date night? Kids care activity (Ballroom Kids Care 424205-1) available for children ages 4-12. Pre-registration for kids care is required; no drop-ins are permitted. Minimum age requirement must be met by first class meeting unless student has received permission of instructor to register.

**454220-1:** F 6 - 7:30 pm / CC-10

5 mtgs: 9/13, 9/27, 10/25, 11/1 & 11/15

**R: \$75, NR: \$90**

**Instructor:** Kelly McLaughlin

## BALLROOM KIDS CARE

AGES 4-12

For families participating in Beginning Ballroom, Ballroom Kids Care session keeps children engaged while the grown-ups sail away on the dance floor. Children will enjoy a group story time with related crafts and activities to follow. Drop-off and pick-up immediately before and after Beginning Ballroom. Children are encouraged to bring their favorite snack and a water bottle; snacks will not be provided. Minimum age requirement must be met by first class meeting unless student has received permission of instructor to register.

**424205-1:** F 6 - 7:30 pm / CC-12

5 mtgs: 9/13, 9/27, 10/25, 11/1 & 11/15

**R: \$60, NR: \$65**

**Instructor:** Patty McCarty

## Musical

**Contact:** Chris Cherry  
(240) 542-2055 [ccherry@greenbeltmd.gov](mailto:ccherry@greenbeltmd.gov)

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### UKE CAN DO IT! LEVEL 1 FOR BEGINNERS AGES 16+

This class is designed for novice players who want to learn how to play the ukulele. No prior experience playing a musical instrument is needed. We will learn some basic chords, strum patterns, and how to pick out a melody. We will also learn how to read chord charts and tablature. Students must bring their own soprano or concert ukulele to each class, along with a folder for sheet music. Students will receive an email each week containing helpful links and a practice video to reinforce what we learn in class.

**464242-1:** Tu 6:45 - 7:45 pm / CC-GFE  
8 mtgs: 9/24 - 11/19 (No class 11/5)  
**R: \$81, NR: \$90**

**Instructor:** Rachel Cross

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### UKE CAN DO IT! RIFFS & HOOKS, LEVEL 2/3/4 AGES 16+

This class is for folks who are proficient on a ukulele and can play several picking and strumming patterns, and read and play TAB. We will be learning tunes that combine an instrumental riff or hook as well as a strumming/picking pattern and singing. We will learn tunes from a variety of musical genres. Students should bring a concert or soprano ukulele to class. Students will receive an email each week containing helpful links and a practice video to reinforce what we learn in class. Music stands and sheet music provided.

**464243-1:** Tu 7:45 - 8:45 pm / CC-GFE  
8 mtgs: 9/24 - 11/19 (No class 11/5)  
**R: \$81, NR: \$90**

**Instructor:** Rachel Cross

## Health & Fitness

**Contact (unless otherwise noted):** Adam Daelemans  
(240) 542-2054 [adaelemans@greenbeltmd.gov](mailto:adaelemans@greenbeltmd.gov)

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### TAI CHI ALL LEVELS

AGES 16+

Group practice can form the foundation for a successful personal practice. Join us to explore the benefits of Wu, Sun, Chen and Yang styles of Tai Chi along with Qigong and Xingyi fundamentals. All levels welcome to laugh and learn! Live on Zoom

**452206-1:** Sa 9 - 10 am / ZOOM  
17 mtgs: 9/14 - 1/4  
**R: \$170, NR: \$180**

**Instructor:** TBD

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### BAGUA & XINGYI FOUNDATIONAL STUDIES AGES 16+

This 60-minute class is ideal for a more experienced and seasoned student of Taiji that would like to expand their horizons. While learning Bagua and Xingyi the "sibling arts" of Tai Chi experience different expressions of "Shen Fa, Bu Fa, Rou and Gong" movements to deepen your Neijia skills. (Torso Method, Stepping Method, Flexible and Firm movements)

Nurture the higher levels of your practice by learning the underlying principles as expressed by Wudang Kungfu. Bagua and Hebei Xingyi foundational skills will be taught with choreography, corrections and adjustments. Create your own book of "Master's Notes" from the teachings and group discussions while journaling your personal practice adventures. Learn the small details that seasoned martial artists bring forward in their Neijia Cultivation! Register and prepare to elevate your practice!

**452206-2:** Sa 10:15 - 11:15 am / ZOOM  
17 mtgs: 9/14 - 1/4  
**R: \$170, NR: \$180**

**Instructor:** TBD

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**GROUP GUIDED MEDITATION****AGES 16+**

Join me and other meditators for 45 minutes of light instruction, meditation, and sharing! When we meditate together and then share our experiences, the energy is powerful for transformation. Students will meditate using guided visualizations and intuitive work with soul questions, and then use a mantra as a vehicle toward inner stillness. Each class will have a theme such as healing, gratitude, intuition, and self-love.

**452212-1:** Th 6 - 6:45 pm / CC-109  
8 mtgs: 9/12 - 11/7 (No class 10/10)  
**R: \$80, NR: \$90**

**Instructor:** Emily Jennings

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**YOGA NIDRA****AGES 16+**

Yoga Nidra is an ancient meditation practice that is uniquely suited to modern times. You will be guided into meditation while lying on a yoga mat or comfortably seated. No previous yoga or meditation experience is required. Benefits of the practice include greater resilience to life's stresses, improved sleep, and greater joy and well-being. In this 6-class series, we will explore and deepen our understanding of the various foundations and core elements of the practice. Please bring a mat, blankets, and a pillow or bolster, and any other props you would need to be comfortable and supported. For more information, please visit [www.laurabonkosky.com](http://www.laurabonkosky.com).

**452213-1:** F 6:30 - 7:30 pm / CC-202  
6 mtgs: 9/27 - 11/8 (No class 11/1)  
**R: \$60, NR: \$70**

**Instructor:** Laura Bonkosky

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**LUNCHTIME YOGA****AGES 18+**

This mixed level class includes a balanced practice of breathing practices, dynamic warmups, standing and floor yoga postures, meditative awareness and relaxation. For more information, please contact [laura.bonkosky@gmail.com](mailto:laura.bonkosky@gmail.com), or visit [www.laurabonkosky.com](http://www.laurabonkosky.com). Drop-ins are not permitted for this class.

