

Senior Citizen Advisory Committee (SCAC) Minutes **Wednesday, April 22, 2015**

Present: Phyllis Budin, Brenda Cooley (chair), Bunny Fitzgerald, Karen Haseley (City Liaison), Edward Hickey, Paula Scott Luddy, Oyinkansola Odebo, Silke Pope (Council Liaison), Betty Timer (chair elect), David West

Not in Attendance: Henry Haslinger (Secretary), Frank Pearlman, Paula Williams

The meeting was called to order at 7:05 pm by Chair, Brenda Cooley. The agenda was approved (moved by: Betty Timer, seconded by David West). The minutes of the March 25, 2015 meeting were approved as amended (moved by: David West, seconded by Paula Luddy).

OLD BUSINESS: *Not For Seniors Only* planning: Fliers will be distributed the week on May 18. Greenbelt East- Bunny, Oyinkansola, and *Paula Williams*, Springhill Lake/ Franklin Park- *Henry*, Rec Department- Karen, Roosevelt Center and GHI- David, Marie's- Bunny, Green Ridge House- Paula Luddy, Library- Brenda, Safeway and Giant- Oyinkansola. News Review article- *Henry*. Cable Contact and invitation to Council- Karen. Person for sign up table at the event-Phyllis.

Widowed Persons: no report

FORA/GAIL: Friday, May 1,—Senior Legal Clinic for Advanced Directives/ Health Care Powers of Attorney and Living Wills-For seniors 60+,CLOSED. **Tuesday, May 5,**— Free Peripheral Artery Screening and Carotid Artery Screening at the Greenbelt Community Center—15 Crescent Road, Greenbelt, MD 20770 9:30 am –2:30 pm. Registration opened April 14—Screenings provided by AVR Vascular Resources. **Monday, May 11, 2015**—Put Pain in Its Place Workshop—How to Get Osteoarthritis Pain Under Control—Green Ridge House—22 Ridge Road, Greenbelt, MD 20770 from 1-2:30 pm Registration begins April 27. **Thursday, May 20,** Your Aging in Place Plan— This is a step by step workshop that takes attendees through the areas of consideration that need to be discussed and thought through to age successfully in their homes. The workshop will be from 1-3pm. Seating is limited to 25 attendees. Greenbelt Municipal Building – 25 Crescent Road, Greenbelt, MD 20770 – 2nd floor council room. Registration begins Monday, May 4, 2015. Please call 301-345-6660 to register for all workshops.

Walk with Ease: Four sessions are being planned. Date not yet verified at Green Ridge House in the spring, **June 22 – July 30** on Monday, Tuesday, and Thursday at 11:30am at Buddy Attick Park, **June 22 – July 31** on Monday, Wednesday, and Friday at 7:00pm at Schrom Hills Park, and **August 18 - September 25** on Tuesday, Wednesday, and Friday 3:00pm at the Community Center. These are advertised in the Recreation Summer Guide.

NEW BUSINESS:

Announcements: *Explorations Unlimited* **April 24-** Greenbelt movie theater by Caitlin McGrath, **May 1-** Astronomy by Michael Blumenstock, **May 8-** Fall Prevention by Dr. Baker, **May 15-** Nutrition and Wellness by Rose Johnson.

Contra Dancing **May 2** at the Youth Center with Perry Shafran.

The **City Council** referred two announcements to this committee: the need for drivers for the College Park Meals on Wheels and information from the Washington Ear. The Committee suggested we invite these organizations to make announcements at our Open Forum in the fall.

Next Meeting – May 27, 2015 at 7:00 pm.

A motion to adjourn was moved by Paula Luddy and seconded by Bunny Fitzgerald.

Respectfully Submitted,

Betty Timer

Chair Elect