**452221-1:** Tu 12:30 - 1:30 pm / CC-10  
12 mtgs: 9/17 - 12/10 (No class 11/5)  
**R: \$132, NR: \$142**

**452221-2:** Th 12:30 - 1:30 pm / CC-10  
12 mtgs: 9/19 - 12/12 (No class 11/28)  
**R: \$132, NR: \$142**

**Instructor:** Laura Bonkosky

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**ZUMBA GOLD****AGES 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, have access to water and a towel.

**452402-1:** Sa 9 - 10 am / ZOOM  
5 mtgs: 10/5 - 11/2  
**R: \$50, NR: \$60**

**452402-2:** Sa 9 - 10 am / ZOOM  
5 mtgs: 11/9 - 12/14 (No class 11/30)  
**R: \$50, NR: \$60**

**Instructor:** Wanda Crawley-Pearson



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## ISADCIE FETENESS & BELLY-DANCEHALL AGES 16+

iSadcie (i-S-ah-d-see) is a Caribbean dance fitness brand that celebrates the music and movement of the Caribbean Diaspora. From fast “jump up” rhythms of soca, to the light and fun music of Chutney, to the exciting melodies of the latest Afro-Beat music, to the hard-core vibes of Dancehall, you will be sure to get a workout. You will learn some dance moves and learn some choreography, which you can use wherever you go. So, take a trip to the Islands with iSadcie in your back pocket. You will be sure to get the party started! Because this is not fitness, this is REAL FETENESS!

**452406-1:** W 6 - 7 pm / CC-202  
8 mtgs: 9/11 - 11/6 (No class 10/9)  
**R: \$80, NR: \$90**

**Instructor:** Erica Jalloh

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## INTERVAL CARDIO TRAINING AGES 18+

Cardio Interval Training is a high energy 45-minute whole body workout! Participants will get their heart rates pumping between bursts of exercise followed by short recovery periods. While some cardio training can be a slog, this class offers tons of different exercises that work many parts of the body in new ways to keep your mind occupied and your muscles moving! Participants will have a great time listening to music while challenging their bodies to work hard and make those endorphins flow! This class will involve high-impact exercises such as jumping, and only some modifications will be provided, so please check with your medical provider before signing up for this class. Please bring a yoga mat.

**452407-1:** M/Th 6 - 6:45 pm / CC-202 & CC 201  
14 mtgs: 9/9 - 10/24  
**R: \$98, NR: \$108**

**452407-2:** M/Th 6 - 6:45 pm / CC-202 & CC 201  
14 mtgs: 10/28 - 12/19 (No class 11/11, 11/28)  
**R: \$98, NR: \$108**

**Instructor:** Amy Rappole

## Karate

**Contact:** AJ Sesay  
(240) 542-2198 [asesay@greenbeltmd.gov](mailto:asesay@greenbeltmd.gov)

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## TEEN/ADULT TKA KARATE AGES 13+

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

**452500-1** M 7:30 - 9 pm / YC-GYM  
14 mtgs: 9/9 - 12/9  
**R: \$112, NR: \$119**



# Active Aging Programs

Contact for all active aging programs: Priya Gardner Lemieux, (240) 542-2056, [pgardner@greenbeltmd.gov](mailto:pgardner@greenbeltmd.gov)

## Special Events

### GREENBELT LIBRARY

**Greenbelt Community Center, Room 202,**  
15 Crescent Rd  
**Tuesday, September 10, 2 pm**

Join us for a presentation by the Greenbelt Library as part of an exciting installment of our Speaker Series! Meet your local librarians and discover a world of resources available at your fingertips. From the latest in digital lending with Libby to streaming classics on Kanopy, and a variety of free classes and workshops—there's something for everyone. Don't miss this chance to explore all that your library has to offer!



### DARE TO BE SQUARE

**Greenbelt Community Center Gym, 15 Crescent Rd**  
**Tuesday, October 22, 2 pm**

Fall Fling Square Dance! It's going to be a rootin' tootin' good time with light refreshments and square dancing with Jim and Ann Wass. They frequently do square dancing parties for people who do not ordinarily square dance. Square dancing is a great recreational activity for all ages!

Light refreshments will be served. FREE!

### ART HISTORY PRESENTATION

**Greenbelt Community Center, Room 201,**  
15 Crescent Rd  
**Friday, October 25, 2 pm**

Join us for an afternoon of art history with Raquel Keller, Artist, and Resident Art at the Montpelier Arts Center (2023-Present).

Light refreshments will be served. FREE!

### NEIGHBORS SUPPORTING NEIGHBORS

**Greenbelt Community Center, Room 201,**  
15 Crescent Rd  
**Monday, November 11, 2 pm**

Join us and Officer Michael Thomas, Greenbelt Police Department Crisis Intervention, as he provides insight on the value of taking care of each other.

Light refreshments will be served. FREE!

### GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11 am - 12 pm in the Community Center Multipurpose Room (Room 201). Activities include speakers, special programs, and field trips.

For more information contact us by emailing [greenbeltgoldenageclub@gmail.com](mailto:greenbeltgoldenageclub@gmail.com)

## Health & Fitness

### WALK ON ROUTE 66

AGES 60+

Walk the comfortable gym, and "Get your kicks on Route 66!" The group will record how many laps have been walked. How far will you go? Let's see if we can make it to St. Louis on our way to LA by the end of the year! Come walk with us!

**472206-1:** Tu/Th 1 - 2:30 pm / CC-106

29 mtgs: 9/10 - 12/19

(No class 10/22, 11/5, 11/28)

**FREE.** Registration Required.

### AGELESS GRACE

AGES 60+

Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces.

**472225-3:** F 11 am - 12 pm / YC-MPR / ZOOM

11 mtgs: 9/13 - 12/13 (No class 9/20, 10/11, 11/29)

**R: \$20, NR: \$25**

### PURELY FUN PICKLEBALL NOVICE

AGES 60+

The Community Center program has been identified as the location for novice/beginners to gather and learn to play. Basic rules and information will be posted to help newcomers learn the game. Beginners are welcome, keeping the "Purely Fun" focus in mind. Please wear suitable indoor court shoes.

**472420-1:** M/W 1 - 3 pm / CC-106

21 mtgs: 9/9 - 11/20 (No class 11/11)

**FREE. Registration Required.**

### SENIOR SWIM

AGES 60+

Water exercises that emphasize stretching, strengthening and toning for the swimmer and non-swimmer. FREE to pass holders, resident non-passholders pay \$1.50 each visit; non-resident, non-passholders pay \$2.00 each visit. Registration is REQUIRED.

**471101-1:** M 11:15am - 12 pm

11 mtgs: 9/9 - 12/16 (No class 9/16, 10/7, 11/11)

**Instructors:** Marsha Gielen

**471101-2:** Th 11:15am - 12 pm

14 mtgs: 9/12 - 12/19 (No class 11/28)

**Instructors:** Marsha Gielen

**Passholders: FREE;**

**RNPH: \$1.50/visit;**

**NRNPH: \$2.00/visit**

*Passholders & Residents Register: August 26 at 10 am.*

*Open Registration: August 28 at 10 am.*

### PURELY FUN PICKLEBALL CLUB

AGES 60+

This club is designed for players familiar with the game and looking to play drop-in pickleball on weekday afternoons at the Youth Center. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind. Club members need to acquire an annual Recreation Membership at the Youth Center. The club will not meet on Prince George's County Public School holidays. Please wear suitable indoor court shoes.

**472420-2:** Mon-Th 12 - 3 pm / YC-GYM

29 mtgs: 9/10 - 12/19

(No class 9/16, 10/7, 11/5, 11/27, 11/28)

**FREE. Registration Required.**

## Special Interest

### SEW FOR CHARITY

AGES 16+

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies, and power strips/cords.

453242-1 Sa 10 am - 2 pm / CC-109

16 mtgs: 9/14 - 12/28

**FREE. Registration Required.**



### GIFTS FROM THE HEART

AGES 16+

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

473208-1 F 10 am - 12 pm / CC-109

13 mtgs: 9/13 - 12/20 (No class 11/29, 12/6)

**FREE. Registration Required.**

### SCRABBLE

AGES 16+

Challenge your mind while enjoying a relaxing afternoon of conversation and play. All skill levels welcome.

473209-1 Tu 12:15 - 2 pm / CC-109

15 mtgs: 9/10 - 12/17

**FREE. Registration Required.**

### MAHJONGG

AGES 60+

Mahjongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mahjongg." American Mahjongg utilizes racks, jokers, "Hands and Rules". Mahjongg is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mahjongg" ends the game.

**THIS IS NOT AN INSTRUCTIONAL PROGRAM.**

473210-1 W 1 - 4 pm / CC-109

14 mtgs: 9/11 - 12/18

**FREE. Registration Required**



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**LEARN TO PLAY MAHJONGG****AGES 60+**

Mahjongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mahjongg." American Mahjongg utilizes racks, jokers, "Hands and Rules". Mahjongg is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mahjongg" ends the game.

**473210-2** W 11:45 am - 1 pm / CC-109

4 mtgs: 9/11 - 10/2

**FREE. Registration Required**

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**CANASTA****AGES 60+**

Canasta is a fun card game that is similar to rummy. The game typically uses two decks of cards with jokers as wild cards. Come play with us on Monday afternoons.

**477202-1** M 1:30 - 3:30 pm / CC-109

14 mtgs: 9/9 - 12/16

**FREE. Registration Required****HUNGRY?****JOIN THE FOOD & FRIENDSHIP PROGRAM!**

The Senior Nutrition Program serves hot lunches in the commercial kitchen at the Community Center Monday - Friday. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. **Requested meal donation is \$4.**

Please contact Priya Gardner Lemieux, (240) 542-2056 or [pgardner@greenbeltnmd.gov](mailto:pgardner@greenbeltnmd.gov), for more information.

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**BRIDGE****AGES 60+***THESE ARE NOT INSTRUCTIONAL PROGRAMS.***THURSDAY BRIDGE****479201-1:** Th 12:30 - 4 pm / CC-109

14 mtgs: 9/12 - 12/19 (No class 11/28)

**FREE. Registration Required****FRIDAY BRIDGE****479201-3:** F 12:30 - 4 pm / CC-109

14 mtgs: 9/13 - 12/27 (No class 11/29, 12/6)

**FREE. Registration Required**

# Senior Globetrotting

All trips leave from the library parking lot, unless notified otherwise.

All trips have limited space. Beginning Fall 2024, all trips will return to a lottery enrollment process to ensure equal access to all resident participants. The lottery will be spun on Friday, August 30. Any resident who signs up for the trips before 4 pm on August 30 will be included in the lottery. If there are openings after the lottery has spun, these seats will be filled on a first come, first served basis. This will give all residents an equal opportunity to participate in the trips.

*Please note: Trip cancellations must be made no later than 36 hours in advance to be considered for a refund. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed.*

*If you need wheelchair lift access to join us on a trip, please let us know at least one week in advance to ensure appropriate transportation accommodations are in place. If you need any other special accommodations, please share those details in advance, so we can facilitate your participation.*

Contact: Priya Gardner Lemieux, (240) 542-2054, [pgardner@greenbeltmd.gov](mailto:pgardner@greenbeltmd.gov).

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## PRINCE GEORGE'S COUNTY RECYCLE TOUR AGES 60+

The Prince George's County Materials Recycling Facility (MRF), converted into a processing facility for single-stream collection in September 2007. Single stream collection, defined as the placement of all recyclable materials into one container/bin for curbside pick-up, is a much more efficient and convenient method of collection for County citizens and residents. The primary functions of the MRF are to remove contaminants, separate paper by grade, segregate ferrous and aluminum containers, divided plastic by resin type and sort glass by color. Once separated, the glass, aluminum, steel plastic and paper are baled or crushed and shipped to end markets. The tour includes lecture, and viewing of the recycling process.

**478202-1:** Th, 9/5, 9:30 am - 12:30 pm  
**R: \$5, NR: \$7**

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## ANNAPOLIS NAVY YARD TOUR AGES 60+

Ride the Yard: GEM Car Tour! Cruise through the Yard in one of their five-passenger electric vehicles and take in all the sites and history that the Naval Academy has to offer. See the Yard in style with our GEM tour in a comfortable, five-passenger electric vehicle, which highlights the "gems" of the Naval Academy. Lunch will be provided by Greenbelt Recreation.

**478203-1:** Th, 9/26, 9 am - 3:30 pm  
**R: \$55, NR: \$65**



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**ARUNDEL MILLS MALL AND CASINO**  
**AGES 60+**

Arundel Mills is Maryland's largest outlet and value retail shopping, dining and entertainment destination! Enjoy more than 200 stores, quality dining and entertainment. Arundel Mills is also home to Live! Casino and Hotel, a world-class gaming and entertainment destination.

**478201-2:** Th 10/10, 11 am - 3 pm  
**R: \$5, NR: \$7**

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**NAPOLI AT THE BALLET THEATER OF MARYLAND** **AGES 60+**

This sunny story ballet takes place in the city of Naples, where a plucky fisherman named Gennaro endeavors to marry his beloved Teresina. The warmth and color of Napoli is on display as the two lovers convince Teresina's mother to allow them to marry, survive a shipwreck and brave the wicked sea demon of the Blue Grotto in order to find their happy ending. Choreographed by August Bournonville in 1842, Napoli is a gem of the Romantic Ballet tradition. Inspired by Bournonville's travels to Naples, the production will delight audiences with its warm and energizing dances. Keep your eyes peeled in Act III for the show-stopping tarantella! It also features Bournonville's rapid, virtuosic jumps and turns that will keep audiences on the edge of their seat. With themes of faithfulness and love everlasting, Napoli is a family-friendly treat! Enjoy lunch on your own at Federal House Bar & Grille!

**478204-1:** F 10/25, 9:15 am - 2 pm  
**R: \$15, NR: \$17**



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**NASA GODDARD VISITOR CENTER TOUR**  
**AGES 60+**

The visitor center showcases Goddard innovative and exciting work in Earth science, astrophysics, heliophysics, planetary science, engineering, communications and technology development. Activities, exhibits and events at the Goddard Visitor Center in Greenbelt, Maryland, provide inspiring and captivating educational experiences for all ages. Visitors must wear closed-toe comfortable shoes as there is extensive standing and walking on all tours; heels and sandals are not permitted; tennis shoes are recommended. Government- issued photo ID is required for all visitors. Participant names must be sent in advance to Goddard for security check. Should anyone arrive at the Visitor Center whose name is not on the list, they cannot take the tour.

**478205-1:** Th 11/14, 1 - 3 pm  
**R: \$5, NR: \$7**

*Date change!*



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**MARY POPPINS AT THE MAD THEATER AT NASA GODDARD** **AGES 60+**

The MAD 2024 Fall Musical is Mary Poppins! Based on the beloved Disney movie, and featuring songs like "A Spoonful of Sugar," "Supercalifragilisticexpialidocious," and "Chim Chim Cheree", Mary Poppins is sure to delight the audience. MAD Theater is the Music and Drama club at NASA's Goddard Space Flight Center. Show begins at 2 pm.

**478206-1:** Su 11/3,  
1:30 - 5 pm  
**R: \$23, NR: \$25**



## Seasoned Adults Growing Educationally (SAGE) Ages 60+

Prince Georges Community College offers SAGE classes at the Greenbelt Community Center and the Greenbelt Municipal Building.

Please check the [SAGE website \(https://www.pgcc.edu/sage\)](https://www.pgcc.edu/sage) for more information on future classes and registration details.

**NEW FEE:** A \$40 per class fee is assessed for SAGE classes for Maryland participants age 60 and over. Participants should register before the beginning date of the class.

**Registration for Fall term opens on September 6, 2024. Fall classes begin the week of October 7, 2024.**

**REMINDER:** Per Prince George's Community College policy, ALL SAGE registration forms and payment must be submitted online, mailed, or delivered in person. Greenbelt can no longer accept registration forms or payment. Mail forms to: *Cashier's Office, Prince George's Community College, 301 Largo Road, Largo, MD 20774.*

## HOLY CROSS SENIOR FIT CLASSES AGES 55+

Holy Cross Hospital offers Senior Fit Classes at the Greenbelt Community Center on Mondays & Wednesday mornings. Participants must register in advance for this free program.

Please check the [Holy Cross Senior Fit website \(https://www.holycrosshealth.org/about-us/community-involvement/innovative-programs/senior-fit\)](https://www.holycrosshealth.org/about-us/community-involvement/innovative-programs/senior-fit) for more information on classes and registration details.

### SENIOR LOUNGE

The Senior Lounge is open to senior citizens, ages 60 and over, during regular operating hours.

Call (301) 397-2208 for more information.



## Celebration of Centenarians

Contact: Priya Gardner Lemieux, (240) 542-2056, [pgardner@greenbeltmd.gov](mailto:pgardner@greenbeltmd.gov).

The City of Greenbelt would like to celebrate Greenbelt residents who have reached the milestone age of 100 years. If you would like to recognize your loved one or a friend, please contact Priya Gardner Lemieux.

The Centenarian will choose from a variety of options to celebrate their birthday!



# Aquatics & Fitness

101 CENTERWAY, GREENBELT, MD 20770 ~ (301) 397-2204  
[www.greenbeltmd.gov/GAFC](http://www.greenbeltmd.gov/GAFC)

## HOURS OF OPERATION

**Monday - Friday** 6 am - 9 pm

**Saturday** 8 am - 9 pm

**Sunday** 9 am - 9 pm

Facility closes 3rd Sunday of the month for in-service training.

The hot tub closes every other Wednesday at 12 pm for regular cleaning and is scheduled to reopen Thursday at 6 am.

## GAFC SPECIAL HOURS

**Labor Day**, 9/2, 8 am - 8 pm

**Veterans Day**, 11/11, Normal Hours

**Thanksgiving Day**, 11/28, 8 am - 4 pm

**Christmas Eve**, 12/24, 6 am - 5 pm

**Christmas Day**, 12/25, 12 - 4 pm

**New Year's Eve**, 12/31, 6 am - 5 pm

**New Year's Day**, 1/1, 12 - 4 pm

## BECOMING A MEMBER

Becoming a member is easy - just follow these steps!

1. Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
2. Staff will enter you into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

## DAILY ADMISSION RATES

	Greenbelt Resident	Non-Resident
<b>Youth</b>	\$3.25	\$4.75
<b>Young Adult</b>	\$4.25	\$5.75
<b>Adult</b>	\$5.25	\$6.75
<b>Senior</b>	\$4.00	\$5.00

Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire; children 12 years of age and over are allowed to enter by themselves.

Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

## FEE CODES

**PH:** Passholder

**RNPH:** Resident, Non-Passholder

**NRNP:** Non-Resident, Non-Passholder

## IMPORTANT REMINDERS

- The listed hours are subject to change.
- All members are required to scan their pass to gain entry into the Aquatic & Fitness Center. Please see guidelines on becoming a member.
- Swimming must cease and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during swim team practices when one (1) swim lane is available.
- The hot tub closes at noon every other Wednesday for regular cleaning.
- All passes are non-refundable and non-transferable.

## GAFC REGISTRATION DATES

### IMPORTANT REGISTRATION INFORMATION

Membership not required for class enrollment.

Registration must be completed in-person at  
101 Centerway, Greenbelt, MD, 20770.

**Online registration NOT available for swim classes.**

### YOUTH SWIM LESSONS

**Pre-Evaluation:** September 21, 10 am - 12 pm

**Saturday Session:** October 5 - December 8  
(No class 10/19 & 11/30)

Passholders & Residents register: September 23

Open Registration: September 25

### Children's Home School Lesson

Friday Session: October 4 - December 7

(No class 10/18 & 11/29)

Passholders & Residents register: September 23

Open Registration: September 25

### ADULT SWIM LESSONS

**Session 1:** September 10 - October 3

Passholders & Residents register: August 26

Open Registration: August 28

**Session 2:** October 15 - November 7

(No class 11/5)

Passholders & Residents register: October 7

Open Registration: October 9

**Session 3:** November 19 - December 19

(No class 11/26 & 11/28)

Passholders & Residents register: November 11

Open Registration: November 13

### WATER EXERCISE CLASSES

**Session 1:** September 9 - October 4

Passholders & Residents register: August 26

(No class 9/16)

Open Registration: August 28

**Session 2:** October 14 - November 8

(No class 11/5)

Passholders & Residents register: October 7

Open Registration: October 9

**Session 3:** November 18 - December 20

(No class 11/26 & 11/28)

Passholders & Residents register: November 11

Open Registration: November 13

## 9 MONTH MEMBERSHIPS

(Valid for nine months from date of purchase;  
excludes summer season)

	Resident	Non-Resident
Youth	\$95	\$212
Young Adult	\$151	\$266
Adult	\$212	\$321
Senior	\$102	\$227
Single Parent Family	\$303	\$531
Family	\$408	\$615
Corporate	NA	NA

## 12 MONTH MEMBERSHIPS

(Valid for 12 months from the date of purchase)

	Resident	Non-Resident
Youth	\$125	\$269
Young Adult	\$196	\$337
Adult	\$269	\$409
Senior	\$139	\$284
Single Parent Family	\$395	\$674
Family	\$555	\$726
Corporate	\$1116	\$1116

## EXPLANATION OF MEMBERSHIP CATEGORIES

**Youth Membership:** 1 - 13 years of age

**Young Adult Membership:** 14 - 17 years of age

**Adult Membership:** 18 - 59 years of age

**Senior Membership:** 60 years of age and older

**Single Parent Family Membership:** One adult & single dependent, under the age of 21, residing permanently in same household.

**Family Membership:** Two adults & single dependents, under the age of 21, residing permanently in same household.

**Residents:** Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. *(Greenbelt Road and 6999-7699 Hanover Parkway are not considered resident addresses.)*

**Non-Residents:** Those residing outside the corporate limits of Greenbelt.

# Youth Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center  
(301) 397-2204

## AQUA TOTS I AGES 6 MONTHS - 2 YEARS

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics.

*Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.*

**421116-A:** Sa 8:15 - 8:45 am  
8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)  
**PH: \$55, RNPH: \$61, NRNPH: \$68**

## AQUA TOTS II AGES 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level.

*Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.*

**421117-A:** Sa 8:15 - 8:45 am  
8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)  
**PH: \$55, RNPH: \$61, NRNPH: \$68**



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**BEGINNER I, PRESCHOOL****AGES 3-5**

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

**421118-A:** Sa 9 - 9:30 am**421118-C:** Sa 10:30 - 11 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**BEGINNER II, PRESCHOOL****AGES 3.5-5**

Learn basic swimming skills. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced.

Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

**421119-B:** Sa 9:45 - 10:15 am**421119-D:** Sa 11:15 - 11:45 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**BEGINNER I****AGES 5-10**

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

**431120-A:** Sa 9 - 9:30 am**431120-B:** Sa 9:45 - 10:15 am**431120-C:** Sa 10:30 - 11 am**431120-D:** Sa 11:15 - 11:45 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**BEGINNER II****AGES 5-12**

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced.

*Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.*

**431121-A:** Sa 9 - 9:30 am**431121-B:** Sa 9:45 - 10:15 am**431121-C:** Sa 10:30 - 11 am**431121-D:** Sa 11:15 - 11:45 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**BEGINNER III****AGES 5-15**

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced.

*Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.*

**431122-A:** Sa 9 - 9:30 am

**431122-B:** Sa 9:45 - 10:15 am

**431122-C:** Sa 10:30 - 11 am

**431122-D:** Sa 11:15 - 11:45 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)  
**PH: \$55, RNPH: \$61, NRNPH: \$68**



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**ADVANCED BEGINNER****AGES 5-15**

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

**431123-A:** Sa 9 - 9:30 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**INTERMEDIATE****AGES 5-15**

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1-minute treading water.

**431124-B:** Sa 9:45 - 10:15 am

**431124-D:** Sa 11:15 - 11:45 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)  
**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**SWIMMER****AGES 5-15**

Build swimming endurance. Students will refine front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly. Prerequisites: 50 yards front crawl, 50 yards back crawl, 25 yards breaststroke, 25 yards sidestroke, 10 yards butterfly, and 2 minutes treading water.

**431125-C:** Sa 10:30 - 11 am

8 mtgs: 10/5 - 12/7 (No class 10/19, 11/30)

**PH: \$55, RNPH: \$61, NRNPH: \$68**

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**HOMESCHOOL BEG. I****AGES 4-12**

This program is designed for children who are home schooled. Beginner I swimming level.

**431134-B: F 12:15 - 1 pm**

8 mtgs: 10/4 - 12/6 (No class 10/18, 11/29)

**PH: \$58, RNPH: \$64, NRNPH: \$71**

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**HOMESCHOOL BEG. II & III****AGES 5-17**

This program is designed for children who are home schooled. Beginner I and Beginner II swimming levels.

**431135-C: F 1:15 - 2 pm**

8 mtgs: 10/4 - 12/6 (No class 10/18, 11/29)

**PH: \$58, RNPH: \$64, NRNPH: \$71**

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**HOMESCHOOL INTERMEDIATE****AGES 6-17**

This program is designed for children who are home schooled. Advanced Beginner, Intermediate, and Swimmer swimming level.

**431136-A: F 11:15 am - 12 pm**

8 mtgs: 10/4 - 12/6 (No class 10/18, 11/29)

**PH: \$58, RNPH: \$64, NRNPH: \$71**

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**Adult Swim Lessons****Contact:** Greenbelt Aquatic & Fitness Center  
(301) 397-2204

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**BEGINNER SWIM****AGES 16+**

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

**451192-1A: Tu/Th 6:30 - 7:15 pm**

8 mtgs: 9/10 - 10/3

**PH: \$60, RNPH: \$68, NRNPH: \$75****451192-2A: Tu/Th 6:30 - 7:15 pm**

7 mtgs: 10/15 - 11/7 (No class 11/5)

**PH: \$53, RNPH: \$60, NRNPH: \$66****451192-3A: Tu/Th 6:30 - 7:15 pm**

8 mtgs: 11/19 - 12/19 (No class 11/26 &amp; 28)

**PH: \$60, RNPH: \$68, NRNPH: \$75**

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**ADVANCED BEGINNER SWIM****AGES 16+**

Designed for adults wishing to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques.

Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

**451193-1A: Tu/Th 7:30 - 8:15 pm**

8 mtgs: 9/10 - 10/3

**PH: \$60, RNPH: \$68, NRNPH: \$75****451193-2A: Tu/Th 7:30 - 8:15 pm**

7 mtgs: 10/15 - 11/7 (No class 11/5)

**PH: \$53, RNPH: \$60, NRNPH: \$66****451193-3A: Tu/Th 7:30 - 8:15 pm**

8 mtgs: 11/19 - 12/19 (No class 11/26 &amp; 28)

**PH: \$60, RNPH: \$68, NRNPH: \$75**

# Water Exercise

Contact: Greenbelt Aquatic & Fitness Center  
(301) 397-2204

## DEEP WATER AEROBICS

AGES 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

**451170-A1:** Tu/Th 6 - 6:45 pm

8 mtgs: 9/10 - 10/3

**PH: \$49, RNPH: \$54, NRNPH: \$59**

**451170-A2:** Tu/Th 6 - 6:45 pm

7 mtgs: 10/15 - 11/7 (No class 11/5)

**PH: \$43, RNPH: \$48, NRNPH: \$53**

**451170-A3:** Tu/Th 6 - 6:45 pm

8 mtgs: 11/19 - 12/19 (No class 11/26, 11/28)

**PH: \$49, RNPH: \$54, NRNPH: \$59**

## AQUA MANIA

AGES 16+

If you're looking to get crazy and let all your worries go, then this is the class for you. You will keep moving and never stop. A moderate to vigorous aqua workout that includes cardiovascular, toning and stretching exercises for any ability level.

**451173-A1:** Tu/Th 6:15 - 7:15 am

8 mtgs: 9/10 - 10/3

**PH: \$55, RNPH: \$60, NRNPH: \$65**

**451173-A2:** Tu/Th 6:15 - 7:15 am

7 mtgs: 10/15 - 11/7 (No class 11/5)

**PH: \$49, RNPH: \$54, NRNPH: \$59**

**451173-A3:** Tu/Th 6:15 - 7:15 am

8 mtgs: 11/19 - 12/19 (No class 11/26, 11/28)

**PH: \$55, RNPH: \$60, NRNPH: \$65**

## AQUA FITNESS

AGES 16+

A non-impact exercise class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants will be use of spa/water bells which are provided for the class.

**451174-A1:** M/W 6 - 6:45 pm

7 mtgs: 9/9 - 10/2 (No class 9/16)

**PH: \$49, RNPH: \$54, NRNPH: \$59**

**451174-A2:** M/W 6 - 6:45 pm

8 mtgs: 10/14 - 11/6

**PH: \$55, RNPH: \$60, NRNPH: \$65**

**451174-A3:** M/W 6 - 6:45 pm

9 mtgs: 11/18 - 12/18 (No class 11/27)

**PH: \$62, RNPH: \$67, NRNPH: \$72**

## AQUACIZE

AGES 16+

Emphasizes aerobics, stretching and toning exercises for the swimmer and non-swimmer. Aquacize is designed to condition the heart and lungs and to improve muscle tone while burning calories. Muscle conditioning, use of bottles and spa bells are included in the class.

**451171-1B:** M/W/F 10 - 10:45 am

11 mtgs: 9/9 - 10/4 (No class 9/16)

**PH: \$43, RNPH: \$48, NRNPH: \$53**

**451171-2B:** M/W/F 10 - 10:45 am

11 mtgs: 10/14 - 11/8 (No class 10/18)

**PH: \$43, RNPH: \$48, NRNPH: \$53**

**451171-3B:** M/W/F 10 - 10:45 am

13 mtgs: 11/18 - 12/20 (No class 11/27 & 11/29)

**PH: \$50, RNPH: \$55, NRNPH: \$60**

## First Aid & CPR Classes

### FIRST AID/CPR/AED

AGES 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date.

Class prices below include the \$35 certification fee charge for the American Red Cross online portion of the class. You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants **MUST** complete the online session of the training two (2) days prior to the classroom skills session.

457177-1: F 9/13

457177-2: F 10/11

457177-3: F 11/8

457177-4: F 12/13

6 - 9 pm

**PH: \$60, RNPH: \$68, NRNPH: \$75**





# Lifeguarding Safety Classes

## LIFEGUARDING PRE-TEST

AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

In order to qualify for the Lifeguarding class participants must complete all of the following:

- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds (starting in the water, swim 20 yards, surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, surface and swim 20 yards on back with both hands holding object, exit the water without using a ladder or steps).

Participants may drop in at any time during the scheduled times to complete the 10 to 20 minute test. *Swimsuits are required.*

**457180-A:** Sa 9/21, 11 am - 3 pm

**457180-B:** Sa 10/19, 10 am - 2 pm

**457180-C:** F 11/8, 12 - 4 pm

**457180-D:** F 11/15, 12 - 4 pm

**PH: \$5, RNPH: \$5, NRNPH: \$5**

## LIFEGUARDING

AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency.

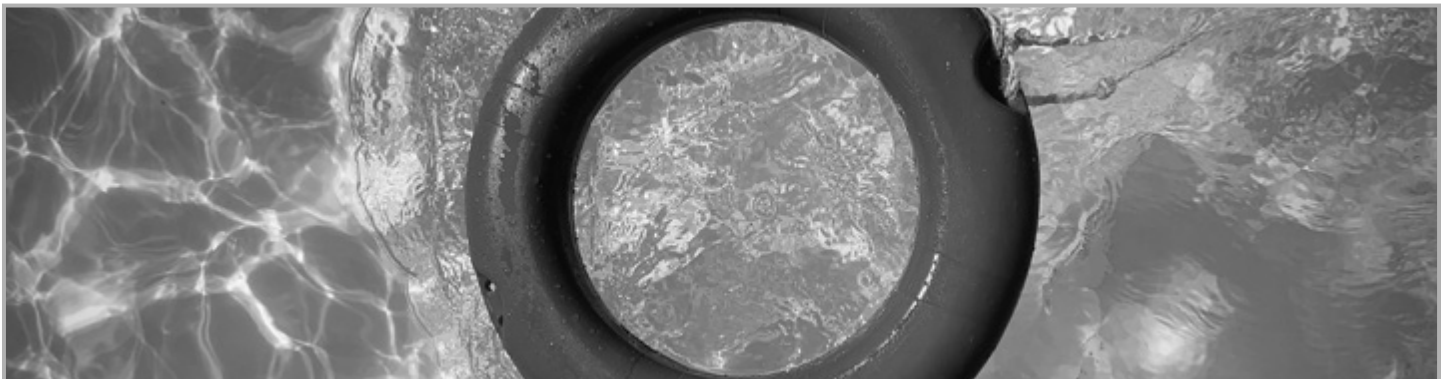
**IMPORTANT!** You must complete the online portion of this course prior to attending your in-person skills session and provide proof of completion to your instructor.

You can access the online portion using the link, provided by the GAFC at the time of registration, where you will be able to create an account. You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants **MUST** complete the online session of the training two (2) days prior to the classroom skills session. Participants must pass Lifeguarding Pre-Test prior to registering.

**457181-A:** Su 9 am - 4:30 pm

3 mtgs: 12/1, 12/8, 12/15

**PH: \$160, RNPH: \$176, NRNPH: \$200**



# Registration Procedures

Registration forms will be accepted beginning on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail in registrations WILL NOT BE ACCEPTED.**

## Resident Registration

begins at 10 am on August 26, 2024

## Non-Resident Registration

begins at 10 am on September 3, 2024

Payments are accepted in the form of check, money order, and credit card.

## ONLINE REGISTRATION

- Register online with [WebTrac](#).

Online registration is available beginning at 10 am on the registration dates (Greenbelt residents, August 26; non-residents, September 3.

- If you have registered for Greenbelt Recreation classes before but are new to [WebTrac](#), please contact Carrie Hannigan: [channigan@greenbeltmd.gov](mailto:channigan@greenbeltmd.gov) or Cathy Pracht: [cpracht@greenbeltmd.gov](mailto:cpracht@greenbeltmd.gov).
- If you are not a current Greenbelt Recreation customer, please call (301) 397-2208 or (301) 397-2200 to request an account. Please see information about residency below.

## EMAIL & FAX REGISTRATION

- Fax and email registration will be accepted after 10 am on the registration dates.
- Community Center, [channigan@greenbeltmd.gov](mailto:channigan@greenbeltmd.gov), fax: (301) 220-0561
- Youth Center, [cpracht@greenbeltmd.gov](mailto:cpracht@greenbeltmd.gov)

## MAIL-IN REGISTRATION

- Mail-in registration will be accepted beginning on the registration dates.
- Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

## CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 16 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

## CLASS CANCELLATIONS

Classes will not be held on the following dates:

**November 11 - Veteran's Day**

**November 28 & 29 - Thanksgiving**

Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible.

Preschool and children's classes scheduled before 5 pm will not meet on some P. G. County school holidays. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline at (301) 474-0646 for updated class information.

## CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to *reflect the number of meetings which have transpired.*

## COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

## FINANCIAL ASSISTANCE

Financial assistance is available to qualified Greenbelt residents. An application and supporting documentation are required. Prior to registration, please call (301) 397-2200 or email us at [csoter@greenbeltmd.gov](mailto:csoter@greenbeltmd.gov) for additional information.

## INCLUSION

Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their recreation experience. We help provide social, physical, educational, and cultural development for all individuals of all abilities.

Please contact Priya Gardner Lemieux by email a [pgardner@greenbeltmd.gov](mailto:pgardner@greenbeltmd.gov) or phone (240) 542-2056 to make arrangements.

## CLASS SCHEDULE

Classes will begin on or after the week of **September 9, 2024**. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

### LOCATION CODE

**BAP** - Buddy Attick Park

**BF** - Braden Field

**BFTC** - Braden Field Tennis Courts

**CC** - Greenbelt Community Center

**CC-DSLAWN** - Greenbelt Community Center  
Dance Garden

**CC-GFE** - Greenbelt Community Center  
Ground Floor East

**GAFC** - Greenbelt Aquatic & Fitness Center

**GES** - Greenbelt Elementary School

**GRHS** - Green Ridge House

**SHLES** - Springhill Lake Elementary School

**SHLRC** - Springhill Lake Recreation Center

**SHP** - Schrom Hills Park

**YC** - Greenbelt Youth Center

## WEATHER & INFORMATION HOTLINE

**(301) 474-0646**

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency.

# Greenbelt Recreation Activity Registration Form:



Adult Participant or Parent/Guardian \_\_\_\_\_ Preferred Name \_\_\_\_\_

Address \_\_\_\_\_  Please check here if this is a new address

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (day) \_\_\_\_\_ (eve) \_\_\_\_\_ E-Mail \_\_\_\_\_

*Receipts are sent via e-mail whenever possible.*

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Do you need any special accommodations for any of the individuals listed below? YES  NO

If yes, please explain below and complete a Special Assistance Request form provided by Greenbelt Recreation or located at [www.greenbeltmd.gov/recreation/special\\_assistance](http://www.greenbeltmd.gov/recreation/special_assistance).

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: <i>City of Greenbelt</i>				<b>TOTAL</b>	

Please charge my (please circle): VISA  MC  AM EX  DIS

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Credit Card Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ CVV#: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**INSURANCE:** I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents, illnesses or injuries to the above named participant(s) received during any phase of this program.

**RELEASE:** I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury, illness or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of illnesses or injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

**PHOTO/VIDEO RELEASE:** Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. In the case of minors, no personal information other than the participant's first name will be released. Online classes will be recorded for use by staff and registered participants.

**CODE OF CONDUCT:** I agree that I and/or the minors for whom I am responsible will abide by the Greenbelt Recreation Code of Conduct, online class policies, and all applicable facility rules.

**X** \_\_\_\_\_ **X** \_\_\_\_\_  
 Adult Participant or Guardian's Signature      Date      Additional Adult Participant's Signature      Date

**If more than one adult in the same household is signing up for an activity, both must sign the waiver.**

## GREENBELT CITY COUNCIL

Emmett V. Jordan, **Mayor**  
Kristen K.L. Weaver, **Mayor Pro-Tem**  
Amy Knesel  
Danielle McKinney  
Jenni Pompei  
Silke I. Pope  
Rodney M. Roberts

## CITY MANAGER

Josué Salmerón

## GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact: Bonita Anderson, *City Clerk*  
(301) 474-3870

Boards affiliated with Greenbelt Recreation include:  
Arts Advisory Board  
Senior Citizens Advisory Committee  
Park and Recreation Advisory Board  
Youth Advisory Committee



### Administrative Offices

99 Centerway, (301) 397-2200

Greg Varda, *CPRP, Recreation Director*  
Anne Oudemans, *CPRP, Assistant Director of Programs*  
Andrew Phelan, *CPRP, Assistant Director of Facilities and Operations*  
Cathy Pracht, *Administrative Coordinator*  
Caroline Soter, *Administrative Assistant II*  
Patrick Mullen, *Recreation Coordinator*

### Youth Center

99 Centerway, (301) 397-2200

LaToya Fisher, *Recreation Program Supervisor*  
AJ Sesay, *Recreation Coordinator*

### Greenbelt Aquatic & Fitness Center

101 Centerway, (301) 397-2204

Stephen Parks, *AFO, Aquatics Supervisor*  
Cynthia Brown, *AFO, Aquatics Coordinator*  
Trevin Green, *Aquatics Coordinator*  
Kathy Mitchell, *Administrative Assistant*

### Schrom Hills Park

6915 Hanover Parkway, (301) 397-2200

### Greenbelt Community Center

15 Crescent Road, (301) 397-2208

Adam Daelemans, *Community Center Coordinator*  
Ruth Campbell, *Administrative Assistant II*  
Carrie Hannigan, *Administrative Assistant II*

### Arts Programs

15 Crescent Road, (240) 542-2057

Nicole DeWald, *Arts Supervisor*  
Chris Cherry, *Performing Arts Program Coordinator II*  
Amanda Demos Larsen, *Visual Arts Coordinator*

### Therapeutic Recreation

#### Senior & Inclusion Programs

15 Crescent Road, (240) 542-2056

Priya Gardner Lemieux,  
*Therapeutic Recreation Coordinator*

### Springhill Lake Recreation Center

6101 Cherrywood Lane, (301) 397-2212

Brian Butler, *Recreation Coordinator II*  
Frank Jones, III, *Recreation Coordinator II*